

Achieving Soul 2 Soul Connections



- Mary Jo Bulbrook, RN
- President, Akamai University
- Dean, Institute of CAM Studies,
Energy Healer,
- Master Practitioner, Educator &
Researcher
- Family Therapist & Clinical
Specialist



EXPLORE



DESCRIPTIONS / LIFE JOURNEY

AU STUDENT & FACULTY / IANDS BOSTON

**EXPERIENCE SOUL 2 SOUL
COMMUNICATION**

**IMPLICATIONS APPLYING WITH THE SELF,
PROFESSIONALLY & IN ORGANIZATIONS**

Multi-
dimensionality
Reduce Stress

Family Care &
Comfort

Blending
Virginia Satir Family Dynamics
with Energy Therapy



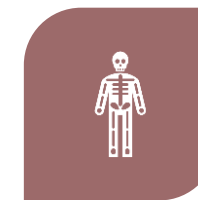
OPENING SHORT
MEDITATION -
GATHER - GROUP
HEART COHERENCE



PRESENTATION -
POWER OF GROUP
GATHERING TO
TRANSFORM OUR
LIVES



WHY GROUP
COHERENCE?



WHAT WOULD YOU
LIKE TO TRANSFORM
IN YOUR LIFE - RIGHT
NOW?



HOW EXPLORE YOUR
SOUL JOURNEY



SIMPLE EXERCISE TO
BALANCE INNER &
OUTER LIFE



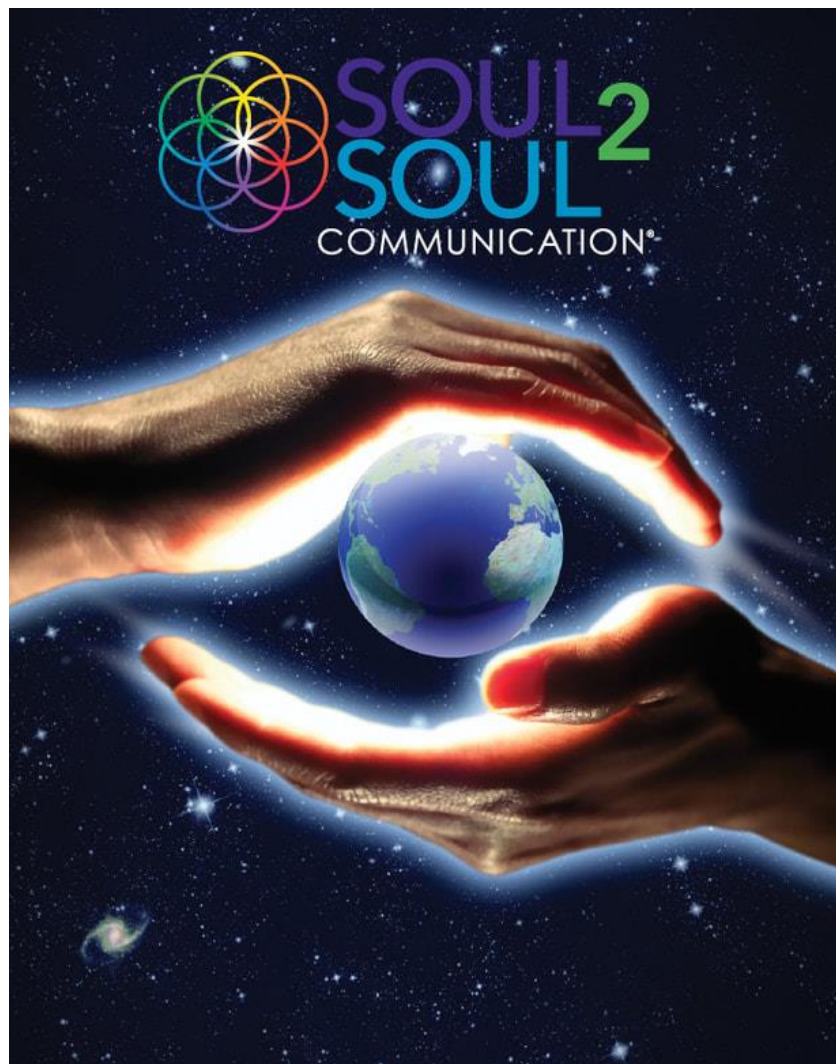
SHORT BREAK
RECENTER



QUESTION &
ANSWERS ON TOPIC
GROUP HEART
COHERENCE
EXPERIENCE



Heart Centered Learning
Bridging Spirituality and Health®



Spiritual Awakening Attunement and Healing

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2000-2016

vías para la salud

pathways
to health



peru



Partners in Energy Medicine
energymedicinepartnerships.com

Celebrating 16 years
February 4-14, 2016



Spiritual Awakening, Attunement and Healing

Healing Hands — blending
cultures and traditions

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UNITING HEALERS WORLDWIDE

Dynamic Education & Practice
Complementary Integrative Health

Energy Medicine Partnerships

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TYLEM
Transform Your Life
Through Energy Medicine

