Akamai University
College of Continuing Education
CIH Studies COMPLEMENTARY INTEGRATIVE HEALTH
Based on Energy Therapies and The Satir Growth Model
akamaiuniversity.online

Institute for CIH Studies at Akamai University

Certificate Program Family Wellness Support (FWS), Education, Research

Family Wellness Certificate Program
Complementary Integrative Health (CIH)
Partial Scholarships & Special Financing Available

Offered by Energy Medicine Partnerships

Affiliate with Akamai University,
College of Continuing Education
Institute for CIH Studies
website: akamaiuniversity.online

https://www.akamai.university/affiliate-emp.html
https://ww.energymedicinepartnerships.com
https://www.akamai.university/college-of-continuing-education.html

Description:

Akamai University College of Continuing Education offers Certificate Programs in Complementary Integrative Health (CIH). They are designed for those interested in Board Certified Training with specific focus on specific populations. This training is specific for a Certificate Training as a CIH Family Wellness Support (FWS), FWS Education, and / or FWS Research with an option for Board Certification.

Goal:

This Family Wellness Certificate Program offers heart-centered, multi-dimensional CIH care to empower individuals to access their inner power to overcome obstacles affecting them and their family. They reach their clients through an empowerment process to access inner resources to deal with life challenges.

These life challenges can include physical, emotional, mental and spiritual stressors impacting the individual and their family. Support and help is provided directly and through accessing community national and international resources Whole Health Care. Situations can include coping with physical illness, financial crisis, family struggles, abuse, racial inequality, relocation, disasters, climate change disasters, war, military & family member's aftereffects related to the impact of the specific challenges front and center.

Family Wellness Concentration Choices: Restore Hope – Promote Healing, Spiritual Evolution & Empowerment, Spiritual Crisis, Mystical Experiences, Family Chaos or Dysfunction, Pregnancy, Pediatric Care, Teenagers, Adults, Senior Care, Beginning of Life, End of Life, Illness Onset, Emergency and Disaster Relief Care, Surgical Crisis, Home Care Support.

Certificate Program	CIH Family Wellness Support	CIH Family Wellness Education	CIH Family Wellness Research
Description	Foundational FWS - CIH Whole Person Care applied to the self, family & others	FWS & Education including building on individuals previous education	Specializes in FWS through conducting & exploring quality research
Curriculum	Basic preparation in Family Wellness Support using CIH	Adds CIH FWS approaches to current health practice	Researches FWS CIH impact on the individual & family
Cont. Ed. Units 1 CEU = 10 contact hours	12 CEU's = 120 contact hours minimum	18 CEU's = 180 contact hours minimum	30 CEU's = 300 contact hours minimum
Cost	$1200	$1800	$3000
Non-refundable Application Fee	$120 Includes Evaluation Previous Experience & Training	$180 Includes Evaluation Previous Experience & Training	$300 Includes Evaluation Previous Experience & Training

Limited Scholarships & Special Financing Available for Qualified Students

Heart Centered Learning
Bridging Spirituality and Health®

Background of Need: This Certificate Program was conceived as an outgrowth of the need to address the unprecedented 2021 - 2026 worldwide challenges.

Housing the Program: The multi-dimensional educational pathways were created by Dr. Mary Jo Bulbrook master teacher & practitioner and president of Energy Medicine Partnerships. View Energy Medicine Partnerships CEU's Providers click here.

Goal: The goal is to create a culturally viable, need specific program to address unique demands for support, care and help. The curriculum is individualized addressing the root cause of problems and effective strategies to heal and achieve peace within and without for individuals and their family.

Program Designer: Dr. Bulbrook is uniquely qualified to serve in this role due to her lifetime commitment as a dedicated university academic with over 50+ years in Higher Education in multiple countries and on-going clinical practice. She is a master teacher / practitioner / educator with ground theory research methodology – culturally and content specific with a Voice2Voice, Heart2Heart, and Soul2Soul style.

