

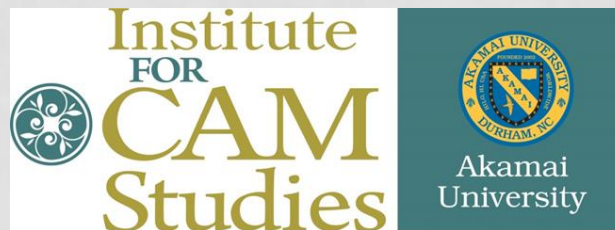
# CONNECTING INDIGENOUS HEALERS

CIH TEACHINGS WITH  
COMPLEMENTARY INTEGRATIVE HEALTH

1

## PRESENTER

Dr. Bulbrook is an internationally renowned master teacher, spiritual / medical intuitive, mystic, shaman, co-creative healing medium, expert energy specialist, health care professional and psychotherapist with over 50+ years practicing, teaching energy based care worldwide.



# ROOTS

Many of the innovations in delivering complementary integrative health worldwide for me came from walking the path with indigenous healers in Australia, New Zealand, South Africa and Peru over my extensive career path teaching practicing and studying complementary integrative health as a nurse, family therapist and psychotherapist.

Lay people came to learn how to be empowered to take charge of the health and healing through a mentorship process that guided an individual, family or community to hear their inner wisdom that serves them.

Health professionals came also to learn how to move in a innovative direction vs. only Western Medicine.

# INDIGENOUS HEALERS COLLEAGUES

Dr. Bulbrook has worked extensively with traditional healers from:

- ✓ *Australia*, **Bob Randall, Aborigine Elder**;
- ✓ *New Zealand*, **Dr. Rose Pere, Tohuna**;
- ✓ *South Africa*, **Credo Mutwa Sangoma**;
- ✓ *Peru*, **Amelia Pandura, Curandero**

Blending their wisdom in her spiritually guided life's work as founder of Energy Medicine Partnerships and Institute for CAM Studies.



# NURSING COLLEAGUES

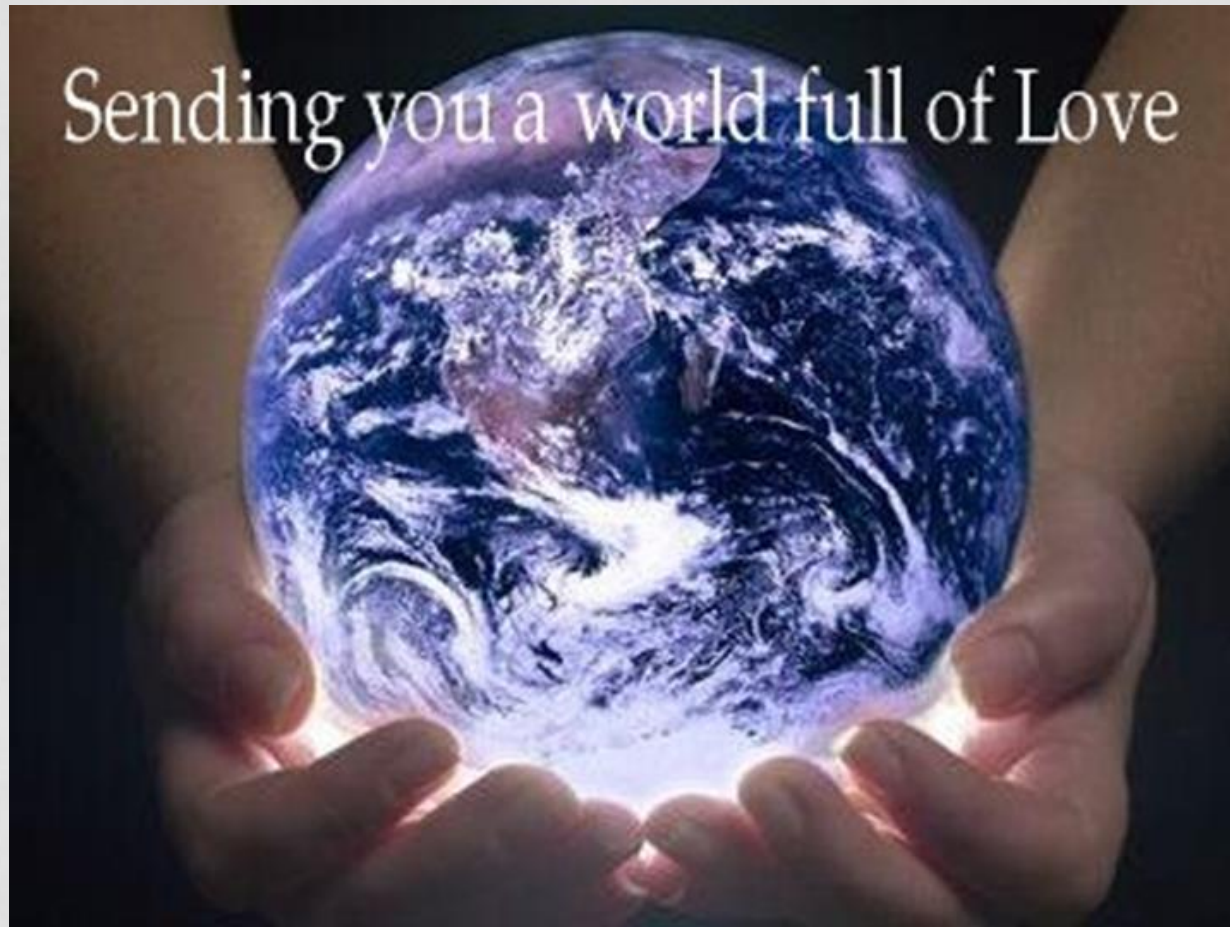
I learned early on – Western Medicine and the doctor are not the one and only way to heal the self and others. Currently this approach is taught throughout my affiliations to help other leaders and educators to listen to their inner wisdom and traditional heritage that guides the process.

