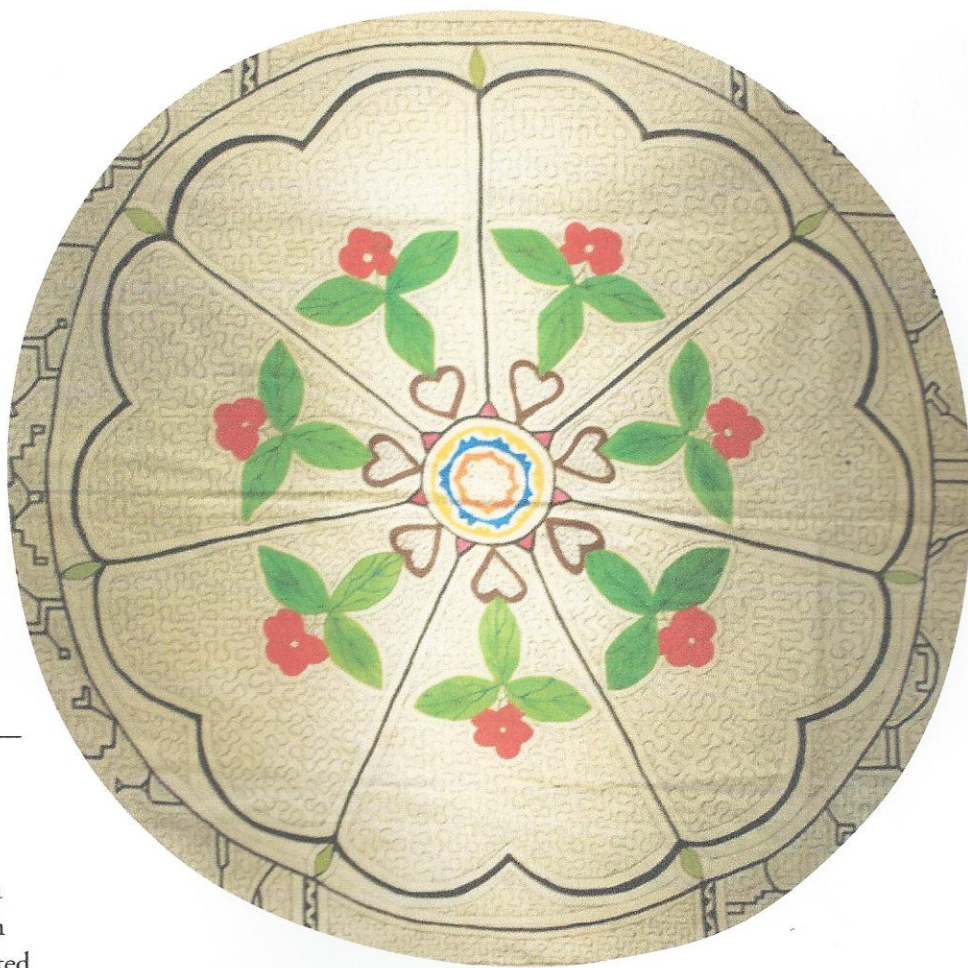


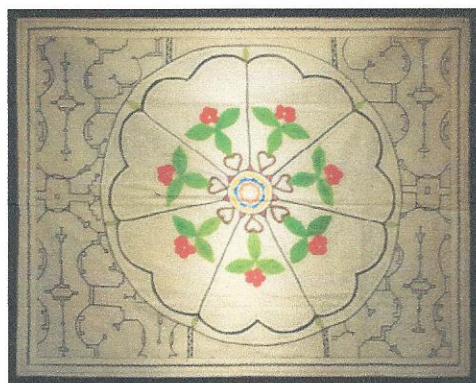
Seven Hearts Healing

A meditation to uplift, empower and heal.

Visualize or place your hand on this painting by Peruvian Shaman Amelia Panduro Rengifo of the Shipibo Culture. Go within. Become grounded and centered. Connect with the energy of the ayahuasca plant as illustrated. Call on its' energy to renew your spirit through the 7 energy centers (chakras) starting with the heart center. You can place your hand(s) on the chakras with the head slightly bowed in reverence. Move to the third chakra, to the second, to the first, to the fifth, to the sixth, to the seventh. If you are a healer use the word "your". If you are doing this on yourself, use "My".



Healing inspired by Divine Guidance stimulated through an experience with Peruvian Shaman, Amelia Panduro Rengifo of the Shipibo Culture. Amelia has worked for more than 30 years with medicinal plants and the rituals associated with them. The art work represents the ayahuasca plant, a cross section of the vine as illustrated Amelia. This experience combines the Rao Nete – the world of medicines as conveyed in the Peruvian Shipibo tradition blended with teachings offered through Energy Medicine Partnerships. Mary Jo Bulbrook, February, 2011 at Pucalipa, Peru.



Allow the energy to enter you and uplift, empower and heal your energy system.

1. Your spirit is renewed with LOVE.
2. Your spirit is renewed with PURE THOUGHTS.
3. Your spirit is renewed with SUPPORTIVE EMOTIONS.
4. Your spirit is renewed with EARTH ENERGIES.
5. Your spirit is renewed with EMPOWERED SPEECH
6. Your spirit is renewed with CLEAR VISIONS & LIGHT.
7. Your spirit is renewed with DIVINE GUIDANCE.

Expand to others

LOVE, PURE THOUGHTS, SUPPORTIVE EMOTIONS,
EARTH ENERGIES, EMPOWERED SPEAKING,
CLEAR VISION & LIGHT AND DIVINE GUIDANCE.