SOUL  **2SOUL**
COMMUNICATION™



Heart Centered Initiative
Restore Hope · Promote Healing
WORLDWIDE

NURSESTAKE2
Heart to Heart – Soul to Soul

SPIRITUAL
Me
Mystical
Experiences



EMP
HOLISTIC
Care Teams
PATHWAYS TO HEALTH
ENERGY MEDICINE PARTNERSHIPS




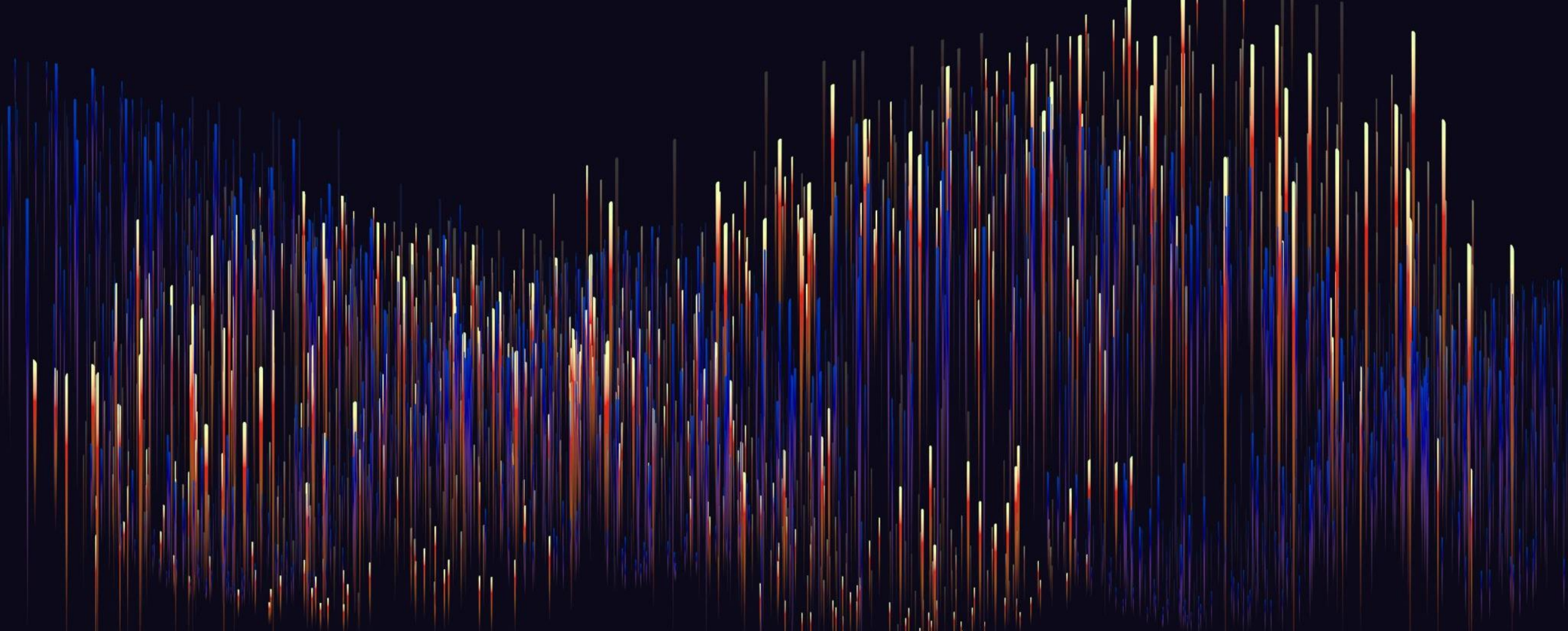
Circle
of Love



Transition
Holistic
Care




CAM
Institute for CAM Studies
University For Becoming More Fully Human
Based on Virginia Satir Growth Model and Energy Therapy



Energy Therapies to Choose From

LIFE'S MULTI-DIMENSIONAL OPPORTUNITIES

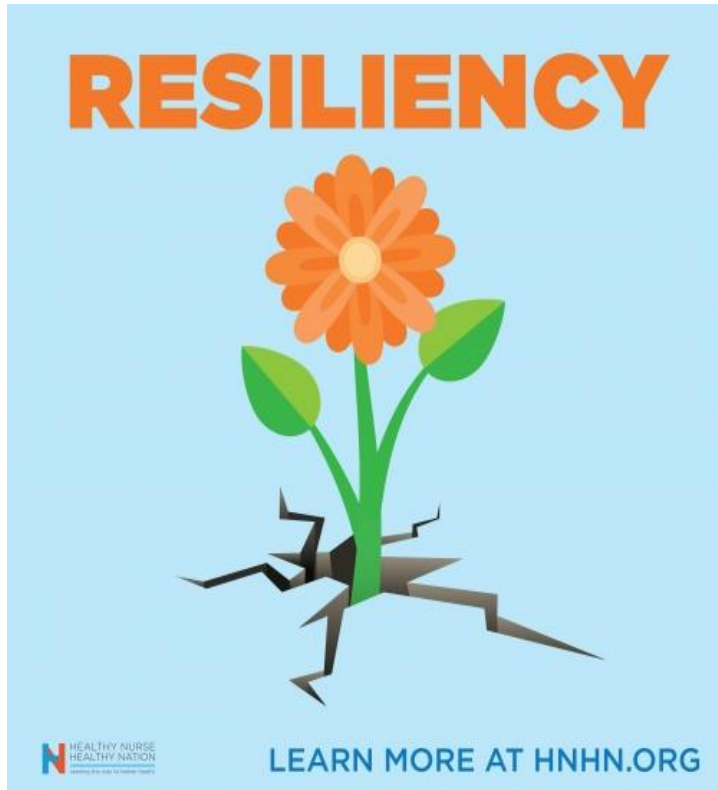
Transform Your Life Interventions

- Moving, Sending, Clearing Energy
- Energy Field Drain & Replenishment
- Inner Core Balance
- Heart Attunement & Cutting Cords
- Infinity Balance
- Removing Unwanted Energies & Recalling Fragmented Energies
- Blessings with Light & Love



ICTM 2022
TRADITIONAL MEDICINE CONFERENCE

How can you withstand the pressure?



Wellness for All: Preventing Illness – Achieving Wellness

Wellness

- Create a Wellness Ritual to stay health & vibrant
- Plan & follow a daily routine to uplift YOUR well-being – spiritually, emotionally, mentally and physically!
- Establish a health community to thrive and heal any challenges
- Designate a wellness mentor or wellness team

Health Planning

- Track your health, wellness and healing needs.
- Reach out to your health community, wellness mentor or wellness team for guidance
- Eliminate obstacles to your well-being!
- Start today, stay focused, centered and active

Illness Reduction

- Reduce current illness
- Empowerment to take care of you plan of care
- Guided by your spiritual team – present, past & future
- Include food, movement, music, animals, natures to build resilience





Life Enjoyment!

