

# RETURN TO WHOLENESS AFTER DISASTER, ABUSE & TRAUMA

Energetic Healing Worldwide

*For Humans, Animals,  
Plants & Nature*



Affiliate Organization  
of Akamai University  
[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

Dr. M.J. Bulbrook  
RN, EdD, CEMP/S/I, HTP/I, HTCP





# QUESTION

## How can we help?

### Training Facilitators & Coordinators

- *Mary Jo Bulbrook*
- *Amy Frost*
- *Carolyn Nesbitt*



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE



# PURPOSE

## Healing from Trauma, Abuse & Disaster



Heart Centered Learning  
*Bridging Spirituality and Health®*



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE



# BACKGROUND TO THIS EFFORT

Program coordinator founding brief history  
Experience with Abuse, Trauma and Disaster Relief  
History and Update of ONE VOICE approach Healing  
from Trauma, Abuse & Disasters  
Recruit your help in this effort



**Energy Medicine**  
PARTNERSHIPS, INC.  
WORLDWIDE ENERGY MEDICINE TRAINING

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# ONE VOICE World Service Model

## One Voice For World Service

Through Energy Psychology (EP) and Energy Medicine (EM)  
Relief for Disaster-Trauma-Abuse





# Brief Background to ONE VOICE

- MJB served as ACEP Humanitarian Committee Chairperson 2006 – 2010
- Designed an Action Plan for ACEP 2009
- Plan approved by ACEP Board
- Continued ONE VOICE through AU Affiliate Energy Medicine Partnerships starting 2009
- Accepted Akamai University Presidency 2021 to become Home Base for ONE VOICE



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Expanded the Vision to:

**ONE VOICE**



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**ONE VOICE**

**HEALING  
Through**

***LIGHT & LOVE***





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What is it?

**ONE VOICE**





- Mission
- Initial Goal
- Initial Objectives
- Action Plan Model
- Relief Team Eligibility
- Waiver of Liability
- Recruitment
- Team Activation
- Team Participation
- Finances
- Research Plan
- Follow-Up



# ONE VOICE

- Unified Effort
  - Multiple Organizations
  - Multiple Training Models
- Energetic Approach
  - Energy Medicine
  - Energy Psychology
  - Energy Kinesiology
- Qualified Worldwide Training



# Healing Needs

- Recipients
- Family Members
- First Line Rescue Workers
- Second Line Rescue Workers
- Third Line Rescue Workers
- Media Coverage Personnel
- Medical & Support Personnel
- Energy Healer, Facilitator, Practitioner
- University Credentialing Opportunities





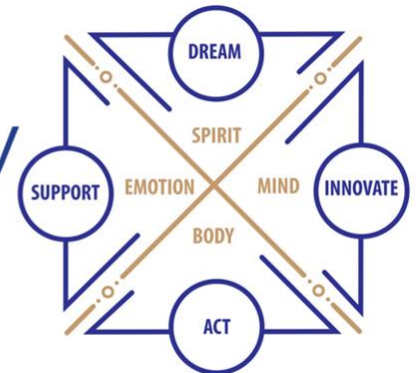
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# ONE VOICE

Connecting Worldwide!



The DSIA  
Community  
Akamai  
University





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Participating in

**ONE VOICE**



# Heart Centered Initiative

## Restore Hope • Promote Healing

**WORLDWIDE**



**Community Connector**  
Amy Frost  
**Angel Healing Circle**  
**Flowerful Living**

**CanBeWell**  
Michelle Greenwell

**Natural Bioenergetics Global**  
Tribaud 'Ouitresmont  
Linda Eastwood

**Touch for Health Kinesiology Association (TFHKA)**  
John Thie / Matthew Thie  
Kelly Richardson

**Healing Touch Program (HTP) / HTI**  
Janet Mentgen / Rauni King

**International Society for the Study of Subtle Energy and Energy Medicine (ISSSEEM)**  
Christine Hibbard

### Energy Medicine Partnerships (EMP)

Mary Jo Bulbrook with Rose Pere New Zealand, Bob Randall, Australia Credo Mutwa South Africa, Songoma, Amerila Pandora Peru Currandino

### Virginia Satir Training

Mary Jo Bulbrook  
Carolyn Nesbitt  
Pat Jameson  
John Banmen  
Walter Zand  
Stephen Buckbee  
Michael Hardin