Dr. Bulbrook addressed during her extensive career blending **Traditional Western Care with Complementary Alternative Medicine (CAM) and Complementary Integrative Health (CIH)** to diverse worldwide populations and countries. Her work is infused with **Virginia Satir's Model of Change.**

Virginia promoted the energy of achieving Peace Within, Peace Without, and Peace Among treating all people regardless of their culture, race, gender, religion, economic status, education or political views.

She served in a significant role in the spread of **Healing Touch** in North America as well as the other countries from the original program designed by Janet Mentgen. She also taught as well as with Dr. John Thie, creator of **Touch For Health** who invited her to take his work worldwide.

Infused with her experiences as colleague, mentor and friendship with the following ***besides Virginia Satir*** *include****: Janet Mentgen, founder of Healing Touch; Dorothea Kramer-Hover, co-founder of Association of Comprehensive Energy Psychology; Charlotte McGuire, Founder of American Holistic Nurses Association; Col. Diane Corcoran president multiple time Internal Association Near Death Studies, Military Nurse; Effie Pow Chow, RN, Acupuncturist and QiGong Master and founder of East-West Academy of Healing Arts; Bernie Siegel, MD renowned surgeon and innovator; Mark Anthony, Spirit Communicator and Psychic Lawyer.***

Dr. Bulbrook's journey includes offering expert knowledge, experience and mentoring skills in practicing, teaching and studying a range of energy therapies with cultural additions in multiple countries with infusion of traditional healer's expertise. The traditional healers include ***Bob Randal, Tribal Spokesperson, Ayers Rock - Uluru, Australia: Rose Pere, Tohuna, New Zealand; Amelia Pandura, Curandero, Peru; Credo Mutwa, Sangoma, South Africa, and native peoples of Canada and the USA.***

Her training in CAM now with the current label CIH training has been taught throughout the ***US and Canada, Australia, New Zealand, Peru, Chile, and South Africa since 1976***. This includes working with

health care professionals in universities and hospital organizations alongside indigenous healers and with inspired Whole Person Care. Opportunities exist to teach the above programs for those who qualify and choose the pathway of their interest, experience, and training.

Program Requirements & Opportunities: This new certificate program came from Dr. Bulbrook's engagement at the **International Congress of Nursing** which convened in Montreal Canada July 1 – 5, 2023. The experience of connecting with over 10,000 nurses from 130 countries inspired her to create this Family Wellness Certificate Program to provide innovations and concrete examples to assist individuals and their families to receive wellness support. Health care workers need to be educated how to work with the value system of their client's cultural heritage that influences family destiny and family interactions.

The training is based on Dr. Bulbrook Model Program titled: ***Person to Person theory of education and Transform Your Life through Energy Medicine.*** Limited scholarships are available. Flexible scheduling & monthly payments can be arranged.

Apply: Dr. Mary Jo Bulbrook, Program Director, akamaiuniversity.online / +1 (808) 491 - 9514

Additional Websites to View: Institute of CIH / CAM Studies at AU / www.energymedicinepartnerships.com / https://www.akamai.university/affiliate-emp.html

Akamai University Continuing Education Units available, Institute of CIH / CAM Studies
The Certificate program consists of continuing education units of study, reflection, training, mentorship & supervision that lead to a ***Certificate in Complementary Integrative Health (CIH) Family Wellness - Support, Education or Research.***

Curriculum:

- Part I – Overview & Basic Preparation
  - Introductory seminar
  - Awakening, Attunement & Healing
  - Ethics & Standards of Practice.

- Part II – Exploring Complementary Integrative Health (CIH) Pathways to Health Achieve Family Wellness Support, Education or Research
  - Assessments & Interventions
  - Applying what was learned
  - Mentorship & Supervision

- Part III – Board Certified in Complementary Integrative Health (CIH) Family Wellness Support, Education or Research
  - Documentation of your experience as verified by a professional project or paper outlining the journey.
  - Create marketing materials for your chosen board certification
  - Evaluate demonstration of chosen area achieved

Certificate Program in Complementary Integrative Health (CIH) Therapies: Family Wellness Support, Education, Research

Part 1 Family Wellness & Support

During this course, the student can experience interventions from a variety of approaches such as: Transform Your Life through Energy Medicine, Healing Touch, Reiki, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Bio Energetic Wellness, Yogi, Tai Chi or Qi Gong, Traditional Chinese Medicine, Natural Healing, Sound Healing, Dance, Movement Therapy & Creative Arts.

