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# Miracle Healing

# Chow Medical

# Qigong



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*Chow Medical Qigong  
World Renowned Healer  
Qigong Grandmaster  
Chow Qigong Life Coaching  
Rejuvenate with Chow Qigong*  
*Effie Poy Yew Chow, PhD, RN, LAc, President  
North America and International  
Education, Clinic & Consultation  
Chow Qigong San Francisco  
Level One Certification Program  
Call for details 415-285-9401*

*"Effie Chow is one of the strongest energy-based healers and acupuncturists I have met and I have seen with my own eyes some of the remarkable results of her qigong work."*

*Dr. Deepak Chopra*

*mind-body-spirit ONENESS self-humanity-universe*

## Private Consultations With Dr. Chow By appointment

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**Weekly Practice  
In San Francisco  
And Sausalito**  
[eastwestqi@aol.com](mailto:eastwestqi@aol.com)  
**415-285-9400**

*"Giving individuals the power  
To determine and manage  
their own health is the secret  
to true healing"*

*Dr. Effie Poy Yew Chow*



*What if you could recharge your cells as quickly and easily as you recharge your cell phone?*



*has added the EE System to our services, now the human instrument combines with technology to accelerate healing body/mind/spirit. Scalar wave energy treatment makes RAPID CELLULAR REJUVENATION ACCESSIBLE and AFFORDABLE*

*Introductory Special: Book your session today*

**WHAT PEOPLE ARE SAYING ABOUT THE EE SYSTEM:**

*The EESystem can help you achieve your maximum potential by recharging your energy. Imagine what this can do for you. Every user's experience is different. Here are some examples of what people have reported:*

Sense of Increased Energy	Relief from Depression
Rapid Post Surgical Healing	Improved Inner Direction
Relief from Severe Pain	More Emotionally Clear
Self Confidence and Love	Better Mental Health

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**For more information on the EE System: [eesystem.com](http://eesystem.com)**

## What is Qigong?

Qigong is a discipline anyone can learn. It has been shown in research to reduce anxiety, depression and chronic pain conditions. Qigong boosts the immune system, improve respiratory function, burns calories, improves balance, provides cardiovascular benefit, provides powerful stress management and slows aspects of the aging process.

Many people practice Qigong simply because it makes them feel good, perform better, experience higher levels of energy and stamina, and reach their level of optimal health. Qigong can improve sports performance, prevent jet lag, and supercharge the immune system. Qigong practice has been shown to super-oxygenate the cells of the body. In addition, Qigong can increase the effectiveness of Western medications, may reduce the side effects, and even allow the use of smaller doses; it can reduce healing time after surgery by 50%.



*"She (Dr. Chow and Qigong) can bring movement to legs that haven't walked in years, but is not a physician; can make pain disappear, but is not a magician; can help one overcome life's pressures and disappointments, but is not a psychiatrist.*  
*Asian Week*

**Dr. Effie Poy Yew Chow, President  
President, East West Academy of Healing Arts  
Chair, World Congress on Qigong/TCM**

Dr. Effie Chow is a world-renowned Qigong Grandmaster energy healer, acupuncturist, author, international speaker. She is a registered public health and psychiatric nurse with a Ph.D. in higher education, and a master's degree in behavioral sciences and communication. "Giving individuals the power to determine and manage their own health and destinies is the secret of true healing" is her motto.

Toward this goal, she founded the East West Academy of Healing Arts (EWAHA) in 1973 in San Francisco. In 1988 an arm of that organization, The EWAHA Qigong Institute, was established within EWAHA to promote research and clinical work in medical Qigong. In July 2000, Dr. Chow was appointed by then President Clinton to the original 15 member White House

**Chow Qigong BOOK  
Miracle Healing from China...  
Qigong**

**DVDs**  
**#1 Chow Qigong Exercises**  
**#2 Qi Pressure**

**Silverthread Meditation CD**

**Book: \$15.95 US**  
**DVD #1: \$39.95 US**  
**DVD #2: \$29.95 US**  
**CD: \$15.00 US**



## **Chow Qigong Training Programs**

### **Chow Qigong Basic Weekend A Life-Changing Experience (14.5 Hours)**

Learn Chow Qigong Exercises  
Warm Ups and Precious Eight  
Silverthread Meditation  
Energy scanning and healing techniques  
Basics of Chow Integrated Healing System

### **Chow Qigong Intensive Training A Transformative Process**

(86 Hours/4 weekends over 4 months)\*\*

#### **Highlights:**

The Chow Integrated Healing System  
Philosophy of Chow Qigong  
Qigong Exercise Prescriptions  
Silverthread Meditations/Visualizations  
Energy Healing  
Principles of Chinese Medicine  
Taoist Philosophy  
QiPressure  
Chow Tracking System (Energy Points)  
Tui Na/An Mo Massage  
Nutrition  
Practice Distance Healing  
Opportunity to work with real cases  
And bring your own clients for case study

Commission on Complementary and Alternative Medicine Policy. She is the only Qigong Grandmaster-Nurse-Acupuncturist in North America who has been active in the development of national health policies within the U.S. Department of Health and Human Services.