### Turn Up the Frequency

Natasha Polomnski

### Healing Light Center Church

Rosalyn L. Bruyere

### Trauma Relief & Emotional Support Techniques (TREST)

Jennifer Ludders

### The Grace Process

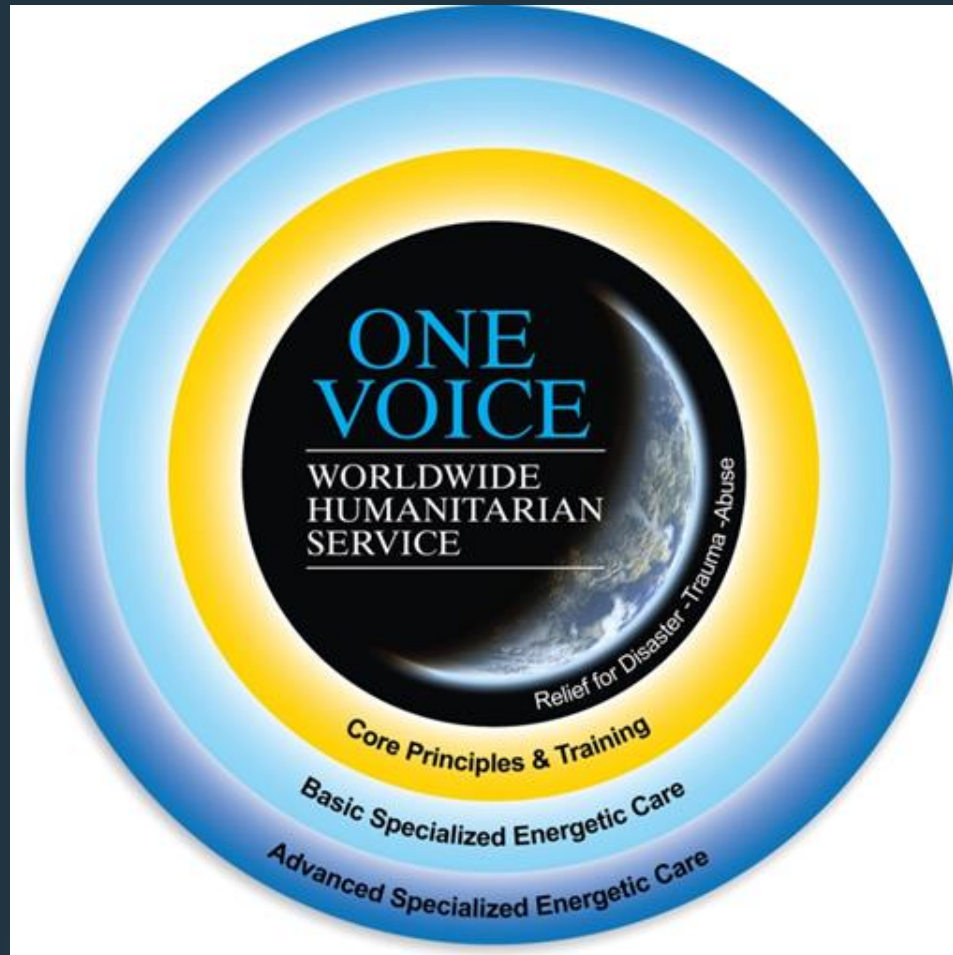
Lori Leyden

### Dzogchen Center

Lama Suri Das  
Lama Surya Das

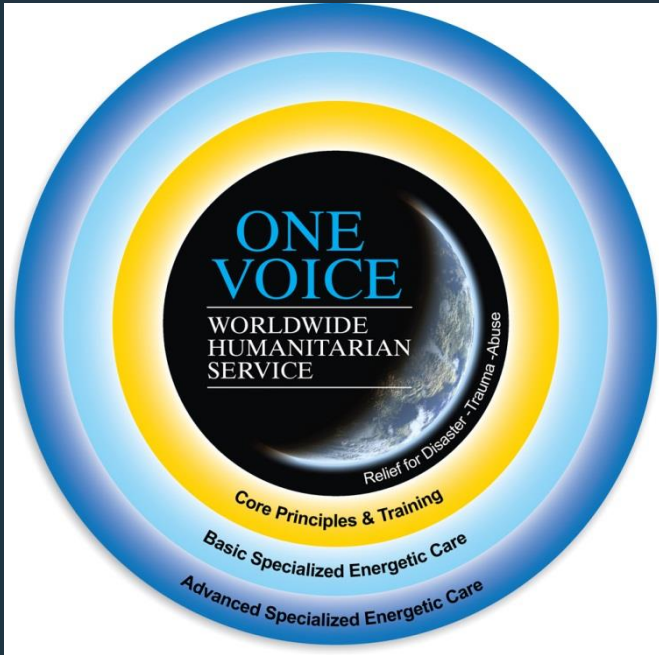
### Association of Comprehensive Energy Psychology (ACEP)

