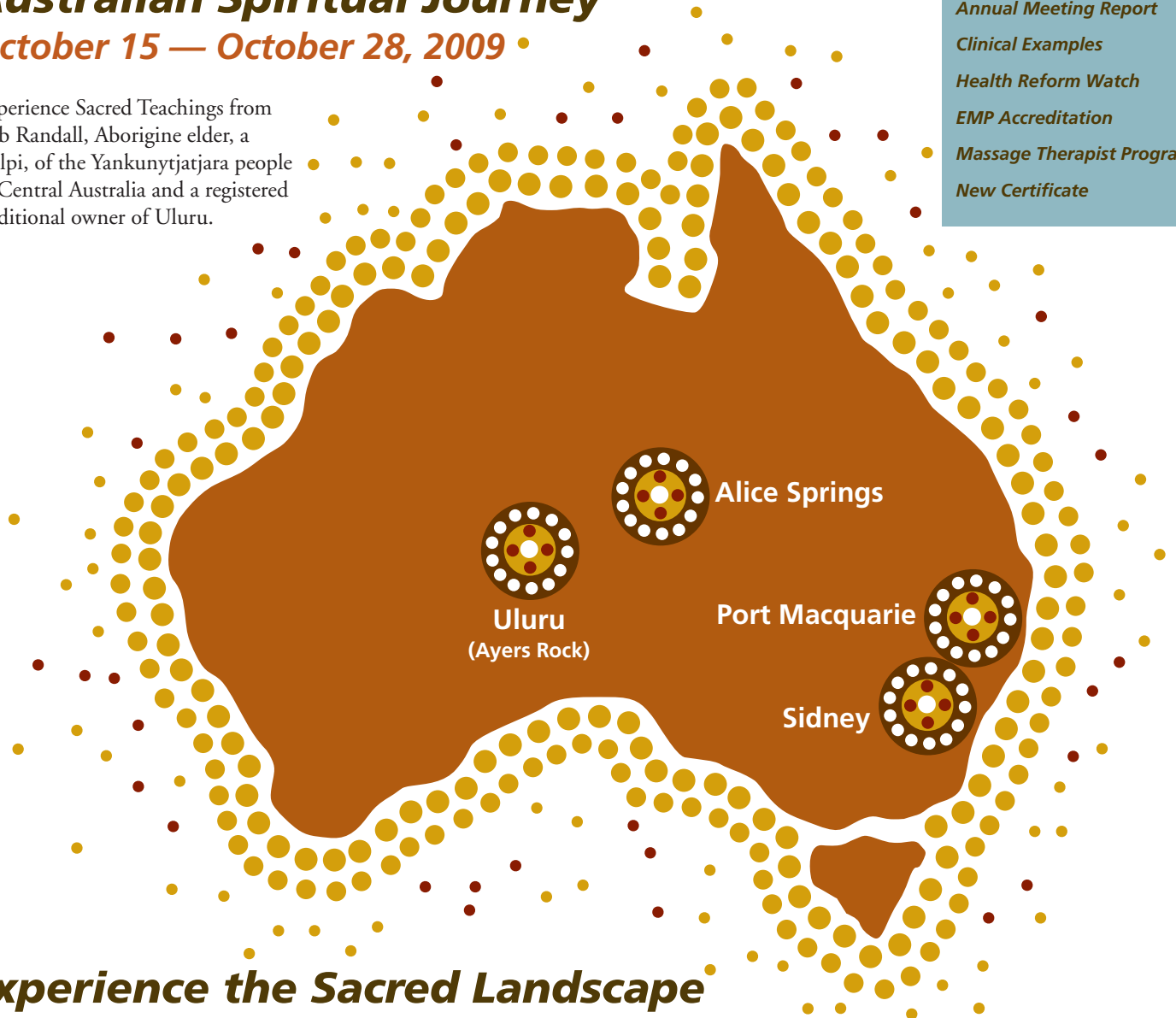




Australian Spiritual Journey **October 15 — October 28, 2009**

Experience Sacred Teachings from Bob Randall, Aborigine elder, a Tjilpi, of the Yankunytjatjara people of Central Australia and a registered traditional owner of Uluru.

