



# AKAMAI UNIVERSITY

## Institute for CAM Studies



University For Becoming More Fully Human

*Based on Virginia Satir Growth Model and Energy Therapy*

**Board Certified in Integrative Health**

**CAM Specialist Training for Health Professionals**

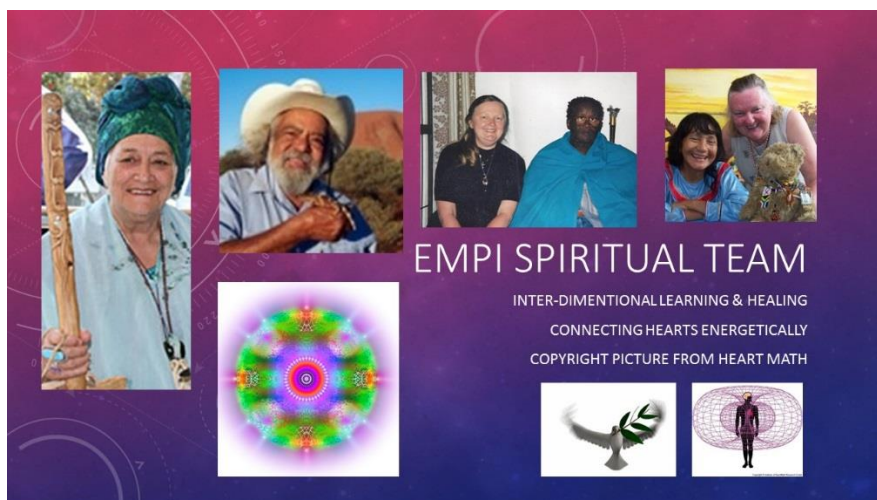
**Offered through Energy Medicine Partnerships**

**Affiliated with Akamai University Division of Continuing Education**

[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)

**Description:** The CAM Specialist Certificate Program is offered through Akamai University Division of Continuing Education and the Institute for CAM Studies for health professionals interested in board certification in Integrative health clinical practice and / or clinical teaching. This includes moving from the disease – symptom to a client empowered model of care and includes the integration of body, mind-emotion and spiritual triangle of health and wellness integrated with one’s cultural perspective.

**Goal:** The CAM Specialist training augments the health professional’s previous training and updates the role into an innovative integrative approach that is inclusive and empowering to the client’s situation and family / cultural perspective. It includes data from spiritual leaders and mentors of the program director: Dr. Rose Pere, Maori tohuna, Bob Randall, Aborigine Elder, Credo Mutwa, South African Sangoma, Amelia Pandura, Peruvian curandero understanding how to work with cultural foundations,



**Continuing Education Units:** The CAM Specialist Certificate Program consists of 18 CEU's (Continuing Education Units) or a minimum of 180 - 200 contact hours of study, reflection, training, practice and mentorship that leads to a CAM Certified Specialist for nurses, physicians, psychologists, social workers, physical therapist, nutritionists and others in the health care system.

**Curriculum:**

- Part I – Foundational Energy Based Training 7 CEU's = 70 - 100 contact hour minimum (Can transfer completed certificate training from an approved energy modality such as Healing Touch, Transform Your Life through Energy Medicine, Touch For Health, Reiki, Etc.\*
  - Introductory seminar optional = 3 contact hours
  - Initial Energy Healing Based Training\* = 60 contact hours
  - Initial Practical Supervised Application = 30 contact hours
- Part II – Preparation for Specialist Training (7 CEU's = 70 - 100 contact hours)
  - Specialist Development, & Interventions = 16 contact hours
  - Specialist Practicum 16 hours minimum outlining previous training
  - Mentorship = 24 contact hours minimum + project 24 contact hours
- Part III – Board Certification through the CAM Academy - Documentation of your Specialist Training as verified by a professional project or paper outlining your specialty 20 contact hours & Professional Ethics Course 2 CEU = 20 contact hours

*\*Initial energy-based training is foundational to specialist track. A student either comes into the program with this training or takes it as Part I foundational energetic care such as Healing Touch Program, Transform Your Life through Energy Medicine, Reiki, Yoga, Touch For Health, Optimal Health, Integrative Medicine, Donna Eden Energy Medicine, Barbara Brennan or Rosalyn Buyere or Cyndi Dale. Experienced students in these training programs qualify for minimum CEU's.*

**Descriptions of CAM Specialist Certificate Program**

**Part 1 Goal: Foundational Energy Based Training**

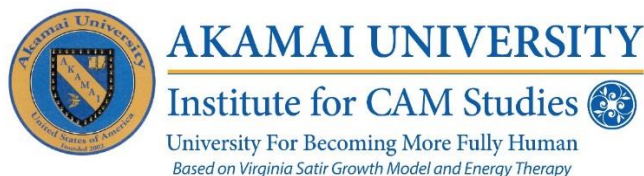
During this course the student will build on his / her professional training in the health care field or another field, apply energy based therapies from previous training such as Transform Your Life through Energy Medicine, Healing Touch, Reiki, Subtle Communication Systems, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Yogi, Tai Chi or Qi Gong, Sound Healing, Life Coaching, Naturopathy, and other eligible completed energy training. Includes also energetic self-care to then apply to clients, Explore the ethical dimensions in providing energy-based care. Define your spiritual growth and healing needs. Complete supervised mentorship. Professionally demonstrate your growth. The student can take a primary unit in Healing Touch, Energy Medicine or Touch For Health at the same time as part of the specialist training.