Clients come from all parts of the world to consult with Dr. Chow. She travels internationally to see clients, give seminars and train practitioners. She has personally made presentations to over 700,000 people of all cultures, and to more than 1,000 corporations, including Fortune 500 companies, hospitals, health clinics, universities, and governmental agencies.

Dr. Chow is a National Diplomate in Acupuncture (NCCAOM) and a California-licensed acupuncturist since 1977. She received her training in Traditional Chinese Medicine, Martial Arts, and Qigong in China, Hong Kong, Taiwan, Canada and the United States. Her Qigong experience includes Frolic of Five Animals, Six Sounds, Taoist Qigong, Eight Silk Brocades, Dayan, Taiji (Tai Chi), Wai Tan Kung, Shaolin, Microcosmic Orbit, and others.

***“The work of Dr. Chow is impressive. She has had remarkable success where others have failed”*** Dr. Thomas Malone, Former Deputy Director, National Institutes of Health

\*\*or can be taken as individual weekends courses

## Soldotna, Alaska *Mobility Restored*

A volunteer who had been hospitalized after a fall and could not walk due to pain...



After 10 minutes of applied Chow Medical Qigong her fingers are normal And straight .....



and she can hold a cup!



Mim Tauriainen, had a metal plate in her wrist; her middle finger folded under her ring finger so her hand could not lay out straight. She could not make a fist, or use she was unable to pick up anything with her left hand or to put on a glove or pick up a coffee mug with this left hand.



After ten minutes with Dr. Chow working on her hand, tendons and joints with Chow Medical Qigong— her fingers straightened out and she could open and close her fist with her fingers spreading out and laying down normally. She could hold a cup to drink and put on gloves. Mim was singing and dancing at the end of her second private session!



...able to get out of her wheel chair and walk after a short session of Chow Qigong therapy during a training class.



## **Students Report Healing ....**

One student was unable to sit cross legged and had continuous pain and tightness in his right side for eight years. He was able to become pain free with much greater range of motion and was able to sit it in half lotus position after a one hour private session with Dr. Chow.

One student with long-term scoliosis, Debbie McKay had her spine straighten out during a 10-minute demonstration of Chinese massage techniques by Dr. Chow. She continues to report it feels straighter after the Chow massage work.

One student with rheumatoid arthritis wrote, "On a personal note, I have really shifted. I feel a renewed sense of optimism. I have never been around someone whose energy affected me as much as Dr. Chow. I am continuing to feel improvement physically and emotionally every day. I would like to revise mental and emotional new ceilings in what we think is possible in our lives."

### **Chow Qigong Programs**

**San Francisco, California**

**Sausalito, California**

**Albuquerque, New Mexico**

**Soldotna, Alaska**

**Chicago, Illinois**

**Honolulu, Hawaii**

**Apple Valley, Minnesota**

**Vermont**

**New York City, NY**

**Toronto**

**Ottawa**

**Vancouver**

**Rome**



## Some More Student Reports....

Three students (in one class) had improved vision from nearsightedness; confirmed after seeing their optometrist.

RN had immediate relief with 15 minutes work using Chow upper tracking from a frozen shoulder she had been suffering with for four months.

Several students saw energy for the first time!