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Experience the Sacred Landscape

October 13 – 15, 2009
Travel to Port Macquarie, NSW, Australia. Arrive October 15th (becomes the next day as you cross over the international dateline)

October 16 – 20, 2009
Energy Medicine Partnerships Australia Conference, Port Macquarie, NSW – Rain forest on the Pacific Ocean

October 21 – 27, 2009
Central Australian Tour

October 28 – November 1, 2009
Optional New Zealand Spiritual Tour





EMP US Annual Meeting Report

The EMP Annual Meeting held in Durham, North Carolina was a gathering of hearts forming a nucleus of love and light holding the EMP family and community together for growing and changing.

The Triangle Holistic Center new teaching room was officially launched at this event helping to anchor the energies for the permanent headquarters of Energy Medicine Partnerships.

A highlight of the meeting was the announcement that EMP is now an official provider of Continuing Education by the National Certification Board for Therapeutic Massage and Bodywork. Thanks to Katlin Hecox and Teresa Robinette for their help and support in making this event happen. Please inform your membership as this is now retrospective for the prior two years for massage therapist to use in their renewal for licensure.



This year, 2009 marks the launching of the EMP award with the first blue flame going to Sister Barbara Cavanaugh, Mercy Sister responsible for the launching of TYLEM in Peru serving the poor and supporting our humanitarian mission. Cynthia Atkinson, Portland, ME was awarded the EMP blue flame for her dedication and support of practitioners in training and the advanced chakra theory. The third blue flame went to Suzanne Eismann for all of our graphic support, especially this newsletter. The community applauded their contributions and showered them with appreciation. Let us continue to remember each other with love.

Lucrezia Mangione will provide the Health Watch column for our community. She will keep us informed on what is happening in Washington, DC that impacts health and healing in the United States. Lucrezia lives part time in DC and gave an excellent report on the inauguration of Barack Obama as President of USA. This historical event marks the changing of the guard in which complementary therapies can come to the forefront making history and progress to peace and health reform. Thank you Lucretia for offering to share your knowledge and experience in this way.

The EMP 2009 annual meeting



Journey with us
March 12-15, 2009
Durham, NC

The journey for multi-dimensional growth and change

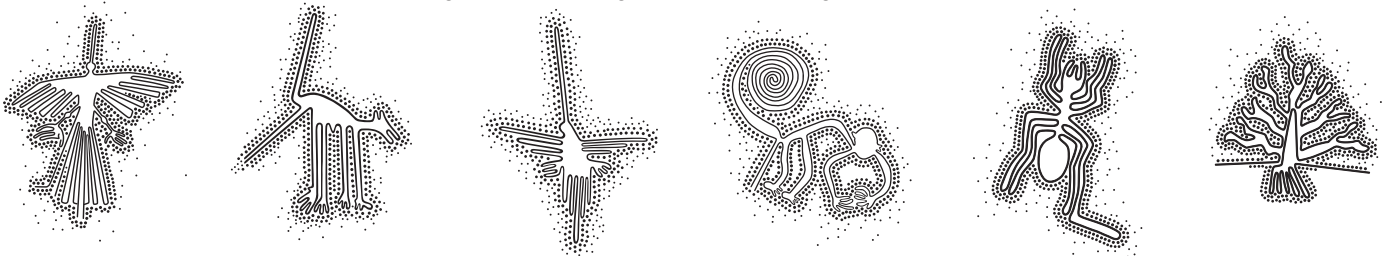


Three distinguished speakers spoke to the theme of this year's conference addressing the Healing Power of Plants, Animals and Nature. Their expertise expanded the philosophy

of EMP and the TYLEM program to identify the ONENESS of all things. Craig Pattinson, renowned Australia architect presented Creative Designs for Living, Healing and Working that serves as the corner stone of his building projects. Dr. Ellen Kaye Gehrke from California shared her research using the HeartMath system capturing the essence of relationship between horses and humans. Karen Terwillinger from Virginia addressed the larger picture of Caring for our Natural Resources: Ecosystem Balance and Sustainability. These three diverse presentations underscored the energetic considerations to Transform the World is through balance with nature, plants, trees, animals and humans creating a lively discussion and implications for our work.

