



AKAMAI UNIVERSITY

Institute for CAM Studies

University For Becoming More Fully Human
Based on Virginia Satir Growth Model and Energy Therapy

www.akamaiuniversity.us / Institute for CAM Studies / caminstitute.com

A Certificate Program in Integrative Health: Spiritual Growth - Multi-Dimensional Healing - Consciousness Studies

Offered through Institute for CAM Studies and Energy Medicine Partnerships
Affiliated with Akamai University Division of Continuing Education



Description: The Certificate Program in Integrative Health offered through Akamai University Division of Continuing Education and the Institute for CAM Studies is designed for those interested in



Spiritual Development

professional training to promote spiritual growth and healing. The program is designed to build a solid foundation supporting, awakening, and deepening an individual's spiritual life path. To achieve this mission, a non-denominational spiritual awakening, attunement, and healing experience is jointly planned and executed through a mentorship relationship with one of the faculty. This program is individualized to support the students' goals, beliefs, traditions, and guidance. This program works with the student's gifts, faith traditions, consciousness beliefs adding to the students' spiritual development, growth and healing. Experience a variety of spiritual exercises and teachings that support spiritual development through fully activating the soul's divine path through intuitive guidance. It can include traveling to sacred sites and studying / experiencing indigenous cultures.



Goal: The Certificate Program is offered to support individual's personal advancement through spiritual awakening, attunements, and healing. The program was first launched in 2015 in Banff, Canada. Then it expanded to excursions to Peru, and South Africa. Previous spiritual educational journeys included Australia and New Zealand.

Continuing Education Units:

This integrative Health Studies program consists of 7 continuing education units or a minimum of 70 - 100 contact hours of study, reflection, training and mentorship that leads to a Certificate in Integrative Health Studies: Spiritual Development – Multi Dimensional Healing – Consciousness Studies as a Integrative Health Supporter, Integrative Health Practitioner or Integrative Health Educator.

Curriculum:

- Part I – Overview & Basic Preparation 20 hours
 - Introductory seminars = 3 contact hours
 - Initial Spiritual Awakening, Attunement & Healing = 16 contact hours
 - Ethical considerations = 1 contact hours
- Part II – Exploring the Path in Spiritual Development 40 contact hours
 - Spiritual Development Experiences, & Interventions = 20 contact hours
 - Exploration applying learnings 10 hours
 - Mentorship = 10 contact hours
- Part III – Certificate in Integrative Health 10 contact hours
 - Documentation of your spiritual development path as verified by a professional project or paper outlining the journey. 10 contact hours



Certificate Program in Integrative Health: Spiritual Development – Multi-Dimensional Healing & Consciousness Studies

Part 1 Goal: Spiritual Awakening, Attunement & Healing

This includes an introduction to Dr. Mary Jo Bulbrook's *Soul Healing* - an exciting in-depth opportunity to explore blocks to your personal journey in life as well as opening the door to increase your healing abilities and Soul Light. This theory and practice builds on your own spiritual framework to produce changes in your energy system.



**Spiritual
Development**

During this course the student can experience interventions from a variety of approaches such as: Transform Your Life through Energy Medicine, Healing Touch, Reiki, Subtle Communication Systems, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Yogi, Tai Chi or Qi Gong, Sound Healing. Includes energetic self-care to examine soul contracts and removing imbedded spirit attachments. Explore the ethical dimensions in providing energy-based care. Define your spiritual growth and healing needs. Includes multi-dimensional knowing, synchronicity and other advanced concepts in consciousness studies including life before life, life after death and soul buddies.

Part 2 Personal Development Journey in Integrative Health Supporter, Practitioner or Educator

This is usually taken 6 months to a year later and provides the documentation of the journey to complete your work based on the student's entry point as a supporter, practitioner or educator as documented by interview, credentials review and documentation of learning the certificate is credentialing. Training can be done online as well as in person with peers. The person will be awarded a Certificate in Integrative Health: Focus Spiritual Development – Multi-Dimensional Healing and Consciousness Studies as Integrative Health Supporter (IHS), Integrative Health Practitioner (IHP), Integrative Health Educator (IHE).

Part 3 Reflection and Your Story

Submit credentials of experience and learning by submitting certificates, resume and interview to CAM Studies Institute certification board for the awarding of Certificate in Spiritual Development - CAM Specialist as HIS, IHP, IHE.

Registration on line - or contact Dr. Mary Jo Bulbrook +1.919.923.2409
mj.bulbrook.au@gmail.com / [bulbrookmj](#) through Skype / zoom: 7784295219

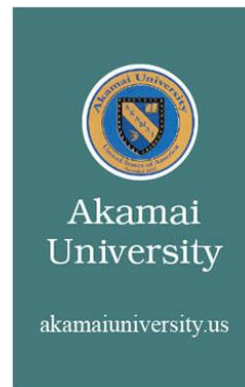
[Registration Payment Form Click Here](#)



Instructor: Dr. Mary Jo Bulbrook, CEMP/S/I, President of Energy Medicine Partnerships & Dean of the Institute for CAM Studies, Akamai University

Program Director of Complementary & Alternative Medicine
Dean of the Division of Continuing Education at Akamai University

50 + Years in the Practice, and Teaching in Energy Medicine working with indigenous healers in four countries: Australia, New Zealand, South Africa, and Peru.



