

## Model Person to Person Transformational Process in Organizational Development

The purpose of this model is to outline the process of achieving effective strategies in team building that are heart centered, specific to the moment and inclusive for a win-win situation for the individuals involved the organization they are working in no matter if it is large or small.

The model was inspired by an interactive process with one of the PhD students in CAM during our weekly engagement on Feb. 8, 2021. My heart-felt thanks go out to the student who set the stage of demonstration of the interactive model of education to be practiced in Akamai University.

Also I would like to thank the American Holistic Nurses Association where I am active on the Practice committee for the inspirational team work to accomplish professional goals.

### **Model of Person To Person Guide for Akamai University Organizational Transitions**

1. Come to the joint sessions prepared as can be achieved with what is on the table for your personal life situation and your duties and work you could accomplish.
2. Begin with a **brief check in** of what you are “in the moment situation is”, such as
  - a. I am prepared... Yes / No
  - b. I have been briefly able to go over things for today.
  - c. Personally, I have this crisis or situation going on that is interfering: (such as I am not well or someone is not well and needing a lot of care from me.)
  - d. Personally, work demands are....
3. Are there any additions or priority to the items listed here for us to cover today?
4. Now lets all go inside and CENTER for at least 1-3 minutes to release interfering personal things to provide time for us to be ONE with each other in the moment to give our heart space time to connect with source that resonates to you and provide inspiration for the topics in front of us as agreed on in the moment.
5. Input from the “centering experience”.
6. Return to Agenda.
7. Set Goals – who does what by when?
8. Discuss Actions.
9. Thanks & Closing
  - a. Thanks to all!
  - b. Next time to meet & summary unfinished business if time permits.
  - c. We did the best we could do today! Disconnect & go forward with best wishes for all!

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