

**AKAMAI UNIVERSITY INSTITUTE FOR CAM STUDIES**  
**POST GRADUATE DIPLOMA IN CAM**  
 Revised 27 January 2016 & Undated December 2021



# AKAMAI UNIVERSITY

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## Institute for CAM Studies

**Message from the Akamai Complementary & Alternative Medicine Founder**

The Postgraduate Diploma in Complementary & Alternative Medicine is designed for those interested in focusing on the clinical aspects of complementary therapies. Opportunities exist to receive a Diploma in Complementary and Alternative Medicine as a CAM Clinician, Practitioner and or Specialist. This training includes a major on a focus in one of the key current concentrations: Energy Medicine, Energy Psychology, Integrative Health, Biofield Feedback, Energy Dynamics, Transpersonal Studies.

Completed training from a recognized program listed below can be applied toward the diploma or used as elements of the major concentration for the Master’s or Doctoral degree programs in Complementary & Alternative Medicine (CAM) from AU. (Other established programs not listed below will be considered with proper documentation.)

<b>Recognizes Training for Transferability</b>			
<b>Energy Medicine</b>	<b>Energy Psychology</b>	<b>Energy BioFeedback</b>	<b>Energy Dynamics</b>
Healing Touch (HT)	Tapas Acupressure Technique (TAT)	Touch For Health (TFH)	Movement Healing: Yogi, Qigong, Tai Chi
Transform Your Life through Energy Medicine (TYLEM)	Wholistic Health Easily & Effectively (WHEE)	Donna Eden’s Energy Medicine / Kinesiology	Shamanism, Traditional Healers, Native American Healing
Energy Medicine for Animals (EMAP)	Neuro-Linguistic Programming (NLP)	TFHKA	Sound Healing
Resonance Modulation in Energy Healing	Energy Psychology with Animals	TFH Metaphors	Homeopathy
Reiki	Disaster & Trauma Relief	eTouch for Health	Sound Therapy
Holistic Health (for Doctors, Nurses, others)	Allergy Antidotes Made Easy	Top Ten Pain Relief	Nature as Healer
Healing Pathways	HBLU Approach to Clearing Blocked Memories of Trauma	Applied Kinesiology	Past Life Regression
HT Spiritual Ministry	The Grace Process	Three-In-One Concepts	Color Healing
Body Talk Therapies	Heart Assisted Therapy	EDU Kinesiology	Higher Sense Perception Training

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Rosalyn Bruyere's Healing with Light	EMO Trance	Bio kinesiology	Spirituality and Consciousness
Barbara Brennan's School of Healing	EMDR	Body Talk	Logo synthesis – Power of Words
Polarity Therapy	Thought Field Therapy	Neuromuscular Therapy	Spirit Release
Acupuncture	Emotional Freedom Technique	Cranial Sacral Therapy	Naturopathy
Quantum Touch	Transpersonal Studies	Wellness For All	Integral Health

Akamai University welcomes pioneering spirited individuals dedicated to set a new course for health and healing practice based on an integrated holistic approach of body, emotion, mind and spirit. Many of the flaws in the current health care systems arise because they do not focus on a holistic approach. The CAM programs listed above have made major contributions laying the foundation for the future health care practice correcting some flaws.

The diploma program acknowledges the contributions of the leading-edge energy based training that has spearheaded a revolutionary new way of addressing health and healing. Those students interested in building on this base will be welcomed to bring their expertise and commitment and map a new course for their life with this post graduate training.

As a leader trained in many of the major categories listed above, I have witnessed the impact these programs have made. I wanted to create a path for continual learning building on their base; hence, this post-graduate training was conceived to provide that opportunity.

In CAM, we capture the best of the ancient wisdom and track the efficacy for today's modern dilemmas. In addition, we offer a fresh perspective of empowering the individual to take charge of their body, emotion, mind and spiritual health *in staying well, enhancing wellness and getting well.*

The dependency is not only on the health care system or professionals to “do something to and for me.” Rather the future of health care is to work in partnership to reach the desired state.