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| <p>Dr. Mary Jo Bulbrook, Dean Institute for CAM Studies, Headquarters:</p> <p>3211 Gibson Road, Durham, NC 27703, USA 1 (919) 381.4198 / (919) 923.2409 cell</p> <p>mj.bulbrook.au@gmail.com Institute for CAM Studies</p> | <p>Douglass Capogrossi, Ph.D., President, Akamai University, Home Base</p> <p>110 Haili Street, Hilo, Hawaii 96720 USA Tel: 1.808.934-8793 Fax: 1.809.443-0445</p> <p>dcapogrossi@gmail.com http://www.akamaiuniversity.us</p> |
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Certificate Program in Spiritual Development

Integrative Health Training:

Integrative Health Supporter (IHS), Practitioner, (IHP), Educator (IHE)

Program Content:

- ✓ Capturing Your Story - Spiritual Development
- ✓ Explore culturally based values and experiences that shape consciousness
- ✓ Explore intuitive development
- ✓ Practice Interventions to promote Spiritual Development and bring Balance & Healing using a Variety of Integrative (Whole Person) Treatment Modalities
- ✓ Evaluate Effectiveness of Growth & Change
- ✓ Explore Unconditional Love, Forgiveness, Healing
- ✓ Create Your Integrative Health Self Care Program to Maintain Health & Model Well-Being

Program Objectives:

Students Integrative Health Certificate Program in Spiritual Development – Multi-Dimensional Healing and Consciousness Studies as IHS, IHP, IHE will be able to:

1. Define your personal need and goals for spiritual development and healing.
2. Assess your current body, mind-emotional and spiritual health.
3. Practice energetic interventions to clear your spiritual path and define your life goal.
4. Develop and evolve your spiritual practices to enhance your life purpose.
5. Create a self-care plan for spiritual development, attunements, and healing.
6. Explore resources to support your spiritual path.
7. Share with colleagues who desire spiritual growth and recognition of accomplished refinement of ones' spiritual journey.

Eligible Participants for the Training: The training is open to anyone desiring to receive a Certificate in Integrative Health: Focus in Spiritual Development as an IHS, IHP, IHE.

Program Fees:

Total program Cost: \$1200 includes university continuing education with international accreditation, learning modules, spiritual development, mentorship and certificate. Total of minimum of 70 contact hours to receive the certificate. Additional fees may be charged for additional mentorship and healing as needed beyond the basic program.

All fees are payable to the Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Payment options are available. Part I training also available as stand-alone costs without registration for the whole program A repeater fee for courses and modules is one/half the cost of each segment.

Guiding Principles:

- ✓ Let Go and Let God (Spirit, Supreme Being)
- ✓ Find Your Path through Spiritual Guidance
- ✓ Become Free from the Ties That Bind
- ✓ Call back your spirit
- ✓ Follow your life purpose
- ✓ Find peace within and without
- ✓ Let joy and love guide your choices



Spiritual Development

Process:

This certificate is a spiritual process of self-reflection, connecting with spiritual guidance, developing your intuition & your life purpose, self-care and on-going spiritual growth that fits your personal beliefs.

Phase I – Telling Your Story

- My story of my path to spiritual development is...
- My feelings about this are...
- I think that spiritually I am ...
- My heart is...
- What I want to say about my interest in spiritually guided work is...
- My visions for myself at the time are...
- Spiritually I am...

Phase II - Background to Your Path

- Describe what has been your experience over time...
- Include what your feeling and thoughts are...
- How have your relationships been affected with this change in you ...?
- What have others said about you and how has that affected you with this new interest...
- Describe your ideas about a spiritual practice for you

Phase II – Defining Your Goals

Empowerment to Clear & Heal Body, Mind-Emotion, & Spirit

- Central Power Current clearing & alignment
- Energy Field Drain & Replenishment
- Energy Centers Clearing & Balancing
- Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family, and friends in this dimension
- Streams of Gratitude
- Development of Intuitive Abilities
- Synchronicity

For More Information, Contact Program Developer:



Dr. Mary Jo Bulbrook, CEMP/S/I

In Person Training available on-line and in person post pandemic crisis:
The Gathering Place for Triangle Holistic Center 3211 Gibson Road, Durham, NC
27703 Phone / 1.919.923.2409 cell / mj.bulbrook.au@gmail.com /

www.energymedicinepartnerships.com/ / [Institute for CAM Studies](#)

Affirmations:

- I call on a Higher Power to fill me with Divine Light & Love.
- I choose to be present in life with my family, friends, work, recreation, animals, & nature.
- I am a Divine Child & a Being of Light for the world.



Affiliated Partners:



www.globalhealingalliance.com

Spiritual Development, Multi-Dimensional Healing & Consciousness Studies
Certificate Program in Integrative Health 2020 - 2023