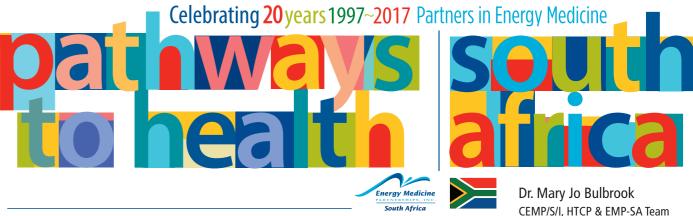
Date/Times	Venue	Activity/Teaching	
22/09/2017 Friday 9:00 am to 1:00 pm	Midlands	Health & Healing in the Future – Teaching / Practice / Research Goals: Explore spiritually guided multi-dimensional, multi-national, multi-cultural approach to harmonizing health within and without as exemplified by Virginia Satir, leading expert in family / person centered approach to health and healing.	
22/09/2017 Saturday 3:00 pm to 9:00 pm	Midlands	<ul> <li>Celebration of 20 Years Healing Touch &amp; Energy Medicine in SA</li> <li>Innovations in the Practice of Healing Touch and Energy Medicine</li> <li>Healing Sessions – Evening Celebration</li> <li>Contributions beyond ordinary – tapping into extended realities.</li> </ul>	
23/09/2017 Saturday 3:00 pm to 9:00 pm	Midlands	Energy Therapy Training — Choose Health Enhance health, regain health and prevent illness. Using the four pillars of change offered in the Harmonizing Health Model: Love, Justice, Service, Joy. The course offers: Connecting through the heart, doing what is right, giving to others and having fun.	
24/09/2017 Sunday 9:00 am to 5:00 pm 7:00 pm to 9:00 pm	Midlands	Energy Therapy Training Goal: Support, Care and HELP for recovery from Near Death and Other Spiritual Transformative Experiences, for family, friends and health care professionals. Video: <b>"Back to the Light"</b> a documentary film. Co-Producers Yvonne Sneeden & Robert Mitchell <b>N.E.A.RH.E.L.P.</b> Near-Death Experience After-Effects Recovery Holistic Empowerment Learning Plan	
25 -26 /09/2017 Monday and Tuesday	Ecabazini	Traditional Zulu Village Experience — Immersion in the Zulu cultural heritage. Experience firsthand the power and magnetism of the land, teachings, ceremony and ritual.	
27/09/2017 Wednesday	Durban	Visit Surrounding Areas. Ending the Sacred Journey in South Africa – saying "good bye" for now with the intention to return in spirit and in person soon!	

# Sacred Journey in South Africa



**Spiritual Healing and Education** 3 Certificate Opportunities for Advanced Training & Healing With or Without University Credit Option

## September 14-26, 2017



Dr. Mary Jo Bulbrook, RN, EMP/S/I, HTCP Instructor Founder and Director of Transform Your Life through Energy Medicine and Dean of the Institute for CAM Studies at Akamai University, Hawaii.

Her work is based on the enlightened spiritual teachings of traditional healers from Australia, South Africa, New Zealand, Peru, Native Americans, Tibetian teachings, Christianity and by the teachings of Virginia Satir, renowned family therapist.

Dr. Bulbrook is a medical and spiritual intuitive whose career spans over 50 years helping individuals and families grow, heal and change. Her work encompasses different cultures, life experiences and health challenges including near death and spiritual transformative after effects and end of life issues. energymedicinepartnerships.com

#### Harmonizing Health — Certificate Opportunities for Advanced Training & Healing



Becoming More Fully Human Symposium

Experience Healing Touch in practice with Transform Your Life through Energy Medicine and other Energy Therapies applied to different populations using the Harmonizing Health Model of Care and Caring to achieve Peace Within and Without.

Multi-Dimensional Practice and Healing

Register with Kate Rowe email: kate@explorare.co.za or call +27 08237 48684

The various certificate programs are derived from the Harmonizing Health Model that is applied to the Certificate training opportunities "Spiritual ME, Specialist, and Energy Therapies.

These different tracks can be taken separately, as a certificate training modules or in combination. Different content with all new interventions is taught at various skill levels. The Harmonizing Health Model address ones personal interest, background and expertise.



