



# AKAMAI UNIVERSITY

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## Institute for CAM Studies

**A Certificate Program in**

# **Integrative Health: Global Healing Alliance**

**Affiliate Organization (GHA-AO) / Ambassador Initiative (GHA-AI)**

***Engage – Inform – Inspire - Collaborate***

**Offered through Akamai University - Institute for CAM Studies  
Division of Continuing Education and Degree Programs in CAM**

**Certificate in Partnership with the Global Healing Alliance**



**Background:**

Organizations/Associations have been the backbone of initiatives in years gone by. Their dedicated members have held the torch for instruction, advocacy, education, gathering and creating a legacy that has been passed from generation to generation. Recognition for long term involvement, as well as transformational work has often not been recognized, but approached as something you “just do as a volunteer”. The Global Healing Alliance would like to transform this approach into one that recognizes the team efforts of organizations to achieve their aims and objectives, but also inspire, educate and create collaborative projects to move the spirit of compassion and healing forward for humankind globally. The planet’s health is intimately tied into the health of individuals, nations, and organizations. We are ONE in Spirit, One in Form, One in Purpose – the Equality, Health and Well-being of All. This approach can be achieved through cooperative efforts, of organization and individuals on a global scale. A Certificate of Acknowledgement will be awarded to celebrate what has been achieved to earn this prestigious alliance with common purpose that has Global recognition for their accomplishments.

This Certificate Program in Integrative Health: Global Healing Alliance Affiliate Organization / Ambassador Initiative awards and celebrates the verified achievements and contributions.

1. An Association initiative that is recognized each year for the kind of education, engagement and collaboration that is achieved through interactions and involvement of the membership, as well as with other organizations, to create a wave of influence that is national, as well as international.
2. An Individual initiative is recognizing the development of programs within an organization which supports membership, the association, the nation, and the global community. Those individuals wishing to become a part of this special designation will have a global recognition for their contribution to the betterment of the human spirit.

**Goal:**

Create a means for International awareness of initiatives around the globe, as well as create a global community to bring healing into a global platform for assistance and service.

**Recognition:**

The recognition of an association will bring them into the global arena for greater impact on a collaborative scale. The recognition of the association members to achieve a global status raises awareness within the community, as well as in the nation, that efforts are being made on their behalf at a deep level of involvement.

**Action:**

The means by which recognition can be achieved is: building new models of self-care, developing platforms for information sharing, expanding skills in public speaking and outreach presentations, creating transformative events, and producing written publications for the general population as well as the professional field.

Submissions for the Global Healing Alliance Journal will see these publications gain notoriety as well as exploration for further discoveries and advancements in organizational skills as well as membership involvement and skill development.

**Program Objectives:**

Associations/Organizations will meet the following criteria:

1. Engage a leadership team to share and grow with the experiences of the organization.
2. Create a mentoring program to bring new members onto the team and to nurture their learning.
3. Perform outreach to other National organizations.
4. Establish global connections established with other organizations of similar composition of members.
5. Share materials across all connections.

Ambassadors will meet the following criteria:

1. Attain background in Integrative Health training
2. Offer marketable skills to an association: Marketing, Business, Client experience, Education
3. Participate in a Committee or Initiative outlined by the organization
4. Establish independent study and development of materials for the organization
5. Enhance further your skills in Integrative Health

**Submission Requirements:**

Documentation of involvement. Letter of support from a Board member designated to oversee the hours and type of involvement. Reflective Journal of the learning process and the inspirations that transpired by the involvement. Plan for passing the learning forward in a mentoring or workshop capacity.

**Program Developer & Coordinator:**

Dr. Mary Jo Bulbrook, RN, EdD, MEd, BSN, CEMP/S/I, HTCP, HTP/I, ICF  
Dean, [Institute of CAM Studies, Akamai University](#), CEO, [Global Healing Alliance](#)

Founder and Director of [Energy Medicine Partnerships](#)

- ❖ Master Teacher / Practitioner Energy Therapies  
Family Therapist, Psychotherapist, Spiritual Intuitive
- ❖ Program Director of Complementary & Alternative Medicine  
Dean of the Institute for CAM Studies at Akamai University
- ❖ Dean of Division of Continuing Education at Akamai University
- ❖ Previously Director of Training Hospice of Salt Lake City in 1970's



**Program Co-Creator**

Michelle Greenwell, BA Psych, MSc CAM, Doctoral Candidate in Integrative Health, Student at Akamai University, Leadership Team President of [www.canbewell.org](#). Founder and Director of Dance Debut Inc, [www.dancedebut.com](#).

