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CONFERENCE
PROGRAM

TRADITIONAL MEDICINE

JUNE 22-24 | 2026

9th Edition of
International Conference on

Traditional Medicine and *Integrative Health*

June 22-24, 2026
Barcelona, Spain

Theme: Health for All: Using Traditional Methods in Today's Healthcare

IN-PERSON:

Hotel Alimara
Carrer de Berruguete, 126,
Horta-Guinardó, 08035 Barcelona, Spain

VIRTUAL:

Central European Summer Time (CEST)

Final Program

IN-PERSON
@Sitges
Central European Summer Time (CEST)

VIRTUAL
@Zoom Meeting
Central European Summer Time (CEST)

MONDAY JUNE 22 2026

DAY 01

08:00-08:50	Registrations
08:50-09:00	Opening Ceremony and Introduction
09:00-11:00	Keynote Sessions
11:30-16:00	Oral Sessions
16:30-17:10	Workshop Session

11:00-11:30 Coffee Break | 12:50-14:00 Lunch Break
16:00-16:30 Coffee Break

DAY 01

11:30-12:00	AV Check
12:00-14:40	Keynote Sessions
14:40-18:00	Oral Sessions
18:00-19:20	Keynote Sessions

TUESDAY JUNE 23 2026

DAY 02

08:50-09:00	Opening Remarks
09:00-11:00	Keynote Sessions
11:30-15:30	Oral Sessions
15:30-16:00	Poster Sessions
16:00-17:20	Workshop Sessions

11:00-11:30 Coffee Break | 12:50-14:00 Lunch Break
15:30-16:00 Coffee Break

DAY 02

11:30-12:00	AV Check
12:00-13:20	Keynote Sessions
13:20-15:20	Oral Sessions
15:20-16:00	Workshop Session
16:00-17:20	Oral Sessions
17:20-18:00	Workshop Session
18:00-20:00	Keynote Sessions

WEDNESDAY JUNE 24 2026

DAY 03

08:50-09:00	Opening Remarks
09:00-10:20	Keynote Sessions
10:20-11:00	Workshop Session
11:30-15:40	Oral Sessions

11:00-11:30 Coffee Break | 13:00-14:00 Lunch Break
15:40-16:10 Coffee Break

DAY 03

11:30-12:00	AV Check
12:00-14:40	Keynote Sessions
14:40-19:50	Oral Sessions

Important Note

The conference follows Central European Summer Time (CEST) for both In-Person and Virtual sessions.

When the program refers to Local Timings, it means the time mentioned is in the time zone of the presenter's country.

In-person presentations will take place in the Sitges Meeting Hall @Hotel Alimara, Barcelona, Spain. Virtual presentations will take place on Zoom.

Please remain accessible in the hall or on Zoom throughout the day as there may be minor program adjustments due to technical issues or presenter no-shows.

Keynote Speakers

Kenneth R. Pelletier
University of California School of Medicine, United States

Mary Jo Bulbrook
Akamai University, United States

John Downes
Life University, United States

Gene Bruno
Nutraland, United States

Kevin KF Ng
MD Natural Care LLC, United States

Girish Momaya
Stichting Maharishi European Research University (MERU), Netherlands

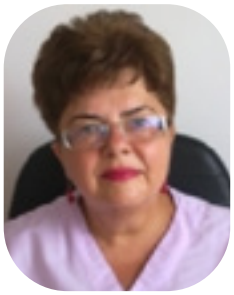
Bruno Renzi
Maharishi College for Perfect Health International, Netherlands

Lothar Pirc
Maharishi Ayurveda, Germany

Sweta Vikram
NimmiLife, LLC, United States

Mohammad Kamil
Lotus Holistic Health Institute, United Arab Emirates

Zhenhuan LIU
University of Chinese Medicine, China



Angela Sanda Tudor
Romanian TCM Society, Romania

Shu-Yuan Chen
China Medical University, Taiwan

Anton Keppel
EATCM-Austria, Austria

Mary Elizabeth Wakefield
Chi-Akra Center for Ageless Aging, United States

Laure Le Correller
Dr. & Master Sha Tao Academy, Canada

Keynote Speakers

Sunita Teckchand
The Holistic Alternatives FZ LLC, United Arab Emirates

Amadio Bianchi
European Yoga Federation, Italy

Martine Negro
Nature Care College, Australia

Iuliana Vintila
University "Dunarea de Jos" Galati, Romania

Elizabeta Popova Ramova
MIT University Skopje, Republic of North Macedonia

Robert Kempenich
AREMA, France

Bernd Blobel
University of Regensburg, Germany

IN-PERSON

Day 1 @Sitges

June 22, Monday

Central European Summer Time (CEST)