Many problems in health are caused by the traumas we experience, the conditions we were born into and the internal and external environment. Things can change. We are not dependent on just what “pills and surgery” can achieve. Prevention is key rather than curing illness.

*The medicine of the future is empowering individuals committed to become all they can be and take an active part in their health and healing process through knowledge of what affects how people get ill, what keeps ill-health in place and how to improve one's health.*

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We are embarking on a new frontier requiring thinking out of the box from dedicated professionals willing to explore the unknown and show a new way. Welcome to the open door that says - change is possible. We want YOU if you want to be part of the transformation!

Dr. Mary Jo Bulbrook, BSN,, RN, MEd., EdD, CEMP/S/I, HTCP  
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Institute for CAM Studies Founder

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**Description:**

AU offers three Diplomas in CAM for health professionals, including doctors, nurses, social workers, psychologists, massage therapies and energy coaches (also includes lay persons who may need to take additional courses work to reach the expected standard of practice):

1. CAM Clinician Diploma (Required 9 Credits)
2. CAM Practitioner Diploma (Required 12 Credits)
3. CAM Specialist Diploma (Required 18 Credits)

Choose one or more of the four concentrations you wish to qualify for in Diploma in Complementary and Alternative Medicine:

- Energy Medicine
- Energy Psychology
- Energy Biofeedback
- Energy Dynamics
- Transpersonal Studies
- Integrative Health

The diploma is a stand-alone program or can be used in a master or doctoral degree training in CAM for qualified students. Six to nine - hours can be transferred in from one of the recognized programs listed above or others that meet criteria of providing documented well-established and accepted clinical / educational training in Complementary and Alternative Medicine. Training in energetic ethics and documented supervised practicum is required.

**Target Audience**

The program is open to health professionals, including physicians, nurses, social workers, psychologists, massage therapies and energy coaches who want to add complementary therapies to their credentials. Participants complete a major concentration comprised of six to nine credits

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of specialized studies in an approved program followed by three credits from one of the AU faculty that documents scholarly achievement within a major concentration of CAM.

A rigorous application process is in place to ensure the qualifications are met for those who want to take the post graduate diploma. This application must be complete to ensure the person qualified for the diploma as verified by their chosen training concentration in Complementary and Alternative Medicine. The additional required training includes completing an energy-based ethics course for clinical work to ensure public safety as well as documentation of applying the professional energy-based training through a scholarly project or clinical case study. The educational background of professional training will be included in an analysis of the credentials of a person and additional course work may be required. Those not from a health care professional background are eligible to apply but might need additional course work.

### **DIPOMA REQUIREMENTS**

**There are three different levels in the Diploma Program:**

- CAM Clinician Diploma (9 credits)
- CAM Practitioner Diploma (12 credits)
- CAM Specialist Diploma (18 credits)

#### **Requirements for Post Graduate CAM Clinician Diploma (9 credits)**

Participants must complete the following elements as requirements for the CAM clinician diploma:

- CAM 691: Energetic Ethics for Complementary Therapies (1 credit)
  - CAM 692: Documentation of Practice in CAM (2 credits)
- PLUS**
- Transferred credits from Approved Programs in the Four Concentrations (6 credits)

#### **Requirements for Post Graduate CAM Practitioner Diploma (12 credits)**

**Required:**

- CAM 661: CAM Self Care (3 credits)
- CAM 662: CAM Clinical Application (3 credits) or the equivalent transferred in
- CAM 691: Energetic Ethics for CAM (1 credit) or the equivalent transferred in
- CAM 692: Documentation of Practice in CAM Concentration (2 credits) or the equivalent transferred in

**PLUS**

- Transferred credits from Approved Programs in the Four Concentrations (6-9 credits)

#### **Requirements for Post Graduate CAM Specialist Diploma (18 credits)**

**Required:**

- CAM 661: CAM Self Care (3 credits)
- CAM 662: CAM Clinical Application (3 credits)
- CAM 663: Specialist Training in CAM (3)
- CAM 691: Energetic Ethics for Complementary Therapies (1 credit)