- Play, rest, communicate, care and serve.
- Speak and live your truth.
- Laugh often and follow your inspiration to guide your path.
- Spend time with those you love, and they love you!

MAINTAINING BALANCE



Dynamic Education & Practice Complementary Integrative Health

Energy Medicine Partnerships

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COMMUNICATION



Heart Centered Initiative
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WORLDWIDE

NURSESTAKE2
Heart to Heart – Soul to Soul

SPIRITUAL
Me
Mystical
Experiences

Certificate Training Available

Integrate/build on previous energy therapy training

Wellness For All

Dr. Mary Jo Bulbrook, RN,
BSN, MEd, EdD, CEMP/S/I, HTP/I

Training for Board Certification in
Complementary Integrative
Health (CIH)

Conference — Fall of 2023
info@energymedicinepartnerships.com
1 (919) 923-2409



Energy Medicine Partnerships
International Conference
Inperson and Online

Core Classes:
Be Well — Become Well — Stay Well

Complementary Integrative Health (CIH)

- Wellness Clinician
- Wellness Practitioner
- Wellness Specialist

Become a

- Wellness Instructor
- Wellness Associate
- Wellness Faculty

Q & A



CIH - Certificate Training
New Beginnings
Nov 12 at 4 pm Eastern

UNITING HEALERS
WORLDWIDE

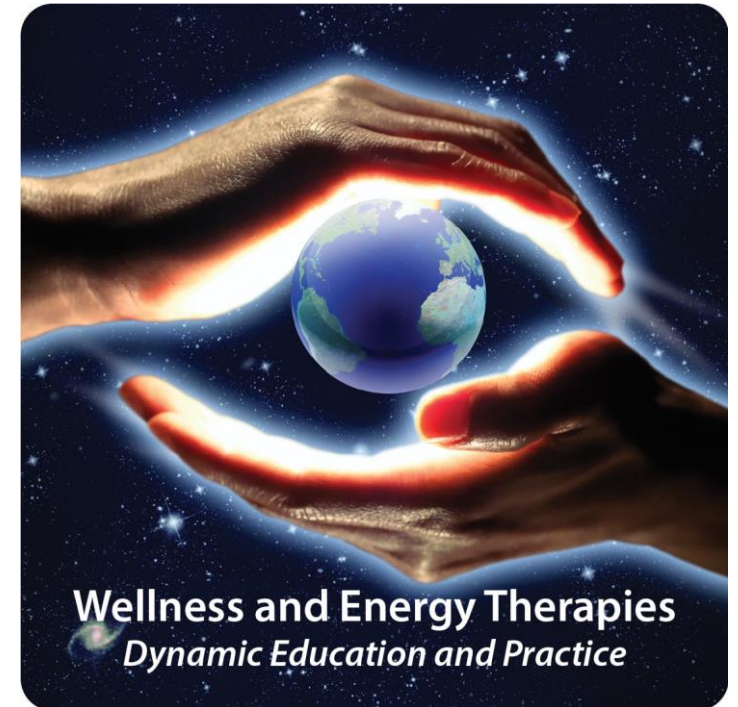
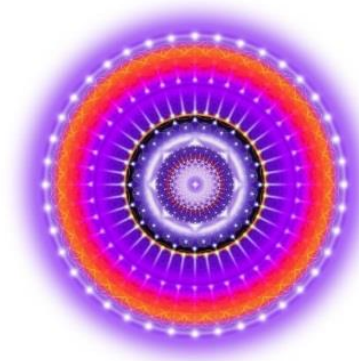


Support & Help Achieving Soul2Soul Connections

Dr. MJ Bulbrook, Clinical Specialist, CEMP/S/I, ICF



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- 1.919.923.2409
- [Akamai University](#)



The Science of Global Coherence Heart Math Institute

- <https://www.awaketvnetwork.liv/e/videos/special-the-science-of-global-coherence-with-heartmath-institute> 9.39
- WHY Group Coherence
- Expanding Global Hearts Initiatives:
<https://www.globalhealingalliance.com/global-health-initiative.html>



HeartMath®



Heart Centered Initiative

Restore Hope • Promote Healing

WORLDWIDE

NURSESTAKE2

Heart to Heart – Soul to Soul

Opening Heart Centered
Meditation for Group
Coherence





Personal Statement:

My life purpose is to help awaken and empower individuals on their personal and professional journey.