08:00-08:50	Registrations
08:50-09:00	Opening Ceremony and Introduction

Moderator:
Elsa Ramos Elias, Healing Spirit-Mind-Body S.L., Spain

Chairs:
Girish Momaya, Stichting Maharishi European Research University (MERU), Netherlands
John Downes, Life University, United States

09:00-09:40 — Keynote Session

Girish Momaya, Stichting Maharishi European Research University (MERU), Netherlands

Title: Pure consciousness and lifestyle practices in Ayurveda - Positive epigenetic transformations

09:40-10:20 — Keynote Session

John Downes, Life University, United States

Title: Functional integration of chiropractic into the traditional medicine paradigm

10:20-11:00 — Keynote Session

Sweta Vikram, NimmiLife, LLC, United States

Title: Grief without a funeral: How unresolved loss drives chronic illness

11:00-11:30

Coffee Break @Foyer | Group Photo

11:30-11:50 — Oral Session

Sonia Zadro, Bond University, Australia

Title: Is reiki more effective than placebo?

11:50-12:10 — Oral Session

Erin Maurer, Nuvia Association for Nutrition and Health, Switzerland

Title: Integrative nutrition therapies: A systems-level framework for chronic health conditions

IN-PERSON

Day 1 @Sitges

June 22, Monday

Central European Summer Time (CEST)

12:10-12:30 — Oral Session

Ashot Khachatryan, New Hydrogen Technologies RPC, Armenia

Title: Hydrogen medicine: A new direction in modern and alternative medicine

12:30-12:50 — Oral Session

Qilei Chen, Hong Kong Baptist University, China

Title: M2 macrophage-mediated targeted delivery of herbal medicines in Rheumatoid Arthritis (RA)

12:50-14:00

Lunch Break @Restaurant

14:00-14:20 — Oral Session

Sweta Vikram, NimmiLife, LLC, United States

Title: Burnout decoded: Ayurveda on stress, sleep, and emotional wellbeing

14:20-15:00 — Oral Session

Farah Ganjei Gron, New Life Homeopathy, Inc., United States

Title: The misunderstood individuals on the autism spectrum and how to help them with a multi-modality holistic process

15:00-15:20 — Oral Session

Kimber Olson, Juniper & Pine Consulting, LLC, United States

Title: Before polyvagal theory, there was ceremony: Why Indigenous regulation practices hold the keys to healing trauma, chronic pain, and collective wellness

15:20-15:40 — Oral Session

Khan Sanowber, GHER, France

Title: The theory of bioresonant energy transduction: Bridging quantum physics and traditional medicine

IN-PERSON

Day 1 @Sitges

June 22, Monday

Central European Summer Time (CEST)

15:40-16:00 — Oral Session

Yun-Seo Lim, Wooje Research Institute for Integrative Medicine, Republic of Korea

Title: Damjeok syndrome: A novel gastrointestinal disease based on Traditional Korean Medicine (TKM)

16:00-16:30

Coffee Break @Foyer

16:30-17:10 — Workshop Session

Elsa Ramos Elias, Healing Spirit-Mind-Body S.L., Spain

Title: Marma therapy: Reviving the subtle science of Ayurvedic vital points for modern healing

End of Day 1
In-person Sessions

VIRTUAL

Day 1 @Zoom Meeting

June 22, Monday

Central European Summer Time (CEST)

11:30-12:00 Introduction | AV Check

Moderator:
Selvan Senthil Kumar Nadar, Dr. Selvan's Homeopathy, India

Central European Summer Time (CEST)	Presenter's Local Country Time	
12:00-12:40	12:00-12:40	Keynote Session