The ending ceremony had five elements for transformation and change: clearing negative energies — by Judy Aufenthie, Lacrosse, WI, using the large black condor feather from Peru; cutting of ties that bind with the crystal sword — performed by Craig Pattinson, Port Macquarie, NSW; the blessing with the sacred ash, gifted through the Sai Mai community of Sai Baba, placed on the forehead of each person by Dan Trollinger; the feather blessing done by Cynthia Atkinson using the sacred condor feathers fan from Peru, wearing the sacred robe gifted to Mary Jo from Rose Pere — a special message for each person given in ritual and ceremony. Mary Jo did a reading for each person from the Nasca figures. To complete the circle, others shared in the different roles so that the sacred objects integrity would be preserved and carried on by others in ceremony launching the unique features of the EMP community worldwide that does not depend on one person rather is a group effort surrounded by those who choose to be part of the leadership team.

Nasca figures embellish the glass doors of the Triangle Holistic Center





Clinical Examples of Spontaneous Guided Healing

This intervention was Divinely inspired through an unexpected surprise phone call from one of the EMP faculty who inadvertently called the EMP office on her cell when she thought that she was returning a phone call to EMP. Dan nor I had called her. She reported she was at the hospital with her father who was having complications from previous work done. Below find the story as it has unfolded. It is used with permission. The identity of the client is protected as to why the faculty is not identified by name.

Happy Easter to you! Thank you Mary Jo for your guidance in doing energy work with my Dad. First of all, having my phone beep and your number come up must have been Divine intervention! I was waiting for a call from the oncology nurse and just pressed the button to return the call without really looking at it. I was so surprised to have Dan answer the phone and say neither of you had called me! It was the right call at the right time, but I can't explain how that happened!

Before I did the treatment you directed, my dad had been given an antibody protein for liver cancer. He had an anaphylactic reaction with cardiac arrest. He needed total respiratory and cardiac support in the ICU for 4 days. When he woke, his platelet count (for clotting) had gone dangerously low from 200,000 to 87,000. He could not stand unassisted, could not walk, spoke unintelligible, couldn't keep his upper dentures in when he ate, needed to be fed...then some how your number beeped on my phone!

I did the treatment you directed. I held over the heart between the first and second level of the field until it was balanced. I cleared the entire field between the first and second layer while setting the intention for the platelets to heal and regenerate, held his heels in my hands with my fingers pointing down to drain the toxins, then did an energy drain and replenishment. The session lasted about 1.5 hours. WOW! Dad fell asleep during the treatment.

When he awoke...

- He was speaking clearly,
- He could stand and walk with little assistance,
- He could feed himself
- His teeth stayed in
- The next day his platelet count had started to come up!

Two days later I took him home!

Mary Jo, Thank you so much for your guidance and support.

With love,

Cellular Healing through TYLEM

Purpose:

Promotes realignment of the cellular energetic grid to support return to health.

Procedure:

After centering and setting the healing intention — the client is lying down or feet supported in the healers lap while client is seated in a chair. Hold the heels of the feet with your finger tips pointing down to the earth. Continue to hold until the energy pulses and sends lines of energy up the back of the whole body, reenergizing the cells and energetic flow on the back of the body. Then place four finger tips on the soles of the feet at the base of the toes on both feet and send energy through the fingertips as lasing. Continue to hold until the energy pulses and sends lines of energy up the front of the whole body, reenergizes the front of the body in the same way as in the back of the body and completes the circuit. Optional – close with Chakra Blessing.