It started in my teens when I began to have multi-dimensional experiences.

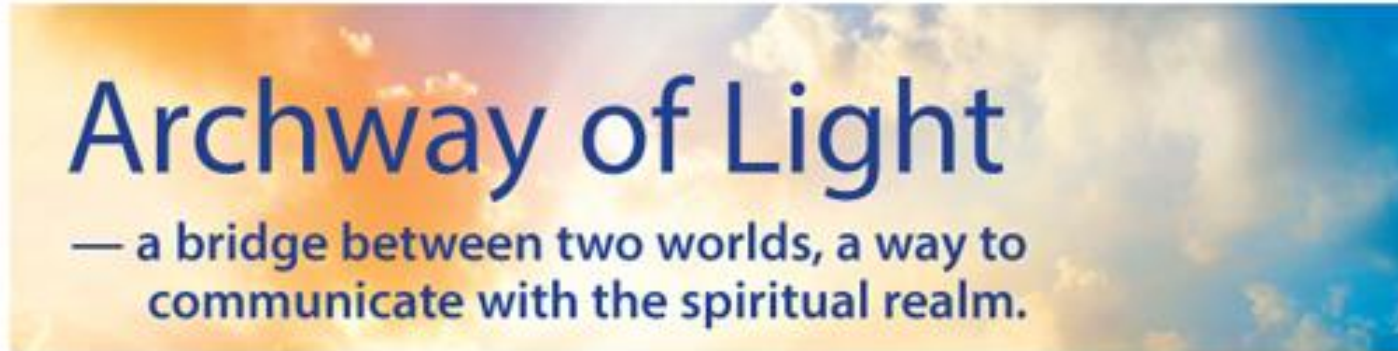
Case Examples of Multi-Dimensional Care

for Near Death Experiences (NDE's) & Spiritual Mystical Experiences (SME)

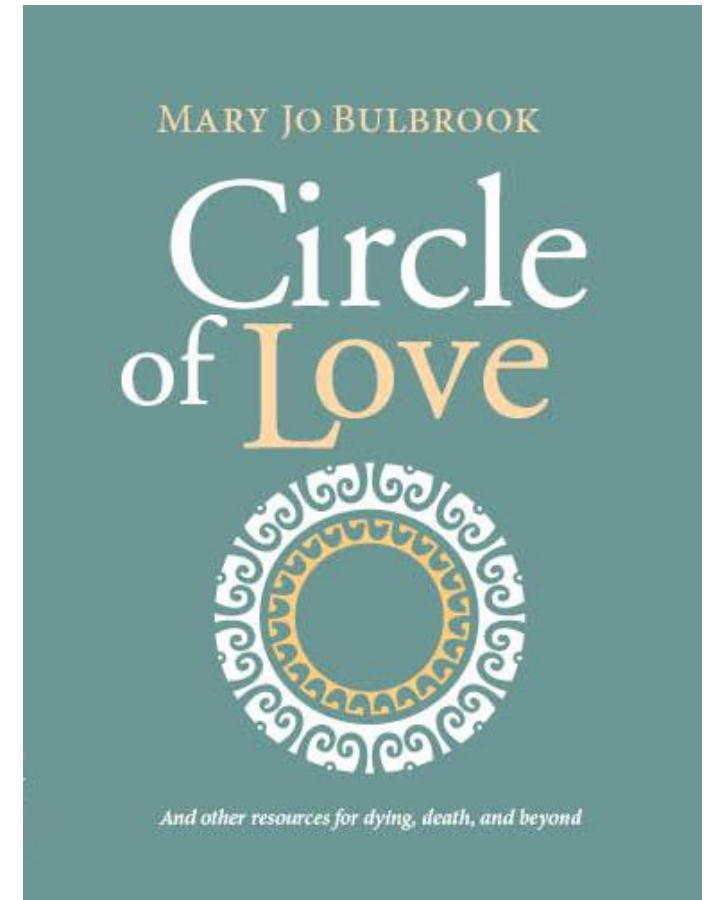
- Hearing voices since teenager & recent examples
- Robin – NDE from brain surgery – out of body effects on health
- Pat – TYLEM & Reiki healing while driving the car - tuning in affecting health * well being
- SME with Jeff Olsen – Tamara his deceased wife appears to me at IANDS Durham Meeting
- Support & Help from Nurse Judy Aufenthie May 5, 2020 – while teaching HT at the Mayo Clinic described both of us saw spirits in the workshop