Lothar Pirc, Maharishi Ayurveda, Germany

Title: Maharishi Ayurveda: Reviving the ancient science of life for modern healthcare - A consciousness-based approach to disease prevention, rejuvenation, and collective health

12:40-13:20	18:40-19:20	Keynote Session

Zhenhuan LIU, University of Chinese Medicine, China

Title: Painless scalp electroacupuncture therapy for autism spectrum disorder

13:20-14:00	13:20-14:00	Keynote Session

Bernd Blobel, University of Regensburg, Germany

Title: Enabling knowledge-driven communication and cooperation in intelligent and ethical transformed health ecosystems

14:00-14:40	14:00-14:40	Keynote Session

Robert Kempenich, AREMA, France

Title: Presentation of anthroposophic medicine

14:40-15:00	15:40-16:00	Oral Session

Krashenyuk Albert Ivanovich, Academy of Hirudotherapy, Russian Federation

Title: The SARS-CoV-2 virus pandemic has led to the development of a disease that should be called "COVID-19 – Post-COVID syndrome."

VIRTUAL

Day 1 @Zoom Meeting

June 22, Monday

Central European Summer Time (CEST)	Presenter's Local Country Time	
15:00-15:20	18:30-18:50	Oral Session

Anil Jahuri, Freelance, India

Title: Leveraging global standards to promote traditional medicine

15:20-15:40	18:50-19:10	Oral Session

Selvan Senthil Kumar Nadar, Dr. Selvan's Homeopathy, India

Title: Unexceptional results in homeopathy with evidence-based case presentation

15:40-16:00	19:10-19:30	Oral Session

Biswajit Dash, Govt. Ayurvedic College and Hospital, India

Title: An umbrella view on Abhyanga (Ayurvedic massage)

16:00-16:20	16:00-16:20	Oral Session

PH Mfengwana, Central University of Technology, South Africa

Title: The ethnobotanical path to patients: Translational challenges in biomedical innovation

16:20-16:40	16:20-16:40	Oral Session

Florent Pirot, Independent Researcher, France

Title: Interactions between internal α-radiation, pharmacological agents, and sister-chromatid exchanges: A mechanistic synthesis made with support from ChatGPT

16:40-17:00	10:40-11:00	Oral Session

Debrah Nadler, Alzheimer's Support, LLC, United States

Title: Bringing calm to chaos: Empowering caregivers through the Alzheimer's wake-up-the-brain process

VIRTUAL

Day 1 @Zoom Meeting

June 22, Monday

Central European Summer Time (CEST)	Presenter's Local Country Time	
17:00-17:20	11:00-11:20	Oral Session

Maria Fiordalisi, Helianthus Holistic Arts, Canada

Title: Holistic approaches to mental wellness: Bridging aromatherapy and Ayurveda

17:20-17:40	11:20-11:40	Oral Session

Sherry Steine, Aligned Expressions, United States

Title: Sacred synergy: Integrating therapeutic yoga and aromatherapy in traditional healing

17:40-18:00	08:40-09:00	Oral Session

Sy Wind, Concordia University, United States

Title: Sound and frequency changing reality

18:00-18:40	09:00-09:40	Keynote Session

Kenneth R. Pelletier, University of California School of Medicine, United States

Title: Change your genes - Change your life: Sorting the hope from hype of human longevity

18:40-19:20	06:40-07:20	Keynote Session

Mary Jo Bulbrook, Akamai University, United States

Title: Restore hope – Promote healing worldwide: Holistic family care to achieve wellness for all

End of Day 1

IN-PERSON

Day 2 @Sitges

June 23, Tuesday

Central European Summer Time (CEST)

08:50-09:00 Opening Remarks

Moderator:
Andrea Darsana, Darsana Medicina Ayurveda Integrativa, Spain

Chairs:
Angela Sanda Tudor, Romanian TCM Society, Romania
Laure Le Correller, Dr. & Master Sha Tao Academy, Canada

09:00-09:40 Keynote Session

Angela Sanda Tudor, Romanian TCM Society, Romania

Title: The importance of integrating Traditional Chinese Medicine (TCM) with conventional medicine in the diagnosis and treatment of physical and mental exhaustion due to excess or lack of professional activity