- ❖ Tai Chi Wellness and the Seated Form Series, Facebook, and YouTube
- ❖ Qi YINtegration Program BioEnergetic Feedback and Movement
- ❖ The KEY to Health Energy Medicine – BioEnergetic Wellness Programming
- ❖ Co-creator of Raising BioEnergetic Awareness
- ❖ Dance YINtegration Program Healing through BioEnergetic Feedback & Dance
- ❖ Intend2RaeD8 Tea Blends based on the 5 Element Theory



## **Program Content for Affiliate Organization & Ambassador Initiatives**

- ✓ Capturing the Organizations / Associations Story, historical background & present-day functioning
- ✓ Learning “Helpful Talk”, “Compassionate Listening”, & Congruent Communication
- ✓ Practice interventions using a variety of integrative (whole person) treatment modalities
- ✓ Provide unconditional love, acceptance of experience, expert support, care, and / or educational opportunities based on qualifying credentials
- ✓ Evaluate effectiveness of the service / role / contribution
- ✓ Design your marketing materials announcing your achievement(s)
- ✓ Promote a personal self-care program to maintain health & model wellness
- ✓ Commit to up-date training and refinement of your knowledge & skill
- ✓ Describe the role of ethics in providing service
- ✓ Explore literature, research & practice in your areas of interest
- ✓ Integrate current knowledge from related facilitators, coaches, specialist, experts, practitioners, and educators including presenting and attending professional related conferences
- ✓ Promote public and professional education about Global Healing to facilitate peace within, between and amount

**Continuing Education Units:** This integrative health studies certificate program consists of 12 Continuing Education Units (CEU’s) or a minimum of 120 contact hours for Ambassador Initiatives; 18 CEU’s =180 contact hours for Affiliate Organizations achievements. The stages of development include training, mentoring and supervision in the Ambassador’s role. For the Affiliate Organization, detailed documentation of qualifications and standards of achievement are evaluated, processed, and critiqued by the credentialing committee. Additional time may be needed to successfully complete the qualifications processed. 1 CEU = 10 contact hours

### **Admission Application Non-Refundable Fees Apply:**

Application fees are paid to the Institute for CAM Studies to enter the qualifications process:

Ambassador Initiate Enrollment Fee: \$25

Organizational Credential Application Fee is: \$75

*All applicants are required to become a member of the Global Healing Alliance. A limited number of partial scholarships are available including exchange of service in lieu of money exchange.*



## Curriculum for Board Certification in Integrative Health

**Affiliate Organization or Ambassador Initiative. 1 CEU = 10 contact hours**

Role Category	Part I: Role Preparation	Part II: Documentation & Evaluation	Part III: Certification Requirements
Ambassador = 12 CEU's or 120 contact hours	6 CEU's	5 CEU's	1 CEU
Organization = 18 CEU or 180 contact hours	9 CEU's	7 CEU's	2 CEU's

- Part I – Role Preparation Ambassador Initiate 6 CEU = 60 contact hours: Affiliate Organization 9 CEU – 90 contract hours; Educator Role
  - Introduction seminar 1 CEU = 10 contact hours
  - Initial training with service provided 1 CEU = 10 contact hours
  - Ethics 1 CEU = 10 contact hours
  - Modules – 3 CEU's = 30 contact hours
    - Working with your gifts
    - Finding and living your spiritual path and meaning of your experience
    - Working with the team
  
- Part II - Practicum, Documentation & Evaluation with a Mentor & Supervisor 5 CEU's = 50 contact hours
  - 2.5 CEU's = 25 contact hours completed over time more hours may be required depending on the ability of the individual in training to be successful in providing their 1.3 CEU = 13 contact hours minimum studying the literature
  - 1.2 CEU's = 12 contact hours minimum supervision of your service
  
- Part III – Certification through the Institute for CAM Studies 1 CEU = 10 contact hours Includes documentation of studies through a scholarly paper, clinical application and or educational application of your service. Completes training as a **Board Certified - Integrative Health**. Includes documentation of your service as verified by an outside review body the ensures safe, ethical practice operating under Code of Professional Conduct

### Division of Continuing Education Program Fees:

**Costs:** Part I Introduction Special – 3 contact hours \$55, 7 hours training is \$155.

**Total program Cost: Special Introductory Rate – Limited time 20% off price if paid per quarter or 30% off if paid in full. Ambassador = 12 credits: \$100 / credit = \$1200. Affiliate Organization = 18 credits. \$150 per credit for 1 to 50 members = \$2700; \$200 / credit for 50 to 100 members = \$3600 or \$300 / credit for above 100 members = \$5400.**

Includes university continuing education with international accreditation, core specialist training, modules, practicum, certification, and mentorship. Total of minimum of 120 contact hours ambassador initiate. Additional fees may be charged for mentorship and supervision as needed beyond core program content.

**All fees are payable to Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education.** After each part, a certificate will be awarded documenting the completion and number of contact hours. Payment options are available. Limited number of partial scholarships available for qualified individuals. Exchange for service required for scholarship awards.