Spiritual Mystical Experiences (SME) Extraordinary Encounters Clinical Examples

Conversations from the Other Side



A new European study reports 1 in 10 have experienced a Near-Death Experience:
Published Friday, June 28, 2019 by Christy Somos, CTV News which points to the audience needed to be reached with data of what is an NDE? How do they impacted body, emotion, mind and spirit including the barriers to re-integrate back into their body?



Energy Medicine Self-Care

Reshaping Family
Energy Patterns

- Heart Attunement
- **Spiritual Communication**
- Angel Net Process

Spiritual Communication A Resource of Universal LOVE Connecting Multi-Dimensionally

This intervention was given to me by a colleague as he was dying. He was an administrator of a hospital and a Healing Touch practitioner that I taught.

Purpose: This self-care intervention provides for in-depth spiritual communication between individuals without words. It can assist in healing relationships when communication may be blocked. It is an excellent tool to assist when a person is making their transition. Also it can be used when the person is unconscious, unable to speak physically, not in the same location or for those who have passed.

Steps: *Call on a Higher Power to connect Heart to Heart. Place your right hand on your heart and direct your left hand to the other persons heart. Say what comes to you as you then listen inside for their response.*



Simple energetic exercises for support & help

- Connect heart to heart – soul to soul
- Listen, listen, listen
- Reflect what gets triggered in you – speaking your truth
- Allow yourself to let go of pain and suffering
- Choose joy



Picture of Virginia & Mary Jo in Seattle, WA in the 80's.

Transforming Individuals
Families:
A guide to Spiritual
Awakening & Healing

34 Years Later – Looking Back:

The Process of Becoming More Fully Human -
Satir Teachings

Through the heart & eyes of

Dr. Mary Jo Bulbrook, CEMP/S/I, HTCP

Coordinator of Avanta Networks first Process Con
Park City, Utah in collaboration with University of