This modification of the previously channel spontaneous healing for one of the faculty's father has been used for several days now with great success of promoting cellular healing. I invite you to practice it and give me feedback how you use it – for what conditions and how the client responds.

The report from those I have used with is that they can feel the flow of energy in the body both on the front and the back of the body. It seems to need advanced healers who are able to reach high levels to access another source of energy flow in the body. I will update this with you as we collect more information.

Blessings on each of you and your work.

Mary Jo



Water Lily (*nymphaea*)

Symbolizes an openness to new opportunities for health, healing and spiritual growth.

EMP Worldwide
3211 Gibson Road
Durham, NC
27703-4766 USA



Spiritual Greetings



Blessings for You

In the Northern Hemisphere we are in beginnings of spring with lots of flowers and trees budding and blooming depending on the location — up North spring is starting, in the Middle of the United States we are in full bloom and in the South things are further along while in the Southern Hemisphere things begin to unwind and move into winter.



Notice how we are influenced by nature where we live – we are supported, nurtured and encouraged to grow with the seasons. There is a time and place for all things in the natural order of life.

Pay attention to where you are in the season of your life – beginning to bloom, full bloom, letting go or entering hibernation to regroup. These stages are part of the cycle of all things. For each stage we need different things to deal with what life has to offer.

Be gentle with yourself. Honor the stage you are in. Be one with nature to embrace divine order and growth.

Love yourself as well as others. Forgive yourself as well as others. Be one with Spirit.

Hold those intentions in your heart and manifest through the seasons of life.

With love and blessings,
Mary Jo
Founder & Director
Transform Your Life through Energy Medicine

Post AU Conference and Tour October 28—November 1, 2009 New Zealand Spiritual Tour

Ancient Wisdom – Maori Traditions

Rose will tune in with our community as we are journeying in Australia. Then those who are able to connect in person with Rose will journey to her home at the southeast of the North Island of New Zealand.

Experiencing the pulse of New Zealand is magical as we walk the path of those in alignment with Divine Mother and Divine Father.



Dr. Rangimarie Rose Pere
Maori Tohuna, New Zealand

Partnerships With Horses

EMPH



June 13-14

9:00 am – 5:00 pm

Ramona, CA

(San Diego area)

Host and Horse Sage:

Ellen Kaye Gehrke &
Shelly Martin

Rolling Horse Ranch
760.788.8388

ellen@rollinghorse.com for
directions and accommodations
please contact Ellen directly.

No horse experience is necessary.
Programs are conducted on the ground.

Launching of Energy Medicine Partnerships with Horses was offered in Sebastopol, CA by Dr. Ellen Kaye Gehrke and Dr. Mary Jo Bulbrook. In a full Equestrian arena with magnificent horses as teachers the group was transformed to a new way of being in relationships. The flow of energy had full range of emotions that impacted everyone both in consciousness and out of consciousness. There was an invitation to repeat the offering and request to offer the TYLEM program as the participants witnessed the potential impact of the work within and without. We did sculpting with horses to hear the personal message for each person led by Mary Jo. Ellen illustrated the power of horse sensitivity to the needs of participants and how to notice that the horses fulfilled this sacred role as healers. This is a new EMP program to attend and offer in your community. ■



Health Reform Watch

Do you aspire to a holistic view, transforming suffering and manifesting health and well-being for yourself as well as your clients/patients? Many integrative health practitioners do. Whatever their training is, the attitude and application of holism has been growing steadily for several decades. It is gaining a momentum across the country and it appears it is positively impacting our government.



Lucrezia Mangione

As EMP practitioners we are also practitioners of integrative health. We, along with our fellow colleagues, are transitioning to the next level of “integrative”. Our healthcare industry, aka the sick-care industry, appears to be at the beginning of transforming into a well-care industry. Will it actually happen? That answer is still over the horizon.

