

Certificate Basic Training 2018 - 2019
Energy Therapy – Choose Health Mentor
Offered through Energy Medicine Partnerships

SET A NEW
DIRECTION
CHOOSE
HEALTH
INITIATIVE



Energy Therapy Training
Heart Centered Learning
Bridging Spirituality and Health

Program Applications:

Dr. Mary Jo Bulbrook,
Program Director

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Background of Need: The Certificate in Energy Therapy Choose Health Mentorship Training was conceived as an outgrowth of the need to work with those struggling with addictions to drugs, alcohol or substance abuse including those who have been in prison. There is a need to know how to reach this population and assist them to set a new direction for their life using knowledge, support and mentorship in a holistic family oriented natural environment to make healthy choices, breaking from limiting beliefs and energetic patterns from grouping up in compromised situations that limited healthy choices.

Program Goal: The goal is to create a viable culturally or need specific program to address unique demands on those individuals desiring health through providing support, care and help in an international or local setting to achieve peace within and without.



Program Designer: Dr. Mary Jo Bulbrook, RN, EdD, CEMP/S/I, HTCP, HTI

Dr. Bulbrook is uniquely qualified to serve in this role due to her lifetime commitment as a dedicated university academic with over 50+ years in Higher Education.

She is a master teacher / practitioner with ground theory research in energy therapies, psychotherapy and a family approach to care. Her journey includes offering expert knowledge, experience and skills teaching a range of energy therapies addressing diverse compromised health situations from cancer care, heart disease, aging, care of children and a range of life threatening illness in multiple countries. These countries include Australia, New Zealand, Peru, Chile, South Africa, Canada and throughout the USA since 1967.

She served in a significant role in the spread of HT in North America as well as the other countries from the original program that Janet Mentgen created and launched in Denver CO, USA.



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Transform Your Life™ Energy Medicine

Her training as an Energy Medicine Practitioner and Specialist in the Bulbrook method of Transform Your Life through Energy Medicine has been taught throughout the US and Canada, Australia, New Zealand, Peru, Chile and South Africa with trained instructors and practitioners in those countries.

The training includes working with health care professionals in various practice settings, hospital, other organizations and universities.

Program Structure The basic programs include three days of training in clearing the self, healing wounds and changing limiting beliefs. The advanced program includes healing relationships and reshaping family energy patterns of three days for a total of 6 days of training with mentorship in applying the concepts learned, demonstrated, and practiced.

At the end of each three-day training a certificate of achievement will be awarded for those who successfully meet the criteria and demonstrate mastering the content with available mentorship throughout the process.

The titles awarded are: Certificate in Basic Energy Therapy – Choose Health Mentor and Certificate in Advanced Energy Therapy – Choose Health Mentor.

Opportunities exist to move into the role of Energy Therapy – Choose Health Coach, Clinician, Practitioner, Specialist and Instructor with additional training and supervision.

Program Requirements & Opportunities: This new pathway was spiritually conceived to serve a need for select populations. Choose Health Mentor is designed to support those in need to find a new direction for their life and “Choose Health”.



The program is housed under Energy Medicine Partnerships headquarters at 3211 Gibson Road, Durham, NC 27703.

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