

CREATING A FREQUENCY ALIGNMENT BETWEEN HEALER AND CLIENT-STUDENT

HEART—BRAIN COHERENCE resonates on a quantum level to enhance learning and transmute dysfunctional energy or behavior.

PURPOSE:

Synchronize the energy of client-student with healer through heart-brain coherence in order to enhance learning or alter dysfunctional energy or behavior.

GOAL:

Transmute the client-student's soul energy to a higher frequency to learn or heal — reshaping their destiny and enhance their life purpose.

PREPARATION OF HEALER:

Energetic Healing Prayer, Hara Alignment, Core Star Expansion, Meditation

INTERVENTION:

1. Connect by matching your energy to your client-student's energy as they present. Place one hand on your heart and the other hand facing out toward the heart of the client-student. Hold until you feel a coherence between you.
2. Shift your energy to a neutral, poised state through intention, brain monitoring or holographic wave frequency.
3. Uplift your energy and the client-student's energy signal using your heart's intelligence to the highest wave frequency that creates positive resonance between healer and client-student.
4. Ground your client-student and disconnect.

Related reading:

Pearce, Joseph Chilton (2002)— (2004 Paperback) *The Biology of Transcendence: A Blueprint of the Human Spirit*, Park Street Press, VT. "The ability to rise and go beyond." pg.1

Braden, Gregg (2008 1st edition, 2009 2nd edition) *The Spontaneous Healing of Belief: Shattering the Paradigm of False Limits*, Hay House Inc., CA. "...we are never more than a belief away from our greatest love, deepest healing, and most profound miracles." Forward.

Braden, Gregg (2014 1st edition, 2015 revised edition) *Resilience From The Heart: The Power To Thrive In Life's Extremes*", Hay House Inc., CA. "The single eye of the heart — the state of harmony that we create for ourselves in heart-brain coherence — accesses what's true for us in the moment of a given situation."

Braden, Gregg (2017) *Human By Design: Why We're Wired To Be Extraordinary*, Hay House Inc., CA. "We are born with the capacity to self-heal."

Dossey, Larry (2001) *Healing Beyond The Body: Medicine and The Infinite Reach of The Mind*, Shambhala, MA. "...reclaiming the title of healer." Dedication.

Lipton, Bruce (2005 re-released as The New Biology 2006 Audio) *The Biology of Belief: Unleashing The Power of Consciousness, Matter & Miracles*, Mountain of Love/Elite Books, CA. "...we are powerful creators of our lives and the world in which we live." Prologue.

Heart Math Institute: *The Quick Coherence® Technique for Adults*, helps you create a coherent state, offering access to your heart's intelligence. "Stress levels recede, energy levels increase and our brain and what HeartMath calls the "heart brain" work together. It is a state of optimal clarity, perception and performance. HeartMath tools and technology have been scientifically proven to help us achieve personal coherence." heartmath.org

Pearsall, Paul (1999) *The Heart's Code: Tapping the Wisdom and Power of Our Heart Energy* (New York: Broadway Books) "...we become sensitive to a much subtler energy than the brain is use to processing." pg. 2



Dr. Mary Jo Bulbrook
EdD, RN, CEMP/S/I, HTCP
Multi-Dimensional
Practice and Healing

3211 Gibson Road
Durham, NC 27703
919-588-3300

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