

#### A Certificate Program in Integrative Health:

NDE & STE: Support – Healing – Education

Offered through the Institute for CAM Studies

**Affiliated with Akamai University** 

**Degree Programs & the Division of Continuing Education** 

**Background:** Near Death and Spiritual Transformative Experiencers often have trouble integrating their experiences as documented by the International Association for Near Death (IANDS), the J.B. Rhine Center and the Association of Research and Enlightenment. Through their on-going investigations and research worldwide of thousands of experiencers of all ages, backgrounds and situations, including health professionals, and over many decades, the science is compelling.

This certificate program in integrative health is designed to train facilitators, healers and educators for this specialization. It includes working with experiencers knowledge gained from their NDE and STE as partners supporting and healing each other revolutionizing our understanding about consciousness, multi-dimensional health, healing and education.

**Goal:** This global training program prepares facilitators, healers and educators in Integrative Health with a specialty in NDE and STE using an integrative approach to serve them, their families, friends, the general public and health professionals. We are ONE and work as a team to grow, heal and learn.

**Program Coordinator:** Dr. Mary Jo Bulbrook, CEMP/S/I, Founder, Energy Medicine Partnerships <a href="https://www.energymedicinepartnerships.com">www.energymedicinepartnerships.com</a>

Master Teacher / Practitioner Energy Therapies Family Therapist, Psychotherapist, Spiritual Intuitive

Program Director of Complementary & Alternative Medicine Dean of the Institute for CAM Studies at Akamai University

Dean of Division of Continuing Education at Akamai University Previously Director of Training Hospice of Salt Lake



# Institute for CAM Training in Integrative Health Near Death and Spiritual Transformative Experiencers Facilitators – Healing Partners - Educators

#### **Program Content:**

- Capturing the Story of the experiencer, historical background & present-day functioning
- ✓ Learning "Helpful Talk" & "Compassionate Listening"
- √ Practice interventions using a variety of integrative (whole person) treatment modalities
- ✓ Provide expert care, support, acceptance, unconditional love in delivery of your service
- ✓ Evaluate effectiveness of service
- ✓ Design marketing materials for your service
- ✓ Create a personal self-care program to maintain health & model wellness
- ✓ Commit to up-date training and refinement of your knowledge & skill
- ✓ Describe the ethics in providing service
- ✓ Explore NDE and STE literature, research & practice
- ✓ Integrate current knowledge from experts, clinicians and educators
- ✓ Promote public and professional education about NDE & STE

**Continuing Education Units:** This integrative health studies certificate program consists of 9 to 18 Continuing Education Units or a minimum of 90 to 180 hours of training, mentoring and supervision in your chosen role. Additional time may be needed depending on previous background and experience.

**Admission Application:** \$50 application fee to university. For evaluation of qualifying acceptable training a \$75 fee is required for a interview to review for accepted equivalents for training modules and thus a reduction in costs.

#### **Curriculum:**

- Part I Role Preparation 27 contact hours
  - Introduction seminar 3 contact hours
  - Initial training -7 contact hours
  - Interventions 5 contact hours
  - Ethics 3 contact hours
  - Modules 3 contact hours each (Total of 9 contact hours)
    - Working with individual experiencer, families, children stories
    - Finding and living your spiritual path and meaning of your experience
    - Working with health / education team
- Part II Practicum, Documentation & Evaluation with a Mentor & Supervisor 60 contact hours
  - 30 contact hours done over time with clients & families (more hours may be required depending on the ability of the individual in training to be successful in carrying for experiencer, their families, friends & health care professionals

- o 10-hour minimum studying the literature
- o 20-hour minimum supervision of your service
- Part III Certification through the Institute for CAM Studies 2 contact hours Become a Board Certified Health Coach (BCHC) Documentation of your service as verified by an outside review body the ensures safe, ethical practice operating under Code of Professional Conduct

Division of Continuing Education Program Fees: Facilitator \$1200, Healer \$1800, Educator \$3000 Costs: Part I Introduction Special – 3 contact hours \$55, 7 hours training is \$155.