Shall we watch the horizon? Why not. This *Health Reform Watch* column is simply about that. The intention is to share current information of value concerning the transformation of health care as it continues to shift and change. Hopefully it will move towards a more integrative model and, dare I say it, potential wholeness.

I had an provocative experience recently in Washington DC that I shared with others at the 2009 EMP Conference’s Day of Renewal in Durham, NC. As a result this column was born. I am learning about changes that are afoot within our healthcare industry. I’d like to share more and invite you to share, too. Let’s have an open and ongoing dialogue around this so that we can strengthen our professional development and our community.

On February 25-27, 2009, I attended a conference where I got a clear view into what’s manifesting and re-forming the current health system and sick-care model. Six hundred health professionals joined together for a lively discussion on many topics at the Integrative Medicine (IOM) and the Health of the Public at the Institute of Medicine and Bravewell Collaborative’s Summit in Washington D.C. It was a thought provoking and collaborative experience where I was sincerely surprised to be among peers.

To be honest, there were more questions than answers and there was a lot of information but it was a rich experience filled with possibilities. I’ll speak to a few points that stood out for me.

This is what I learned: **“person-centered care” is the new model for health.**

Because of the efforts of CAM practitioners and their holistic work over the years, the new model emerging for health care is a shift to “patient centered care” or “person-centered care”. The individual is returned to the center of the healthcare wheel and s/he is the hub around which all else happens.

As EMP practitioners we are already practicing “person-centered care”. In the larger health model that we’re a part of, this shift is slowly occurring and there are models that are working already. The Bravewell Foundation, a philanthropic organization, highlights eight integrative centers that are a part of Bravewell Clinical Network. See the link below.

In the meantime, business is the force driving the shift into well-care. Employee wellness centers are arising within large companies. Why? Because the return on investing in an employee’s wellness is significant: employees perform better. There are studies that prove meditation, fitness and health coaching are helping in “presenteeism: be here now” as Dr. Kenneth Pelletier puts it. Businesses are bringing about the person/patient centered care and self-care empowerment. See this article on Medtronic: http://www.medtronic.com/Newsroom/NewsReleaseDetails.do?itemId=1168276764363&lang=nl_NL

This is what I realized: **Integrative practitioners are on the same page.**

In the cross section of specialties at this conference, I realized that medical doctors to homeopaths to naturopathic doctors/dentists to healing touch practitioners to coaches, and the variety of certified practitioners in between, are on the same page. This is a pivotal time in healthcare history and there is a genuine, sincere desire to collaborate and work together as a health care collective.

At the practical level we will continue to do what we as individual practitioners do naturally. And we’ll continue to reach out, network and collaborate to work together in bringing about individualized help to our client/patient.

On a larger scale some collaborative models are in existence. They are not the only solution but an example of what’s possible. Take a look at the Bravewell Clinical Network. As mentioned earlier, they have eight centers that deliver integrative care. http://www.bravewell.org/patient_empowerment/bravewell_clinical_network/.

This is what I heard: **There are many challenges.**

Some of them are:

- How can the broken healthcare model be healed?
- How can energy modalities receive reimbursement?
- Most doctors are reluctant to refer out.
- Doctors are educated in being territorial and receiving rewards for accomplishments.
- Evidence based research is necessary for CAM modalities to be proven safe and effective, however, the same evidentiary scientific focus is not applied to much of allopathic, conventional medicine: a double standard exists.
- How are behavioral and lifestyle changes encouraged?

- The insurance model has a focus on sick care rather than providing incentives for wellness.
- How do we include the non-licensed health professional?
- How do we change the language and vocabulary of health?
- What is the public's perception of integrative medicine?

This is my A-HA! moment: **We are the answer we've been waiting for.**

We, as CAM practitioners, are a part of a quiet revolution comprised of many health care professionals who are "the answer". Every person in that room and those "integrative" individuals who were unable to come are the leaders in the integrative health and healthcare reform.