09:40-10:20 Keynote Session

Anton Keppel, EATCM-Austria, Austria

Title: The further development of frequency auriculomedicine

10:20-11:00 Keynote Session

Laure Le Correller, Dr. & Master Sha Tao Academy, Canada

Title: Shen medicine using Tao healing arts for chronic and life-threatening conditions

11:00-11:30

Coffee Break @Foyer

11:30-11:50 Oral Session

Margo Bachman, Wild Rose Medicine, United States

Title: Pattern-based Chinese herbal therapeutics in peri-menopause: Clinical applications & evidence-based medicine

11:50-12:10 Oral Session

Kimber Olson, Juniper & Pine Consulting, LLC, United States

Title: Inviting the sacred wound into circle: Re-storying an Indigenous mind-body medicine framework for healing

IN-PERSON

Day 2 @Sitges

June 23, Tuesday

Central European Summer Time (CEST)

12:10-12:30 — Oral Session

Ushakiran Sisodia, Jaslok Hospital Research Centre, India

Title: Use of traditional medicine and lifestyle modifications versus not counting calories for weight loss gets 100% results

12:30-12:50 — Oral Session

Raphael Aparecido Geraldin Pedroso, Colégio Brasileiro De Osteopatia (CBO), Brazil

Title: Effect of upper cervical, diaphragm, pelvis and foot manipulative techniques in the treatment of nonspecific low back pain: A pilot study

12:50-14:00

Lunch Break @Restaurant

14:00-14:20 — Oral Session

Andrea Darsana, Darsana Medicina Ayurveda Integrativa, Spain

Title: Ayurvedic monodiet as a microbiota-modulating strategy: Bridging traditional medicine and modern integrative science

14:20-14:40 — Oral Session

Moya Xu, Zhejiang University, China

Title: An exploratory study of Chinese calligraphy handwriting on rumination for female psychosomatic symptoms

14:40-15:00 — Oral Session

Cheng Chen, Zhejiang University, China

Title: Virtual nature promotes stress recovery and attention restoration: Psychological and physiological evidence from the Trier Social Stress Test (TSST)

15:00-15:30 — Oral Session

Anita Vestal, T'ai Chi Chih Research Group, United States
Adam Lacey, International T'ai Chi Chih Foundation, United Kingdom

Title: Open demonstration of T'ai Chi Chih and report of research linking the practice to mind body health

IN-PERSON

Day 2 @Sitges

June 23, Tuesday

Central European Summer Time (CEST)

15:30-16:00

Coffee Break | Poster Sessions @Foyer

PP1 — Poster Session

Adam Lacey, International T'ai Chi Chih Foundation, United Kingdom

Title: Associations between mindfulness and T'ai Chi Chih: Results of mixed methods observational study

PP2 — Poster Session

Lucero Del Mar Ruiz Posadas, Colegio de Postgraduados, Mexico

Title: Plant species with potential inhibitory activity against snake venom toxins

PP3 — Poster Session

M.C. Ivonne Pérez Bautista, Colegio de Postgraduados, Mexico

Title: Antimicrobial potential of extracts of five medicinal plants of central Mexico

16:00-16:40

Workshop Session

Sweta Vikram, NimmiLife, LLC, United States

Title: From overwhelm to regulation: Ayurvedic strategies for anxiety relief

16:40-17:20

Workshop Session

Edith Guba, Dao Yuan Schule für Qigong, Germany

Title: What is Qi?

End of Day 2
In-person Sessions

VIRTUAL

Day 2 @Zoom Meeting

June 23, Tuesday

Central European Summer Time (CEST)

11:30-12:00 AV Check

Moderator:
Anandi Ravinath, Inner Light Foundation, India

Central European Summer Time (CEST)	Presenter's Local Country Time	
12:00-12:40	20:00-20:40	Keynote Session