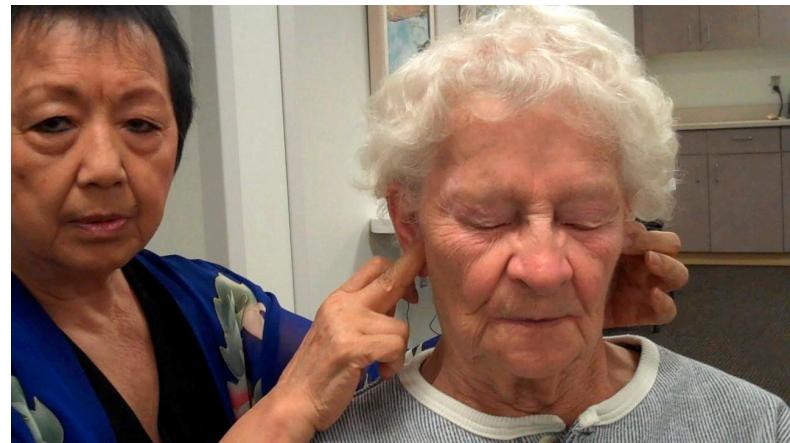
### Walking for the First Time

...a young woman with Cerebral Palsy confined in the wheelchair all her 30 years of life, last weekend (March) of the class Dr. Chow got her up walking with little assistance, 300 feet...she was able to for the first time in her life get down from the wheelchair and back up all by herself....whereas her dear husband had always carried her to the floor, to bed, to the bathroom, to another positioning.....etc...!!!! There were many tears with laughter and joy!

Instant healing from a wrist complication that had left her in constant pain with reduced range of motion for approximately one year.

Student was able to become pain free from a migraine headache that had kept her in bed for three days vomiting.

## Tinnitus Treatment a Success!



Mim Tauriainen, age 87 who has had tinnitus for more than 50 years. Within 20 minutes of applied Chow Medical Qigong, the ringing in her right ear completely stopped, and ringing was reduced by 40 percent in her left ear. We did not have any more time to work with her.



## Minnesota Level One Training 2011



**Robert, Retired  
Due to severe pain in knee  
He has not run since 1983 (28 years)**

After only a 7 minute demonstration of Chow Qigong onstage in front of over 200 people, Robert began running painfree. He was so surprised his comment was "What am I doing running??!!" He proceeded to run around the huge ballroom amongst cheers and tears.



### The Ultimate Qigong/TCM Event Has gone Global!

Since the 1995, the East West Academy of Healing Arts has sponsored the World Congress on Qigong/TCM, Dr. Effie Chow, Congress Chair.

The World Congress on Qigong/TCM attracts Masters, scientists, practitioners, scholars, students and the public who gather to share and increase their knowledge in the field of qigong, martial arts, tai chi, and Traditional Chinese Medicine.

Each year, the Congress provides a platform to showcase the best of the best in Qigong. The prestigious Qigong Master of the Year Award recognizes the outstanding masters and emerging leaders. In 2012, the Congress has partnered with the Asian Heritage Street Celebration to continue our mission of healing for all.

## **Diagnosis: Right ocular motor dysfunction due to head trauma**

### **Miracles do happen!**

I am grateful to my Higher Power for directing me to you, Dr. Chow.

I am grateful to you for your qigong skills and your willingness to share them.

I am amazed. My miracle continues.

My results since our session are dramatic.

I am now able to judge the speed of oncoming traffic when driving.

My brain, ear, eye signals flow evenly.

I can comprehend questions asked of me and answer without a delay.

I can move my head and neck 100% more.

I can move my hips 100% more.

R & L eyes are in sync with each other and stable 90% of time.

My prescription vision has improved 100%.

I can see and read near without wearing my glasses 100% of the time.

I can be in sunlight without sunglasses 80% of time.

I can tolerate glare 50% more.

I can tolerate loud noise 50% more

"My neck and back pain of over 25 years were eliminated after 5-10 minutes of CQ "brushing."

"My back pain of two years is totally improved after 8 minutes of Chow Medical Qigong and I can walk freely."

"My Parkinson's tremors are gone!"

*I myself have had the privilege of studying with Dr. Chow. I've watched Dr. Chow work incredible "miracles" in those who have found little or no relief from other medical treatment. Dr. Chow's work has made a tremendous impact in my own life and in the lives of my patients.*

*L.H., physician, Spokane*

"I'm completely virus free after 10 years of chronic Hepatitis C following Chow Qigong Level One Intensive Training."



## ***Miracle Healings with Chow Medical Qigong***

Cancers  
Hepatitis A/B/C  
Tinnitus  
Arthritis  
Frozen Shoulder  
Depression/Anxiety  
Insomnia  
PTSD  
Fibromyalgia  
Parkinson's Disease  
Multiple Sclerosis  
Cerebral Palsy  
Autoimmune Disorder  
Brain Tumors  
Stroke/Coma  
Infertility  
Pain of all kinds  
Addiction

## ***Miraculous Restoration Chow Medical Qigong***

Radiant Health  
Mobility  
Dexterity  
Vitality  
Range of Motion  
Peace of Mind  
Vision/Hearing  
Sleep  
Family Relations  
Mental Clarity  
Immune Function  
Bowel/Bladder Health  
Balance and Function  
Fertility  
Appetite  
Sexual Relations  
Creativity  
Happiness