There are no answers "out there". We are, in fact, the answer and solution we've been waiting for. There is no one else but us to effect the changes necessary in policy and in the day-to-day practical application of our – "person/patient-centered work". I feel most practitioners will continue to dissolve the barriers between our colleagues and ourselves simply because working together helps us do what we do best – we help others on their road to greater wellbeing. Additionally, perhaps we'll consider "kicking it up a notch" and offer our voice to effect healthy policy changes at a local, state and/or national level.

This is what I see: **A sea change is occurring.**

The most telling example of the sea change that we are all a part of is the language. Throughout the conference it was suggested frequently that we use the language of inclusion respecting the integrative practitioners who are not medical doctors.

Instead of using "integrative medicine" the suggestion was "integrative healthcare" or "integrative health".

EMP Accreditation Update

In April EMP continues as Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation for three more years.

In March, 2009 EMP became an official provider of Continuing Education by the National Certification Board for Therapeutic Massage and Bodywork. Thanks to Katlin Hecox and Teresa Robinette for their help and support in making this happen. Please inform your class participants of the TYLEM courses, as this is now retrospective for the prior two years for massage therapist to use in their renewal for licensure. We will be launching a campaign informing people of this event as well as introducing our EM for Massage Therapist program as well. You will hear more about this as we get further progress happening on this!

EMP designed new certificates that have this information on it so that you can use these for classes from now on. I am very pleased to announce this expansion in recognition of our training programs.

Thanks to all of you for helping to make this happen.

By the middle of the conference many presenters began using the words "integrative health" or "integrative healthcare".

Senator Tom Harkin made a note of it during his talk stating he may consider renaming his foundation to include the words "integrative health" or "integrative health care".

The conference ended with Ralph Synderman of Duke University asking the Institute of Medicine to consider changing their name from the Institute of Medicine to the Institute of Integrative Health.

Healthcare is the nexus of many paths that are creating a sea change of something positive but the final result(s) is still unseen. It's over the horizon. How will it affect family, our community, our nation and us? I don't know.

I do know that we, as EMP practitioners and integrative practitioners, are a part of this deep healing and return to balance as health care re-forms itself into something better. I look forward to an open, ongoing dialogue and sharing information with you so that together, collaboratively, we can continue to manifest health and well-being.

Interested in listening to the IOM conference? Go to the IOM website <http://www.iom.edu/> to watch the taped conference.

The direct link is:

<http://instituteofmedicine.org/CMS/28312/52555/59924.aspx> .

Lucrezia Mangione invites you to cultivate optimum health and unleash wellness as your lifestyle. As a Health Coach, Healing Touch Instructor/Practitioner and Shiatsu Bodyworker she helps individuals and groups, like you, to access, reconnect and restore balance. Join her mailing list and learn more by visiting www.HandcraftedHealth.net where health is a creative journey handcrafted by you. ■

Energy Medicine Partnerships Inc. has satisfied all of the criteria put forth by the National Certification Board for Therapeutic Massage & Bodywork and is hereby awarded the designation of Approved Provider for Continuing Education. Approved Provider Number **450986-09**

Energy Medicine Partnerships School of Energy Medicine preparing Energy Medicine Practitioners and Specialists has been added to the list of recognized programs effective August 19, 2008 through the Natural Health Practitioners of Canada. Practiciens de la santé naturelle du Canada. Suite 600, 10339-124 Street, Edmonton, AB Canada T5N 3W1. Phone 780-484-2010, Toll Free 888 711 7701. www.nhpcanada.org

Energy Medicine Partnerships is an Approved Provider of Continuing Education by the Association of Comprehensive Energy Psychology (ACEP) who certifies EMP courses for ACEP continuing education credit for recertifying as a Diplomate in Comprehensive Energy Psychology (DCEP) or Certified Energy Health Practitioner (CEHP) in order to renew their ACEP certification every two years.