**Total program Cost: Special Introductory Rate – Limited time 10% off price if paid in full** Includes university continuing education with international accreditation, core specialist training, modules, practicum, certification, and mentorship. Total of minimum of 90 to 180 contact hours. Additional fees may be charged for mentorship and supervision as needed beyond core program content. That fee is \$25 for 15 minutes.

All fees are payable to Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education. After each course, a certificate will be awarded documenting the course and number of contact hours. Payment options are available. Limited number of scholarships available for qualified individuals. Exchange for service required for scholarship awards. Part I training also available as stand-alone costs without registration for the whole program. Standalone modules are \$125 each for 3 contact hours' stand-alone courses. Repeater fee for courses and modules is one/half the cost of each segment.

#### **Program Objectives:**

Participants learning to become an Integrative Health Certified Facilitator, Healer or Educator in ND & ST Experiences.



#### Each learner will be able to:

- 1. Describe the literature including research.
- 2. Explore the elements of Integral Health applied to ND and ST Experiencers.
- 3. Describe the ethical dimension for facilitators, healers and educators
- 4. Investigate Integral Health as a treatment of choice vs a symptom approach to service
- 5. Experience and practice Integral Health Interventions.
- 6. Support and comfort for experiencers, their families and friends.
- 7. Document outcomes.
- 8. Create marketing materials for your service.
- 9. Promote understanding and acceptance of experiencers.
- 10. Participate in ongoing training to maintain expertise
- 11. Practice what you learn and experience.
- 12. Explore innovations in the field.



Eligible Participants for the Training: The training is open to anyone desiring to become a facilitator, healer and or educator in this field. The training includes being willing to undertake the in-depth study; commit to high standards of practice; operating under a Code of Ethics and Standards of Practice; receive on-going mentorship and supervision as needed both in the training; maintain competency and update as needed.

This is an on-going growing field. Health care professionals are encouraged to apply as well as energy practitioners and experiencers of all persuasions. It is required for those who desire to be coaches, practitioners, facilitators, mentors and supervisors. A portfolio assessment is acceptable to waive training requirement and for accepting transfer in credit from expertise gained elsewhere.

#### **Guiding Principles:**

- ✓ Let Go and Let God (Replace the word that fits your beliefs regarding a Higher Power)
- ✓ Spiritual Healing Heals
- ✓ Be Present and Quiet, to Hear Inner Wisdom

# Protocol for Near Death and Spiritual Transformative Experience Facilitators, Healing Partners and Educators Become a Board-Certified Health Coach

The Healing Journey for experiencers is not a linear path but a dynamic lived experience unique to the individuals involved. This is also true for serving this population as facilitators, healing partners and educators. Therefore, the interventions for body, emotion, mind and spirit and education need to be individualized to those involved using a template that is outlined below to guide the team of experiencers, support facilitators, healing partners and educators.

Training is offered by the Internationally Accredited Akamai University, Institute for CAM Studies through a team approach where experiencers, facilitators, healing partners and educators all study together. The training protocols are done in phases or steps and includes: Telling the Story, Living with the After Effects and Evaluation of the Journey. Individuals can take as much time as needed for each phase as the process occurs in steps as each phase is completed.

#### **Treatment Affirmations:**

- I call on Source, God, Creator, a Higher Power to fill me with Divine Light and Love.
- > I choose to be present in life with my family, friends, work, recreation, animals and nature.
- I am a Divine Child of Source and a Being of Light for the world.

