



Spring 2026
**LIVING IN
BALANCE &
HARMONY**

On-line and In Person — A Gathering offered by Akamai University, Durham, NC

zoom

Thursday
April 30th

9:00 a.m. – 12:00 noon — Hampton Inn
Overview of Event
12:00 noon - 1:30 p.m. Lunch — Hampton Inn
2:00 p.m. – 5:00 p.m. Updates — AU Headquarters
Energy Medicine Partnerships, Transform Your Life

Friday
May 1st

9:00 a.m. – 12:00 noon — Satir Center
AU Headquarters
12:00 noon - 2:00 p.m. Lunch on your own
Healing Opportunities
2:00 p.m. – 5:00 p.m. Akamai University Updates

Saturday
May 2nd

9:00 a.m. – 12:00 noon — Honoring Dr. Capogrossi AU
Headquarters
12:00 noon - 2:00 p.m. Lunch Buffet
CCE Awards and Opportunities

Sunday
May 3rd

9:00 a.m. – 12:00 noon — Hampton Inn
Akamai University Graduation, Alumni Updates
Closing Ceremony
Lunch on your own



Akamai University

Dedicated to improving human and planetary health