Martine Negro, Nature Care College, Australia

Title: Healing beyond borders: A holistic approach to human and planetary health

12:40-13:20	14:40-15:20	Keynote Session

Sunita Teckchand, The Holistic Alternatives FZ LLC, United Arab Emirates

Title: Fibromyalgia – The role of aromatherapy and alternative medicine

13:20-13:40	07:20-07:40	Oral Session

Carmen Catalano, Carmen Ciarcia, LLC, United States

Title: Mitigating the negative effects of MTHFR polymorphisms C677T & A1298C using the principles of the preservation of Jing according to TCM

13:40-14:00	19:40-20:00	Oral Session

Hong Mei, China Academy of Chinese Medical Sciences, China

Title: A study on the principles and framework for translating traditional medicine terminology

14:00-14:20	20:00-20:20	Oral Session

Chenchen Sun, China Institute for History of Medicine and Medical Literature, China Academy of Chinese Medical Sciences, China

Title: Bawraq Armani in the Huihui Yaofang: Provenance labels and material identity in a silk road ophthalmic prescription

14:20-14:40	13:20-13:40	Oral Session

Andy Patterson, The Hippocratic Institute, United Kingdom

Title: Artificial Intelligence (AI) in nutrigenetics

VIRTUAL

Day 2 @Zoom Meeting

June 23, Tuesday

Central European Summer Time (CEST)	Presenter's Local Country Time	
14:40-15:00	18:10-18:30	Oral Session

Anandi Ravinath, Inner Light Foundation, India

Title: Journey into mind- DNA - Consciousness

15:00-15:20	18:30-18:50	Oral Session

Amrita Sharma, GRDU, India

Title: Mantra Chikitsa and vibrational medicine: Reintegrating Ayurvedic sound therapy into contemporary biomedical science

15:20-16:00	16:20-17:00	Workshop Session

Tarek Hanfy Mahmoud, Deraya University, Egypt

Title: Impact of wet cupping therapy (Al-Hijamah) on hyperuricemia in hypertension patients

16:00-16:20	10:00-10:20	Oral Session

Julieta Andico Songco, JAS Consulting Services, United States

Title: Food nutrition and diet in traditional medicine and integrative health

16:20-16:40	10:20-10:40	Oral Session

Christina Barea, 5 Phases Health Center, United States

Title: Beyond the diagnosis: Reclaiming autonomy in chronic illness through targeted Qigong and physical conditioning

16:40-17:00	10:40-11:00	Oral Session

Cécile Ellert, Subtil Academy, United States

Title: Essential oils, meridians & quantum fields: The future of aromatherapy was always ancient

VIRTUAL

Day 2 @Zoom Meeting

June 23, Tuesday

Central European Summer Time (CEST)	Presenter's Local Country Time	
17:00-17:20	08:00-08:20	Oral Session

Shaweta Vasudeva, ShayTheCoach Acupuncture, United States

Title: Therapeutic benefits of auricular acupuncture for substance use disorders

17:20-18:00	11:20-12:00	Workshop Session

Alexis Brink, Director of Jin Shin Institute, United States

Title: The core – Principles and practical applications in the art of Jin Shin

18:00-18:40	12:00-12:40	Keynote Session

Kevin KF Ng, MD Natural Care LLC, United States

Title: Rationale for an adaptogenic diet

18:40-19:20	09:40-10:20	Keynote Session

Gene Bruno, Nutraland, United States

Title: Akkermansia muciniphila 001 (AKK001™) postbiotic for body morphology and metabolic indicators in an overweight population: A randomized, controlled trial

19:20-20:00	13:20-14:00	Keynote Session

Mary Elizabeth Wakefield, Chi-Akra Center for Ageless Aging, United States

Title: An introduction to alchemical facial acupuncture: "Sparking the Shen"

End of Day 2

IN-PERSON

Day 3 @Sitges

June 24, Wednesday

Central European Summer Time (CEST)

08:50-09:00 Opening Remarks

Moderators:
Laura C Ramirez Carrion, Vive Feliz by Laura, Spain
Shubham S. Shete, Svatol Ayurveda Healthcare and Research Foundation, India

Chair:
Bruno Renzi, Maharishi College for Perfect Health International, Netherlands