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- CAM 692: Documentation of Practice in the CAM (2 credits)  
**PLUS (6-9 credits from the following)**
- Transferred credits from Approved Programs in the Four Concentrations (6 - 9 credits)  
**or (6 – 9 credits selected from among the following may be required or desired):**
- CAM 780 Advance Readings in Theory & Application of CAM (3 credits)
- CAM 781 Practicum in CAM Practicum (3 credits)
- CAM 782 Special Project in CAM (3 credits)
- CAM 783 Directed Study in CAM (3 credits)

## **MODULE DESCRIPTIONS**

### **Core Competencies**

#### **CAM 661: CAM Self Care (3 credits)**

Most complementary therapies start with self-care in order for the person to grasp the application of the theory in one's personal life looking at physical, emotional, mental and spiritual dynamics across the life span. Often energy stays trapped and buried only to surface at a later time. With this in-depth inward look and opportunity to apply complementary therapies to improve one's health, the student can document the interventions they have learned as well as being introduced to some new ones. Transform Your Life through Energy Medicine (TYLEM) Self Care interventions will be introduced, practice and applied over time with a personal journal kept to track changes that will be written up to demonstrate a clear understand of the process. The energy system analysis and interventions include: 12 chakras and 7 layers of the chakras, energy field, present, past and future, core star or soul essence, soul karma or soul memory, soul light and interfering energies.

#### **CAM 662: CAM Clinical Application (3 credits)**

Choosing a concentration that the student currently is trained in or another that he/she wishes to train clinical documentation of care is required. The theory and interventions of the chosen program are clearly articulated and documented as to how they evoke change in client's behavior. From the base of self-care the next step is applying energetic work to others. This course fulfills this step.

#### **CAM 663: Specialist Training CAM (3 credits)**

A student can choose to work with different age groups, different states of health and wellbeing in a chose specialty such as caring for those with cancer, empowerment with cancer, healing grief / loss, dealing with trauma or wellness for all and design a special project of their choice or provide additional clinical work. The goal is to learn how to evaluate comprehensively the full energy system: energy centers (chakras), energy field (aura), energy tracts (meridians), central power current (hara line), divine light (core star) and other energies in the present, past and future time frames. Students must demonstrate the ability to clinically cover three clients over time using the Transform Your Life through Energy Medicine and another energetic framework of their choice and approved by the program chair.

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**CAM 691: Energetic Ethics for CAM (1 credit)**

The practice of complementary therapies requires the person to understand the energetic ethical aspects underlying a clinical practice. Energetic ethics are different in that they address energetic aspects of being. There are excellent texts available for this with by Midge Murphy and the late Dorothea Hover *Creating Right Relationships: A Practical Guide to Ethics in Energy Therapies* and *Ethics Handbook for Energy Healing Practitioners* by David Feinstein and Cyndi Dale: *Energetic Boundaries: How to Stay Protected and Connected in Work and Life*.

**CAM 692 Scholarly Project or Paper Documenting CAM (2 credits)**

To document a students' expertise in their area of complementary therapies, a student is expected to produce a scholarly project or paper which clearly demonstrates that expertise. This is a guided course of independent study with mentorship from the student's chairperson and or an approved person from the clinical field that the student chooses. A presentation at professional meetings may qualify in partial fulfillment of this requirement. A recent bibliography outlining the theory and describing the theory underlying the practice is required.

**Concentration Training Classes**

**CAM 780 External Specialty Training in CAM Theory & Application (3-6 credits)**

The focus in this course is on the theoretical background and application of the complementary therapy concentration.

**CAM 781 External Specialty Training in CAM Practicum (3 credits)**

The focus in this course is providing a supervised practicum for the practice of the complementary therapy concentration

**CAM 782 External Specialty Training in CAM Special Project (3 -6 credits)**

The focus in this course is on a special projects application of the complementary therapy concentration

**CAM 783 External Specialty Training in CAM Directed Study (3 credits)**

The focus in this course is on a topic of choice from the experience of the person and is open to innovative opportunities of the participant in the complementary therapy concentration