The certificate includes identifying and documenting the family's health status including body, mind-emotion, and spiritual aspects as well as the client. Through this in-depth analysis, the student explores their own energetic, family, and cultural imprinting that is affecting his / her journey. Once identified the interventions includes learning ways and strategies to break patterns that influence health and well-being following the expert in the change process Virginia Satir who was the key launcher of therapeutic family therapy.

Ethical dimensions and Code of Ethics and Standards of Practice Document guide in providing complementary integrative care are studied and practiced.

Part 2 Apply what was learned to the desired population to be addressed / Certificate of Family Wellness Support, Education or Research

This usually takes 6 months to a year or year and half depending on the time commitment a student is able to complete and provide the documentation of the journey to qualify for the designated title. It is done virtually individually as well could be studies with peers. Some opportunities may exist for in person experiences with faculty in the future.

The graduate will be awarded a Certificate of completion as well as Board Certified in Complementary Integrative Health (CIH) or Complementary Alternative Medicine as a Family Wellness Support, Education, and / or Research if that is the goal.

Part 3 Reflection and Your Story

The student submits their credentials to the Energy Medicine Partnerships Affiliate with Akamai University for awarding the Certificate and appropriate Continuing Education Units.

Registration online - or contact Dr. Mary Jo Bulbrook by email:
maryjo@energymedicinepartnerships.com

Mary Jo Bulbrook, BSN, RN, Med, EdD, CEMP/S/I, CIH/S/I-BC, HTP/I
President Emerita of Akamai University, CEO of Akamai University
President Energy Medicine Partnerships
President CEO Global Healing Alliance
Dean of AU College of Integrative Health, Institute for CAM / CIH Studies
52 + Years in the Practice, and Teaching in Energy Medicine working with indigenous healers in four additional countries besides USA and Canada: Australia, New Zealand, South Africa and Peru.

Certificate Programs in Complementary Integrative Health (CIH)

Follows National Center for Complementary & Integrative Health (NCCIH) Strategic Plan 2021 – 2025

https://www.nccih.nih.gov/about/nccih-strategic-plan-2021-2025

NCCIH Mission - The mission of NCCIH is to determine, through rigorous scientific investigation, the fundamental science, usefulness, and safety of complementary and integrative health approaches and their roles in improving health and health care.

NCCIH Vision - Scientific evidence informs decision making by the public, health care professionals, and health policymakers regarding the integrated use of complementary health approaches in a whole person health framework.

National Center for Complementary and Integrative Health. **NCCIH Strategic Plan FY 2021–2025:** *Mapping the Pathway to Research on Whole Person Health. National Center for Complementary and Integrative Health website* accessed at https://nccih.nih.gov/about/nccih-strategic-plan-2021-2025 on 11 May 2023.

Manifesto for Nursing Practice, Education, Research, July 2023 by Dr. MJ Bulbrook
The Manifesto is a clearly defined commitment to service and identified resources specific to health care delivery by nurses. That being said, it serves as a template for other professions approach to family wellness support, health and healing, education and research.

Family Wellness Program Content:

- ✓ Capturing Your Story
- ✓ Explore Culturally based Values and Experiences that Shaped Your Life
- ✓ Expand Intuitive Development.
- ✓ Practice Interventions bring Balance & Healing using a Variety of Integrative (Whole Person) Treatment Modalities
- ✓ Evaluate Effectiveness of Growth & Change
- ✓ Learn and Experience Unconditional Love & Healing
- ✓ Create Your Personal Self Care Program to Maintain Health & Model Well-Being

Program Objectives:

Participants learning individual and family wellness will be able to:

1. Define your personal desire or need for this training and certificate.
2. Self-assessments and documentation using digital and written casebook Family Field Guide of your current body, mind-emotional and spiritual health over the course of study.
3. Practice and document the impact health empowerment interventions to clear your path and define your life goal.
4. Practice energetic interventions including Dr. Bulbrook's Transform Your Life program.
5. Create a self-care plan for self and clients that impact family using Client Family Field Guide
6. Explore resources to support in the focus of your choice.
7. Document progress achieved during your studies.