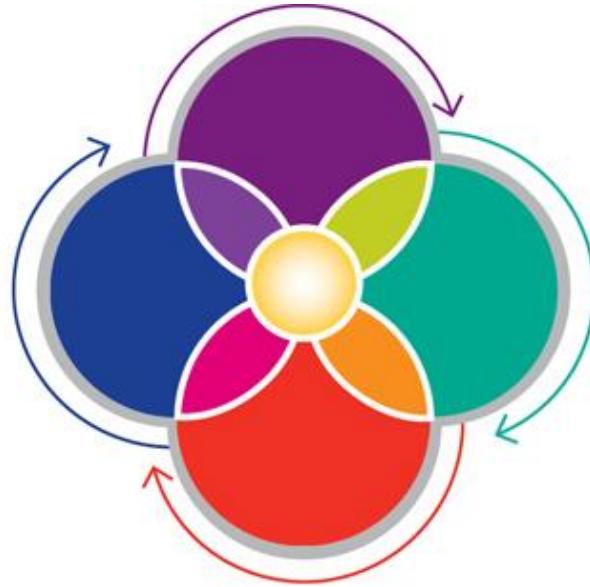


Widening Our Lens, Deepening Our Practice

DATA – Implications for Care

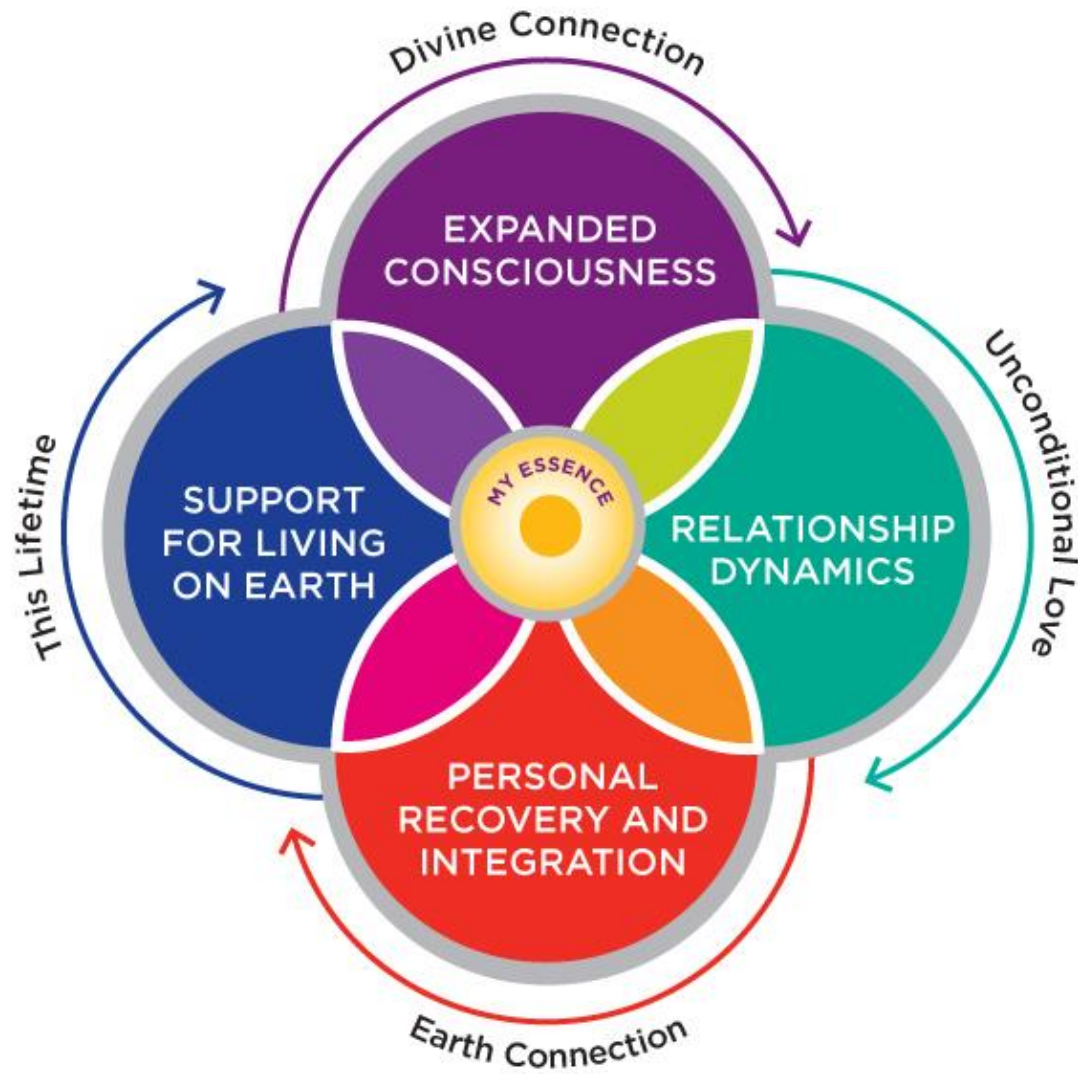
Research indicates approximately 10% of patients who experience cardiac arrest in hospital settings report an NDE. A small percentage include frightening or distressing aspects, the great majority contain beautiful, loving and insightful elements which include one or more:

- ✓ A sense of profound peace and well-being;
- ✓ Perception of one's body from the outside of the physical body;
- ✓ Rapid movement toward and sudden immersion in a powerful light;
- ✓ Intense feeling of unconditional love;
- ✓ Life review;
- ✓ Immersion in a spiritual realm;
- ✓ Encounter with spiritual beings, and / or a joyful reunion with deceased loved ones;
- ✓ Flood of knowledge about one's life and the nature of the universe;
- ✓ Decision to return to one's body.