09:00-09:40 Keynote Session

Bruno Renzi, Maharishi College for Perfect Health International, Netherlands

Title: The mind in Maharishi Ayurveda

09:40-10:20 Keynote Session

Shu-Yuan Chen, China Medical University, Taiwan

Title: The convergence of traditional I Ching studies and modern predictive medicine: From fate hexagrams to life cycle for early warning of disease risk

10:20-11:00 Workshop Session

Elsa Ramos Elias, Healing Spirit-Mind-Body S.L., Spain

Title: Rebuilding after heartbreak: A structured Ayurvedic approach

11:00-11:30

Coffee Break @Foyer

11:30-11:50 Oral Session

Katia Dolle, Fundación Katia Dolle, Spain

Title: Reduction in the severity of Autism Spectrum Disorder (ASD) with the Katia Dolle Method®: A retrospective cross-sectional study

11:50-12:20 Oral Session

Marian Mulligan, CEO Sphenoid Ireland, Ireland

Title: Structural alignment, cellular repair, and electromagnetic interaction in treatment of violence, suicide and homicide prevention

IN-PERSON

Day 3 @Sitges

June 24, Wednesday

Central European Summer Time (CEST)

12:20-12:40 — Oral Session

Narinder Kumar, Vaid Meehmal Ayurveda Panchkarma Center, India

Title: Clinical prescription for chronic kidney disease in Ayurveda

12:40-13:00 — Oral Session

Laura C. Ramirez Carrion, Vive Feliz by Laura, Spain

Title: From stars to flowers: Healing the self through natal chart and Bach Flower therapy

13:00-14:00

Lunch Break @Restaurant

14:00-14:20 — Oral Session

Victoria Fernández, Asociación Raíces Toletvm MTZ, Spain

Title: Ancestral medicine in modern times: The living wisdom of the Zenù people and its physical-spiritual healing system

14:20-14:40 — Oral Session

Adrijana Todeska, Qi Holistic, Skopje, Republic of North Macedonia

Title: Combination of acupuncture, moxibustion and breathing techniques against panic attacks and anxiety

14:40-15:00 — Oral Session

Reshma Shettigar, Yenepoya Ayurveda Medical College & Hospital, India

Title: Comparative impact of classical shodhana procedures on the phytochemical profile and anticancer potential of *Semecarpus anacardium* against MCF-7 breast cancer cells

15:00-15:20 — Oral Session

Aditi Bhinda, Dr. Madan Pratap Khutenta Homoeopathic Medical College, Hospital and Research Centre, India

Title: Homoeopathic treatment of lichen simplex chronicus (LSC): A case report

IN-PERSON

Day 3 @Sitges

Central European Summer Time (CEST)

June 24, Wednesday

15:20-15:40 — Oral Session

Shubham S. Shete, Svatol Ayurveda Healthcare and Research Foundation, India

Title: An integrative approach in achieving physical, mental and spiritual wellness

15:40-16:10

Coffee Break @Foyer

End of Day 3
In-person Sessions

VIRTUAL

Day 3 @Zoom Meeting

June 24, Wednesday

Central European Summer Time (CEST)

11:30-12:00 AV Check

Moderator:
Mangala Kotnis, Consultant, India

Central European Summer Time (CEST)	Presenter's Local Country Time	
12:00-12:40	12:00-12:40	Keynote Session

Amadio Bianchi, European Yoga Federation, Italy

Title: Health in our current civilization

12:40-13:20	12:40-13:20	Keynote Session

Elizabeta Popova Ramova, MIT University Skopje, Republic of North Macedonia

Title: Treatment with Pneumo massage-cupping as evidence-based medicine therapy

13:20-14:00	14:20-15:00	Keynote Session

Iuliana Vintila, University "Dunarea de Jos" Galati, Romania

Title: Harmonization of nutrition claims in medical catering

14:00-14:40	16:00-16:40	Keynote Session

Mohammad Kamil, Lotus Holistic Health Institute, United Arab Emirates

Title: Role of natural products in obesity prevention – pros and cons

14:40-15:00	18:10-18:30	Oral Session

Jayashree Vinay Joshi, Kasturba Integrative Health Sciences-Medical Research Foundation (KIHS-MRF), India

Title: Integrative research in selected areas of women's infections and nutrition