. Greg Nicosia





# Association of Comprehensive Energy Psychology (ACEP) Training & Leaders



Thought Field Therapy (TFT) . . . . .	Roger Callahan
Holographic Memory Reduction (HMR) . . . . .	Brent Baum
Whole Health – Easily and Effectively (WHEE) . . . . .	Daniel Benor
Emotional Freedom Technique (EFT) . . . . .	Gary Craig
The Identity Method; Advanced Energy Psychology (IM) . . . . .	Fred Gallo
Integrated Health . . . . .	David Grunder
Tapas Acupuncture Technique (TAT) . . . . .	Tapas Fleming
Guided Self Healing (GSH) . . . . .	Andrew H. Hahn
Advanced Integrative Therapy (AIT) . . . . .	Asha Clinton
Energy Medicine . . . . .	Donna Eden
Psycho Energetic Healing (PHE) . . . . .	Martin Luthke
Rapid Eye Movement Acupuncture Point (REMAP) . . . . .	Steve Reed
Body Mind Healing (BMH) . . . . .	Michael Mayer
Dynamic Energetic Healing (DEH) . . . . .	Mary Hammond
Dance to Release Trauma . . . . .	Tylan Newcomb



# Basic Interventions

- **Touch For Health**

- Goal Balancing
- Emotional Stress Relief
- Meridian Wheel
- Yin / Yang Balance
- Visual Inhibition
- Auricular
- Movement
- Emotions
- Pain Relief

- **Healing Touch**

- Magnetic Passes
- Laser
- Ultra Sound
- Mind Clearing
- Etheric Unruffling
- Modulation of Energy
- Chakra Connection



# Basic Interventions

- **TYLEM (Transform Your Life through Energy Medicine)**
  - Hara Repair
  - Emotional Tune-up
  - Meditations
  - Energy Field Drain & Replenish
  - Inner Core Balance
  - Story Telling
  - Angel Net Process
  - Spiritual Communication
- **Energy Psychology**
  - EFT - Emotional Freedom Technique
  - TFT - Thought Field Therapy
  - WHEE - Wholistic Healing Effectively & Easily
  - HAT - Heart Assisted Therapy
  - TAT - Tapas Acupuncture Therapy
  - EMDR
  - Donna Eden Energy Medicine Training



# Humanitarian Service

- Relief Teams
  - Disaster Relief Teams (DRT)
  - Trauma Relief Teams (TRT)
  - Abuse Relief Teams (ART)
- Training Team Leaders
- Long Term Rebuilding
- Networking
- Focused Meditation Groups
- Care Teams



# Energetic Consequences

- Physical Changes
- Emotional Assault
- Mental Confusion & Overwhelm
- Spiritual Questioning or Deepening



# SCHOLARLY CONTRIBUTIONS

- Transcultural Approaches
- Research (Theoretical, Action & Clinical)
- Evaluation of Service Research
- Telling the Stories
- Recording the Stories
- Sharing Findings



# Financial Support

- Direct Contributions
- Endowment Grants
- Fund Raising
- Support for Relief Efforts
- Academy for Training Relief Teams
- Funds to Rebuild Lives & Communities



# ONE VOICE World Service Model

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Relief for Disaster–Trauma–Abuse





# TRAINING OBJECTIVES

1. Training Overview
2. Demonstrate the story-telling process based on the seven energy centers.
3. Describe story-tell trauma release.
4. Choose trauma to personally heal
5. Pre Energetic Assessment
6. Experiential Story-telling Process
7. Additional Energetic Intervention
8. Post energetic assessments.
9. Update on ONE VOICE Project



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**For further input to participate with contact:**

**Dr. Mary Jo Bulbrook, ONE VOICE Coordinator**

**[www.energymedicinepartnerships](http://www.energymedicinepartnerships)**

**1.919.923.2409**

**ONE VOICE**



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What is it?

