



Heart Centered Initiative

Restore Hope • Promote Healing

WORLDWIDE

Title: Heart Centered Initiative – Restoring Hope & Promoting Healing

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Abstract: A heart-centered initiative program focusing on Satir transformational change model & Complementary Integrative Health (CIH) approaches empowering individuals, families, communities to access their inner power to overcome obstacles to their individual, family, community, national, international health, & wellbeing.

Wars & natural disasters caused by climate change have impacted the world. We are ONE. Each person, family, community, and nations deserve the right to plan, honor the integrity of its people, its culture & secure self-governance with equal opportunity for all.

Description: Training example includes scientific research documenting effective strategies for improved health and wellbeing that is culturally specific and addressed national and international needs and priorities for global healing.

- Support & Help for Recovery from Trauma, Disasters, & War: for Children, Couples, Families, Businesses, Organizations, Communities, & Nations
- Experience Satir Transformational Seed Model with Energy Therapy - Helping Individuals, Families & Organization Survive & Thrive
- Complementary Integrated Health (CIH) Self-Care & Wellness for Health Professionals, Service Providers & Volunteer Helpers

What will audience learn from your presentation?

1. Describe scientific research addressing problems from war, disasters, shootings, relocation, abuse, misuse of power, segregation, affluent vs poor imbalance, extreme grief and losses of all kinds.

2. Capturing Your Story for Health, Healing & Renewal
3. Expand Intuitive / Spiritual Development to create hope & healing
4. Practice Interventions bring Balance & Healing
5. Evaluate Positive Growth & Change

Biography of presenting author

Dr. Mary Jo Bulbrook is uniquely qualified due to her lifetime commitment as a dedicated practitioner and university academic with over 50+ years in Higher Education. She is a master teacher / practitioner / educator with grounded theory and storytelling research serving throughout the USA, Canada, Australia, New Zealand, South Africa, Peru, Chile, Argentina. Her leadership includes Healing Touch, Transform Your Life with Energy Medicine, Touch For Health, Bioenergetic Wellness, Transpersonal Psychology and Energy Psychology. Currently she is president of Akamai University leading this innovative program to address worldwide challenges in practice, education, and research.

Details of presenting author to be mentioned in certificate:

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Other Details:

Presentation Category: Mental Health Education & Practice & Natural Therapies

Session Name: Heart Centered Initiative: Restoring Hope – Promoting Healing

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