VIRTUAL

Day 3 @Zoom Meeting

June 24, Wednesday

Central European Summer Time (CEST)	Presenter's Local Country Time	
15:00-15:20	18:30-18:50	Oral Session

Prashant Sakharam Bhokardankar, Datta Meghe Ayurvedic Medical College Hospital and Research Centre, India

Title: Ayurveda and regenerative medicine: Bridging tradition with innovation

15:20-15:40	18:50-19:10	Oral Session

Mangala Kotnis, Consultant, India

Title: Ayurvedic nutrition: The prescriptive science of food as medicine

15:40-16:00	15:40-16:00	Oral Session

Dijeng Euginiah Rampana-Moleleki, Central University of Technology, Free State, South Africa

Title: Cell cycle arrest and apoptosis induced by Searsia rehmanniana extracts in DU145 prostate cancer cells

16:00-16:20	15:00-15:20	Oral Session

Izabella Natrins, UK & International Health Coaching Association, United Kingdom

Title: From wisdom to action: Whole health and wellbeing coaching as a catalyst for integrative health in traditional medicine

16:20-16:40	10:20-10:40	Oral Session

Tse Wing Sze Dorothy, Boston University, United States

Title: Reflections on current perceptions of the five-element musical-affective philosophy: A call to re-evaluate the essence of the human body and colonialism in research methodology

16:40-17:00	08:40-09:00	Oral Session

Gwendolynn Diaz, California College of Ayurveda, United States

Title: The origins theory: An 8-layer integrative Ayurvedic framework for Rajonivrutti (menopause) and root sovereignty

VIRTUAL

Day 3 @Zoom Meeting

June 24, Wednesday

Central European Summer Time (CEST)	Presenter's Local Country Time	
17:00-17:20	11:00-11:20	Oral Session

Cloe Couturier, CranioSacralQigong, United States

Title: Bridging vital rhythms: The primary respiratory mechanism in cranial osteopathy and its parallels in Qigong practices

17:20-17:40	11:20-11:40	Oral Session

Lyani Powers, Modern Herbal Academy, United States

Title: Rooted: Herbs for pregnancy & postpartum

17:40-18:00	12:40-13:00	Oral Session

Maurgan LeBlanc, RAND Research Institute, Canada

Title: Clinical outcomes of integrative acupuncture and phototherapy on treatment-resistant vitiligo: A case report

18:00-18:20	09:00-09:20	Oral Session

Angela Romero, Ground Roots Health Collective, United States

Title: The emotional load women carry and its impact on the body: From survival mode to balance

18:20-18:40	09:20-09:40	Oral Session

Narissa Young, Sea of Sound, Canada

Title: Vibroacoustic therapy: Integrating sound, science, and traditional healing

18:40-19:10	09:40-10:10	Oral Session

Veronica Pereira, Rising with V, United States

Title: The missing link to unlock the body's innate intelligence to heal

VIRTUAL

Day 3 @Zoom Meeting

June 24, Wednesday

Central European Summer Time (CEST)	Presenter's Local Country Time	
19:10-19:30	09:10-09:30	Oral Session

Cynthia Husted, Science and Spirit Institute, United States

Title: The integration of Tibetan and functional medicines with applications to the clinical care and research of neurological disorders

19:30-19:50	13:30-13:50	Oral Session

Harpinder Kaur Bhohi, Komal Herbals, Inc., United States

Title: Mind, dosha, and the modern epidemic: An Ayurvedic framework for stress management and mental wellbeing in contemporary practice

Important Note

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When the program refers to Local Timings, it means the time mentioned is in the time zone of the presenter's country.

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Please remain accessible in the hall or on Zoom throughout the day as there may be minor program adjustments due to technical issues or presenter no-shows.

End Note

Notes

Notes

WE WISH TO MEET YOU AGAIN AT OUR UPCOMING EVENTS

10th Edition of International Conference on
Traditional Medicine and Integrative Health
June 2027 | Hybrid Event
https://traditionalmedicineconference.com/

BARCELONA SPAIN

Questions? Contact
Phone: +1 (702) 988-2320 | Whatsapp: +1 (434) 264-7183
E-mail: traditional-med@magnusconference.com