# STORE TELLING PROCESS



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Field

Chakra

Hara Line

Meridians

# DEMONSTRATE ADVANCED ENERGY ASSESSMENT



# ENERGY PRE ASSESSMENT

- Energy Centers
- Energy Field
- Energy Tracts
- Central Power Current



# STORY TELLING PROCESS

THIS IS MY TRAUMA – TAKE TIME TO REFLECT ON TOPIC

1. What happened to me was...
2. I felt then...
3. My mind was...
4. My heart was...
5. What I say about what happened is...
6. At that time I saw ...
7. Spiritually I was...



# ENERGY POST ASSESSMENT

- Energy Centers
- Energy Field
- Energy Tracts
- Central Power Current



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Share your experience

**FEEDBACK**



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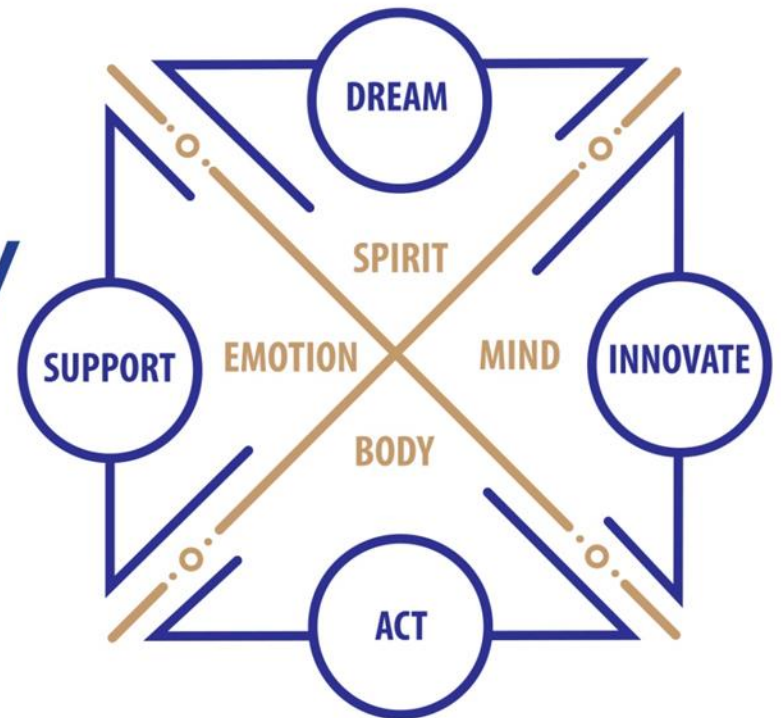


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# The DSIA Community Akamai University



# DSIA AU Spiritual Gathering

## 3<sup>rd</sup> Tuesday Monthly



Heart Centered Learning

*Bridging Spirituality and Health®*

Join Open Dialogue Faculty, Alumni, Students, Consultants, Affiliates, Guests  
To inspire innovations guided through

**DREAM - SUPPORT - INNOVATE - ACT**

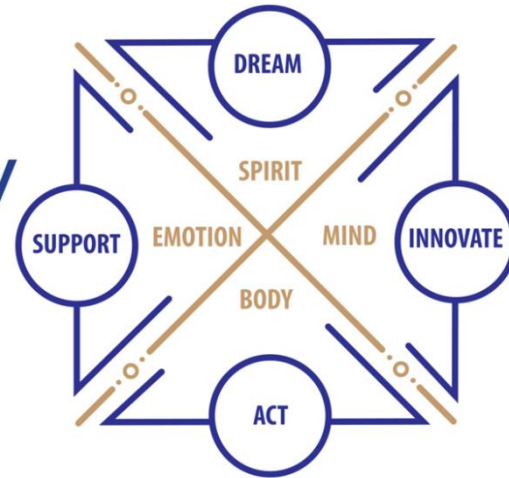
The world needs innovations that incorporate a higher vision  
more than just the intellectual, ego based approach.

Together in community we can help to support and inspire innovations in  
practice, education and research to set the world on fire  
with compassionate heart 2 heart and soul 2 soul inspired action that  
empowers individuals to step to new heights.

**Co-Hosts & Facilitators:**

Dr. Mary Jo Bulbrook and Dr. Thibaud d'Oultresmont

The DSIA  
Community  
Akamai  
University



**Dream – Support – Innovate - Act**

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