Eligible Participants for the Training: The training is open to anyone desiring to receive a Certificate in Complementary Integrative Health (CIH) as a Family Wellness Support, Education, and/ or Research. Depending on the path you choose and your background the certificate can be applied to degree programs at Akamai University.

FWS Program Fees:

Total program Cost Varies Depending on the Role:

Family Wellness Support (FWS) $1200, FWS Education $1800, FWS Research $3000.

Includes university continuing education with international accreditation, learning modules, spiritual development, mentorship, and certificate**.** Total of minimum of 12 – 30 CEU's to receive the certificate.

(1 CEU = 10 contact hours) Additional fees may be charged for additional mentorship to complete the program as needed beyond the basic program. All fees are payable to Energy Medicine Partnerships, Akamai University Affiliate who pays the fees required to Akamai University which includes University Continuing Education Units credit through Akamai University College of Continuing Education.

After each part is finished, contact hours will be awarded documenting the segment taken and the number of contact hours earned. Payment options are available. 10% discount for full payment paid after application is approved to start the studies with includes a zoom meeting to discuss the student's goal and clearly explain the process involved and answer any questions.

Part I training also available as stand-alone costs without registration for the whole program. A repeater fee for courses and modules is one/half the cost.

Limited partial scholarships are available for those in need and qualify. Payments are scheduled quarterly spread over 1 year or would consider another option after discussion with Dr. Bulbrook based on the students situation. The certificate for each part completed is given once paid for and word done.

Transform Your Life™

Guiding Principles:

- ✓ Let Go and Let Source
- ✓ Find Your Path through Spiritual Guidance
- ✓ Become free from the ties that bind you.
- ✓ Call on your spiritual guidance
- ✓ Discover your life purpose
- ✓ Achieve peace within, peace without, peace among
- ✓ Let joy and love guide your choices

Story Telling Process: A Blue Print for Growth and Change

Phase I – Telling Your Story of Today

- My story today is…
- My feelings are…
- I think that I am …
- My heart is…
- What I want to say is…
- My visions about me and my family are…
- Spiritually I am…

Phase II - Background to Your Path

- My experience over time has been…
- In the past my feelings have been …
- My thoughts have been about my life…
- In the past my heart been …
- What have others said about me…
- In the past my life visions were….
- Spiritually I was…

Phase II – Energizing Your Future Going Forward

- Energy Tracts Vitalized & Return to Functioning…
- Energy Field Drain & Replenishment…
- Energy Centers Clearing & Balancing…
- Circle of Love & Expanded Consciousness…
- Connecting to Earth & Source called Central Power Current…
- Visions for Self, Family, Wellness to Achieve Peace…
- Connecting Spiritually to…

For More Information, Contact Program Developer:

Dr. Mary Jo Bulbrook, BSN, RN, MEd, EdD, CEMP/S/I, CIH-BC/S/I, HTP/I, ICF

Classes Virtual primarily. Occasional in person at

The Gathering Place for Triangle Holistic Center - 3211 Gibson Road, Durham, NC 27703 Phone / Fax 1.919.381.4198 / cell 1.919.923.2409

maryjo@energymedicinepartnerships.com / www.energymedicinepartnerships.com /

https://www.akamai.university/college-of-continuing-education.html / Institute for CIH Studies at AU /

Training Program Affirmations:

- I call on a Higher Power to fill me with Divine Light and Love.
- I choose to be present in life with my family, friends, work, recreation, animals, and nature.
- I am a Divine Child of Source and a Being of Light for the world.