Energy Medicine Partnerships Inc. has satisfied all of the criteria put forth by the National Certification Board for Therapeutic Massage and Bodywork and is hereby awarded the designation of Approved Provider for Continuing Education. Approved Provider **#450986-09**

ENERGY MEDICINE MASSAGE THERAPISTS PROGRAM

This unique combination of healing modalities offers the massage therapist *additional* gentle tools to facilitate psycho-spiritual health change at deep levels incorporating principles of health and healing.

All body systems are influenced by a matrix invisible to the naked eye called the energy system. Together Energy Medicine and massage therapy connect the hands with the heart to promote deep, gentle, "soul level" health and healing.

PROGRAM GOAL

Energy Medicine for Massage Therapists (EM-MT) provides massage therapists with additional energetic tools to help clients heal body, emotion, mind and spirit.

PROGRAM DESCRIPTION

This series of three basic courses is designed to assist massage therapists to apply the theory and practice of energy medicine to their massage practices. The human energy system is dynamic and influences every aspect of a person's life. Through simple interventions, this evidence-based energetic therapy, will provide practitioners with additional tools for their clients.

DAY ONE

Day one focuses on the theory and practice of energy medicine.

DAY TWO

Day two focuses on energy medicine self care for the practitioner and client.

DAY THREE

Day three is a practicum with additional supervised practice (30 sessions) and theory discussion for those who want to become EM-MT with opportunities to become certified.

PROGRAM BENEFITS

Additional energetic support to:

- Promote health and healing energetically
- Reduce or eliminate physical, emotional, mental, and spiritual stress
- Produce physical changes such as: calming the nervous system, lowering blood pressure and lowering heart rate, loosening tired and aching muscles
- Relax the whole body
- Reduce, manage and eliminate pain
- Create transforming intentions



Energy Medicine Partnerships Inc. has satisfied all of the criteria put forth by the National Certification Board for Therapeutic Massage & Bodywork and is hereby awarded the designation of Approved Provider for Continuing Education.

Approved Provider #450986-09



MARY JO BULBROOK, PROGRAM DIRECTOR

Dr. Mary Jo Bulbrook is a retired nursing professor who has taken energy medicine throughout the world since 1986. She also is a master in teaching and practicing ways to heal through the energy system. Her nursing expertise includes: psychiatric mental health, geriatrics, hospice, obstetrics, pediatrics, community health and occupational health. In addition, she has taught all degree levels of nursing, associate, bachelors, masters, doctorate and continuing education in a variety of universities and professional associations meetings. With more than 30 years of experience, she brings a wealth of clinical applications working with various cultures worldwide that illustrates how to integrate Energy Medicine in a variety of health care settings.

Currently, Dr. Bulbrook is director of the graduate program in complementary medicine with Akamai University and has master and doctoral students doing research in various settings throughout the world. From this rich background, Dr. Bulbrook developed a practical and innovative approach for nurses to apply this material in a variety of healthcare settings and healthcare educational programs.

For those interested in learning how to teach EM for Massage Therapists, or interested in conducting research using Energy Medicine, please contact Dr. Bulbrook directly at 919-381-4198.

maryjo@energymedicinepartnerships.com



Dr. Mary Jo Bulbrook
EdD, RN, BSN,
CEMP/S/I, HTP/I

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 1-919-381-4198

CERTIFICATE OF COMPLETION

Grenna Bulbrook
 Participant

TYLEM 3 Changing Limiting Beliefs | THC- Durham, NC | 3 | 04/25/09

Educational Activity	Location	Credit Hours Awarded	Date of Activity
TYLEM 3 Changing Limiting Beliefs	THC- Durham, NC	3	04/25/09

Program Director: Dr. Mary Jo Bulbrook, RN, CEMP/S/I, CHTP

Instructor (s)

Authorized Signature

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