Part I training also available as stand-alone costs without registration for the whole program. Stand-alone modules are \$125 each for 3 contact hours' stand-alone courses. Repeater fee for courses and modules is one/half the cost of each segment.

**Eligible Participants for the Training:** The training is open to anyone desiring to become a supporter, practitioner and / or educator in this field. The training includes being willing to undertake in-depth study; commit to high standards of service, practice and education; operating under a Code of Ethics and Standards of Practice; participate in on-going mentorship and supervision as needed both in the training; maintain competency and update as needed.

**Guiding Principles:**

- ✓ Let go and let god (replace the word that fits your beliefs regarding a Higher Power)
- ✓ Spiritual healing heals, comforts and uplifts
- ✓ Be present and quiet, to hear inner wisdom teaching you regarding your call to serve



## **Become Board-Certified in Integrative Health: Global Healing Alliance**

This Journey is not a linear path but a dynamic lived experience unique to the individuals & organizations involved. Therefore, the integrative approach to the organization and ambassador involves a co-creative process which includes:

- ✓ Telling the Story
- ✓ Defining & Finding Your Path of Service
- ✓ Evaluation of the Journey

Individuals can take as much time as needed for each phase as the process occurs in steps as each phase is completed.

### **Treatment Affirmations:**

- I call on a Higher Power to fill me with Divine Light and Love.
- I choose to be present in life, centered and grounded.
- I am a Divine Child and a Being of Light for the world.

### **Phase I – Telling My Story**

- My Event Story  
Date of Event \_\_\_\_\_
  - What happened to me was...my body...
  - My feelings about this experience at the time were...
  - My thoughts became...
  - My heart was...
  - I wanted to say...
  - My visions for myself at the time were...
  - Spiritually I was...
- Historical Experiences  
Time Span of Historical Report (such as 6 months or 6 years) \_\_\_\_\_
  - Describe what has been your experience over time since your experience...
  - Include what your feeling and thoughts were...
  - How have your relationships been affected ...?
  - What have others said about you and how has that affected you...
  - Describe your ideas of your future...
  - Spiritually you are ...

- Today's Level of Functioning

Date: \_\_\_\_\_

Take time to reflect and comment how you are now doing:

- Physically
- Emotionally
- Mentally
- Spiritually
- What is your biggest concern today...?
- What would you like to have happen in your life now...?
- Is there any specific request you have needing assistance...?

### **Phase II – Your Current State**

- Journeying with your experiences & establishing the relationship
- Empowerment with Integrative Healing
  - Physical
  - Emotional
  - Mental
  - Spiritual
    - Central Power Current Clearing & Alignment
    - Energy Field Drain & Replenishment
    - Energy Centers Clearing & Balancing
    - Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension

### **Phase III – Evaluating the Journey**

- Conduct post treatment assessment of the effect of treatment
- Maintain contact with clients to support them as need may arise for additional care that may be referred to another specialist or appropriate persons
- Check in with clients to ascertain how they are doing at least weekly in the beginning and then determine an appropriate schedule for individual clients
- Maintain contact with colleagues, mentors and supervisors as needed
- Promote findings using single-subject design strategies or professional attendance at events and conferences related to NDE, SDE, & SME practice, education, and research





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### Institute for CAM Studies

**For More Information about the  
Institute for CAM Studies  
University Training  
Contact Dr. MJ Bulbrook:**

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Dr. Bulbrook has studied and worked extensively with other organizations such as the newly formed ISGO (IANDS Sharing Groups Online) under the leadership of Chuck Swedrock, Dr. Nicol Gruel, ISGO co-founders; education committee member of the International Association of Near-Death Studies, (IANDS), Diana Corcoran chair IANDS Education Committee, JB Rhine Center with John G. Kruth and previously with Sally Feathers, daughter of JB Rhine; and the Academy of Spiritual and Consciousness Studies, Inc. These experiences have grounded her in organizational dynamics in multiple countries over a 50+ years in higher education integrating health, healing, wellbeing with the health of families, communities, and the environment.

She has been on the board of directors of multiple energy-based organizations in USA, Canada, Australia over the course of her professional career. These include: Healing Touch International, Touch for Health, Association of Comprehensive Energy Psychology and Head of Transform Your Life through Energy Medicine.

These connections have influenced the training is available to study in multiple educational levels in addition to the certificate program in Integrative Health such as well as University bachelor, master, doctoral education.

Contact Dr. M J Bulbrook for more information 1.919.923.2409

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or visit: [Akamai University CAM Program](#) / [AU Division of Continuing Education](#)

[Energy Medicine Partnerships](#) / [Global Healing Alliance](#)

**Consultants to this certificate training are:** Michelle Greenwell, Canada, Natasha Polomski Canada & Germany, Nithya Poorani, India, Robert Lawrence Friedman, USA, Rachel Weaver, USA, Diane Corcoran, USA, Judy Aufenthie, USA.