N.E.A.R.-H.E.L.P.

Near-Death **E**xperience **A**fter-Effects **R**ecovery
Holistic **E**mpowerment **L**earning **P**lan



MODEL HEALING THE AFTER EFFECTS

UNITED NURSES
NETWORK 
unitednursesnetworks.org


H.E.L.P.


Holistic Empowerment Learning Plan Interactive Dynamics


 **Personal Recovery and Integration**
Physical, Emotional, Mental, Spiritual

 **Relationship Support**
Spouse/Partner, Children, Birth Family,
Work Colleagues, Community, Culture

 **Expanded Gifts**
Higher Sense Perception, Multiple
Locations, Gestalt and Time Awareness

 **This Life Time**
My Journey, Mission, Calling

 **My Essence — Divine Radiance**

 **Potential Barriers**

- Relationship Conflict
- Religious Beliefs
- Lack of Boundaries
- Not Fully in the Physical Body
- Energetic Misalignment
- Conflicting Values
- Shunning by Others
- Overwhelm
- Fear
- Addiction
- Anger
- Trauma

TOPICS CODE OF ETHICS

Different organizations have specifics relative to their profession

- Scope of Practice
- Professionalism
- Confidentiality
- Consent
- Business Practices
- Record Keeping



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RN, EdD, CEMP/S/I, HTP/I. HTCP



YOU

Relationship



Client

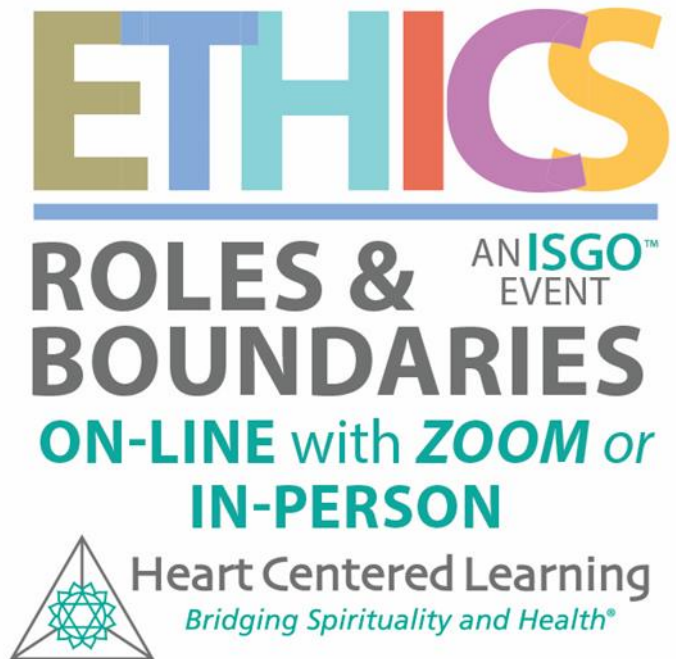
**Ethical
boundaries**

Interrelated Parts

- Examples will be given and talked about to clarify the various components of acceptable professional behavior
- New to practice, education or research? Don't forget to be well grounded in these elements as you go forward for your protection and for those you serve.
- Just starting out? Receive mentorship and guidance for going forward with what is important to you.



QUESTIONS to Review



- Why have ethics documents?
- What are the essential elements in an ethics document?
- Describe informed consent.
- What is required for recordkeeping for practice.
- Responsibilities defined for practice, education and research

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