**Part 2 CAM Specialist Training**

Includes an introduction to the Virginia Satir SEED Model from the University For Becoming More Fully Human based on the 16 year study with Virginia and helping to launch her international training network. Background of the science of heart center power connection based on Gregg Bradens teaching of the Matrix energetics and Dr. Bulbrook's specialty. *Soul Healing* - an exciting in-depth opportunity to explore blocks to your personal journey in life as well as opening the door to increase your healing abilities and Soul Light. This theory and practice use your own spiritual framework to produce changes in your energy system and understanding the energetics of spiritual development.

**Part 3 Board Certification**

Once completing the CAM Specialist training the person can submit for the awarding of Board-Certified CAM Specialist in Integrative Health.



## CAM Specialist Certificate Program

### Integrative Health for Health Professionals

*Practice and / or teaching of energetic approach for Healing for Body, Emotion, Mind & Spirit*

Definitions used for this program such as Integrative Health and Energy Therapy are nationally defined through official US governmental bodies.

Integrative Health defined by the World Health Organization in 2008 definition is used for this educational program.

***Integrative Health involves bringing conventional and complementary approaches together in a coordinated way as defined by the National Center for Complementary and Integrative Health (NCCIH) the US Federal Government's lead agency for scientific research in these areas.***

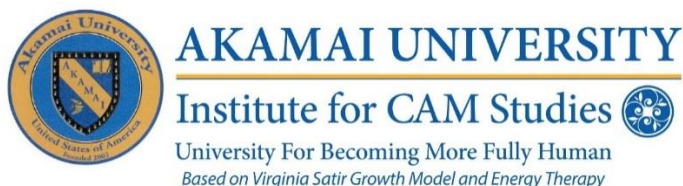
*Energy Therapy is defined by the National Cancer Institute at the National Institute of Health.*

***Energy Therapy is a form of complementary and alternative medicine based on the belief that a vital energy flows through the human body. The goal of energy therapy is to balance the energy flow in the patient. It is used to reduce stress and anxiety and promote well-being. Currently Energy Therapy is being studied in patients receiving cancer therapy, to find out if it can improve the quality of life, boost the immune system, or reduce side effects. It is also called Energy Healing.***

*This Certificate program achieves the goal of integrating current mental health and natural health approaches to health and wellness, using the internationally recognized Virginia Satir's Process for Helping Individuals and Families Change with Energy Therapy.*

#### Program Content:

- ✓ Capture Your Story & Professional Development
- ✓ Learn Helpful Talk & Compassionate Listening
- ✓ Describe & Practice Interventions Specific to Your Specialty
- ✓ Learn & Share Unconditional Love & Healing
- ✓ Communicate the "new you" through revised or other marketing avenues
- ✓ Evaluate Effectiveness of your Growth & Change
- ✓ Create & Practice Your Personal Self Care Program to Maintain Health & Model Well-Being



### Program Objectives:

Participants learning to become a CAM Specialist will be able to:

1. Define your personal specialty practice integrating integral health with your profession.
2. Assess your current body, emotion, mind and spiritual health.
3. Clear your spiritual path and define your life goal and specialty practice & teaching.
4. Develop and evolve your specialist practice to enhance your life purpose.
5. Create your specialty image: web site, name, description, business card, etc.
6. Explore & integrate resources to support your specialty.
7. Demonstrate your specialty practice / teaching.

**Eligible Participants for the Training:** The training is open to anyone desiring to receive a Certificate as a CAM Specialist whose initial training is in the health professionals. This training is foundational for those who desire to be teachers of this program, mentors and supervisors as well.

**Program Fees: Program Fees:** 18 Continuing Education Credits: Part 1 = 7 CEU's, Part 2 = 7 CEU's and Part 3 = 3 CEU Total Program Cost \$2500 or if you transfer in your basic energy therapy initial training program fee is \$1200 for 9 continuing education units. Admission Application: \$50 application fee to university and \$100 evaluation of transcripts to be review for accepted equivalents. [Click Here](#)

Includes 18 continuing education units with international accreditation, core specialist training, modules, spiritual development, mentorship and certificate. Total minimum contact hours of 180 - 210 contact hours to receive the CAM Certified Specialist Certificate. Additional fees may be charged for additional mentorship and healing as needed beyond the basic program.

All fees are payable to Institute for CAM Studies. Includes University credit through Akamai University. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Payment options are available. Part I training also available as stand-alone costs without registration for the whole program. A repeater fee for courses and modules is one/half the cost of each segment.

### Development of the CAM Specialist in Integrative Health for Health Professionals

The development of the CAM Specialist is a spiritual process of self-reflection, connecting with spiritual guidance & your life purpose, self-care and on-going growth and training that fits your personal beliefs and professional goals. Working with a mentor or supervisor can enrich your development and promote healing to clear your path to actualize your educational goals in alignment with your spiritual life purpose. The following guide is developed to support this evolutionary process to empower you to achieve your calling.

### Phase I – Telling Your Story

- My story of my path is...
- My feelings about this are...
- I think that I am ...
- My heart is...
- What I want to say about my situation is...
- My visions for myself at the time include...
- Spiritually I am...

### Phase II - Background to Your Path

- Describe what has been your journey over time...
- Include what your feeling and thoughts are...
- How have your relationships been affected if how...
- What have others said this new interest...
- Describe your ideas about a integrative practice

### Phase II – Defining Your Evolved Goals

Evolutionary changes in the self to clear and heal body, emotion, mind and spirit

- Central Power Current clearing & alignment
- Energy Field Drain & Replenishment
- Energy Centers Clearing & Balancing
- Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension



#### For More Information, Contact Program Developer:

Dr. Mary Jo Bulbrook, CEMP/S/I, Dean of the Institute for CAM Studies  
In Person Training available on-line and in person at The Gathering Place for The  
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