### Certificate Programs — Harmonizing Health Overview

Dr. Bulbrook's unique style of multi-dimensional teaching promotes integrated healing within and without using a family support perspective.



#### Supporting Instructors — USA



Bob Brame has been facilitating Holotropic Breathwork sessions since 1993 and is certified by the founding group GTT – Grof Transpersonal Training.

Holotropic Breathwork is a natural, safe technique to expand awareness and access extraordinary states of consciousness.

Bob has taught meditation, yoga, stress

management and massage therapy. He is a licensed massage therapist, an approved provider for continuing education for massage therapists, and a certified consultant/instructor of Touch for Health.

His love of nature is displayed at his retreat in Mebane, North Carolina where he lives and hosts workshops in Holotropic Breathwork – the search for wholeness. www.holoquest.org



Robin Curtis, RN has taught and practiced holistic principles with "Wellness in Health Care" and combines Healing Touch in her nursing and incorporates a range of transformative and curative healings in her practice.

She has traveled with Mary Jo to Australia, New Zealand and Peru. Robin is a cancer

survivor and was diagnosed with a brain tumor in 2003 that went undiagnosed for 25 years. In addition, she had total left hemisphere displacement and kinking of intercranial pressure.

The medical health care system did not anticipate her recovery. She has had 3 Near Death Experiences on the operating table. Robin continues her path as an advanced healer helping others heal. Witness her remarkable return to health.

#### Supporting Instructors — South Africa



Brenda McFie, PhD, CEMP/S/I is a master teacher and practitioner in a variety of energy based therapies. She is Certified Energy Medicine Practitioner, Specialist and Instructor with Energy Medicine Partnerships. Brenda is a Reiki Master / Teacher in Animal & Angelic Reiki, Bio-Energy Rebalancing Instructor, Touch For Health Instructor, Professional

Specialized Kinesiologist, Applied BioKinetics Instructor, Aura Soma Advanced and Diploma in Massage and Laser Therapy. Her academic training includes a Diploma in Education, Higher Dip in Remedial Ed, Diploma in Pastoral Counseling (IMM) Rev. teaching village called Ecabazini outside Kwa Zulu Natal that served to host the Healing Touch and Energy Medicine training and headquarters. CJ has traveled to both US and Canada representing his people and teachings.

Sacred Journey in South Africa			
Date/Times	Venue		
14 – 16 /09/2017 Thursday 10:00 am to 5:00 pm Friday 9:00 am to 12:00 noon	CJ's Farm		
16 /09/2017 Saturday 3:00 pm to 9:00 pm	Ezakheni		
18 – 19 /09/2017 Monday 9:00 am to 5:00 pm Level 1 Evel 1 Level 2 Level 2	Dragon Peaks		
20 – 21 /09/2017 Wednesday 10:00 am – 6:00 pm Thursday 10:00 am – 6:00 pm	Midlands		



Makhosi CJ Hood is a Sangoma, a shaman in the Zulu tradition. He is a Healer and Energy Medicine Practitioner / Instructor and has been part

of the Energy Medicine Partnerships South Africa team circa 1999 when Mary Jo first started teaching Healing Touch in South Africa. He built a traditional Zulu cultural



**Activity/Teaching** 

SPIRITUAL Instructor: Mary Jo Bulbrook

Connect with the people, land, plant, animals and culture to enhance health and well-being. Learn and experience multisensory experiences that transcend time and space.

Connecting with Sangomas — South African Shamans

The knowledge and wisdom of the indigenous healers of South Africa join with the EMP-SA team to explore new territory blending the cultures, expertise and knowledge each has to offer in collaboration and consultation to assist with harmonizing health.

Energy Medicine Specialist Training

Energy Medicine with Animals Lynn Tungay: Horses

Join this exciting exchange of energy between humans and animals as we focus on the energy system of the animal and how to assess, intervene and evaluate outcomes for their health and well-being. Also will be included is the unique way that animals share our spiritual destiny together of interconnectedness. They have something to teach us as we care for and about them, they then care for and about us. This unique way of being in the world is part of the Harmonizing Health Model of care underlying this work.

Client Sessions with Mary Jo Bulbrook, Bob Brame, and Robin Curtis

Individual and group healings, and mentoring sessions