#### Phase I – Telling My Story

•	My Event Story	
	Date of	Event
	0	What happened to me wasmy body
	0	My feelings about this experience at the time were
	0	My thoughts became
	0	My heart was
	0	I wanted to say
	0	My visions for myself at the time were
	0	Spiritually I was
•	Historical Experiences	
	Time Span of Historical Report (such as 6 months or 6 years)	
	0	Describe what has been your experience over time since your experience
	0	Include what your feeling and thoughts were
	0	How have your relationships been affected
	0	What have others said about you and how has that affected you
	0	Describe your ideas of your future
	0	Spiritually you are
•	Today's	s Level of Functioning
	Date: _	
	Take tir	me to reflect and comment how you are now doing:
	0	Physically
	0	Emotionally
	0	Mentally
	0	Spiritually
	0	What is your biggest concern today
	0	What would you like to have happen in your life now
	0	Is there any specific request you have needing assistance

#### Phase II – The After Effects

- Journeying with your experiences & establishing the relationship
- Empowerment with Integrative Healing
  - o Physical
  - o Emotional
  - o Mental
  - Spiritual
    - Central Power Current Clearing & Alignment
    - Energy Field Drain & Replenishment
    - Energy Centers Clearing & Balancing
    - Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension

#### Phase III - Evaluating the Journey

- Conduct post treatment assessment of the effect of treatment
- Maintain contact with clients to support them as need may arise for additional care that may be referred to another specialist or appropriate persons
- Check in with clients to ascertain how they are doing at least weekly in the beginning and then determine an appropriate schedule for individual clients
- Maintain contact with colleagues, mentors and supervisors as needed
- Promote findings using single-subject design strategies or professional attendance at events and conferences related to NDE & STE.

### For More Information about the Institute for CAM Studies University Training Contact Dr. MJ Bulbrook:



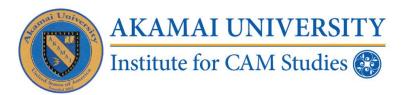
Dr. Mary Jo Bulbrook, Triangle Holistic Center, Headquarters of The CAM Academy and Energy Medicine Partnerships, 3211 Gibson Road, Durham, NC 27703 Phone / Fax 1.919.923.2409 / cell 1.919.923.2409 <a href="mailto:maryjo@energymedicinepartnerships.com">maryjo@energymedicinepartnerships.com</a> / www.energymedicinepartnerships.com / www.theCAMacademy.org

Dr. Bulbrook has studied and worked extensively with other organizations such as the newly formed ISGO (IANDS Sharing Groups Online) under the leadership of Chuck Swedrock, IANDS president; JB Rhine Center with John G. Kruth and previously with Sally Feathers, daughter of JB Rhine; and the Academy of Spiritual Frontiers.

The Near-Death Experiencer's I have studied and connected with include: Dr. Effie Chow, RN, Yvonne Sneeden, Sabine van den Bulk, Joseph Lang, Jeff Olson, Peter Anthony, Marcy Neumann, Tamara Richardson, Pat Cunningham, Robin Curtis, Brenda McFie, Karen Thomas and countless others.

These connections have influenced the training that is available to study in multiple educational levels as bachelor, master, doctoral education as well as with this continuing education certificate.

Contact Dr. Bulbrook for more information. Dr. MJ Bulbrook 1.919.923.2409 / eMail her at <a href="mj.bulbrook.au@gmail.com">mj.bulbrook.au@gmail.com</a> or visit one of her web sites where training is offered: <a href="mailto:Energy Medicine">Energy Medicine</a> <a href="Partnerships">Partnerships</a> / Global Healing Alliance



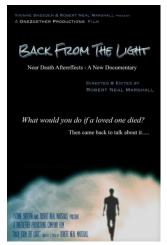
http://cam.institute/

This work builds on previous training offered through joint planning with Yvonne Sneeden and Roy Hill titled NDE AFTER EFFECT RECOVERY AND HEALTH focusing on after effects of NDE.

Yvonne Sneeden, NDE'er

Executive Co-Producer of Back From the Light
IANDS Raleigh Group Leader
Advanced Reiki

Author <u>Back From the Light</u> web page







### AFTER EFFECTS NDE – RAH Team Members



From left to right (Photo taken July 2015)

- Brian Keith Murray- NDE
- Pat Cunningham nurse, & NDE
- Debra Alguire therapist
- · Carlos Regalado healer from Peru
- Sharon Souza energy healer
- Yvonne Sneeden Co-Founder & NDE
- · Mary Jo Bulbrook Co-founder
- Bob Brame energy healer
- Carolyn Heuser pharmacist