In addition the following personal mentors to me include the following that I formed a close relationship with to give me additional experience, stories, expertise from a variety of directions. My mentors, friends and colleagues include Dr. Bernie Siegel, MD addressing LOVE, MEDICINE & MIRACLES.

Those who passed include Virginia Satir, founder of family therapy and social change in family communication patterns. Colleagues include the late:

- **Diane Corcoran**, Intl. Association of Near Death Studies
- **Effie Pow Chow**, East West Academy of Healing Arts
- **Janet Mentgen**, Healing Touch
- **Dorothea Hover-Kramer**, Association Comp. Energy Psychology
- **Charlotte McQuire**, American Holistic Nurses Association

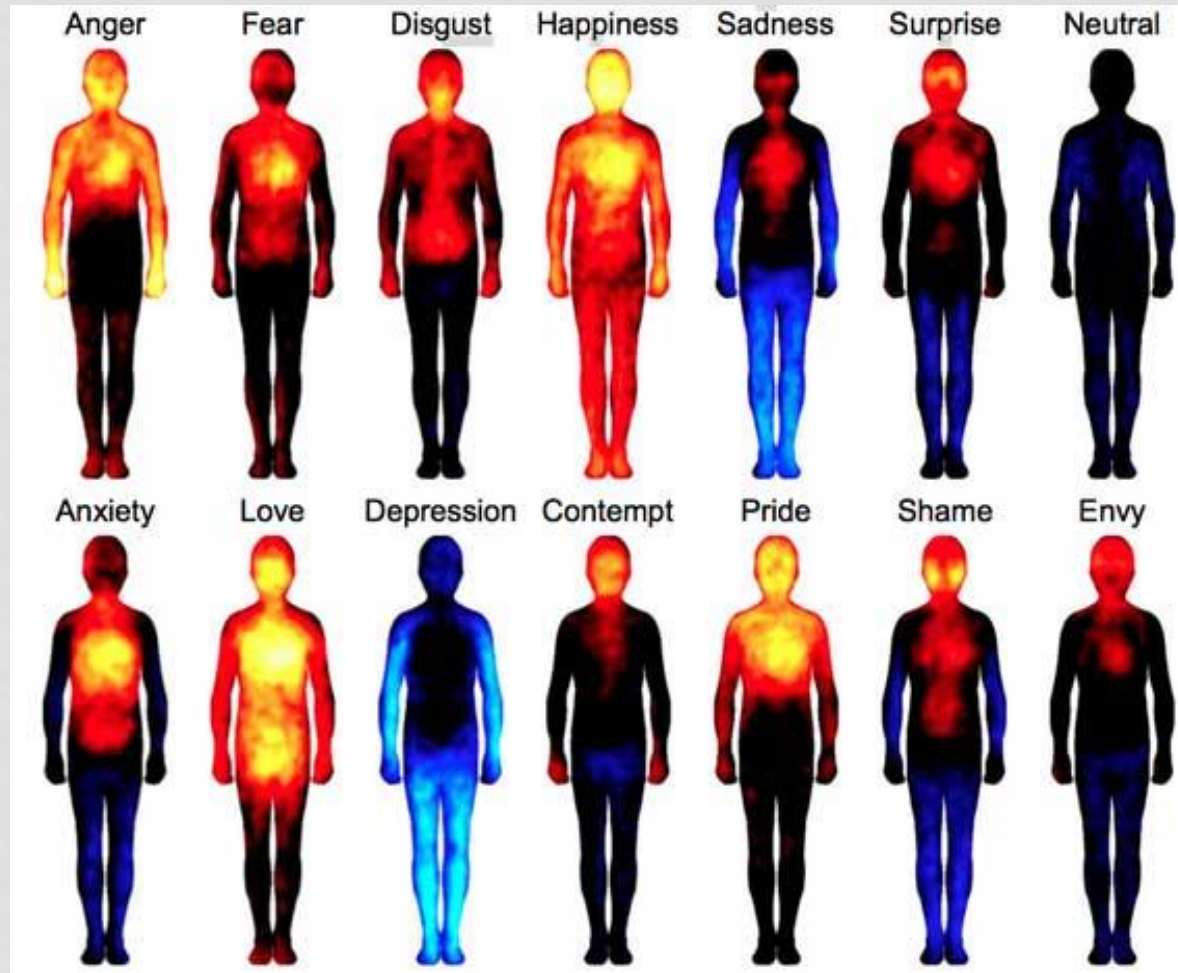
# CORE TEACHINGS

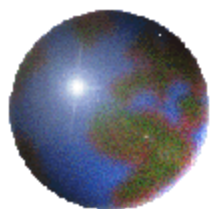


# ENERGY MEDICINE PARTNERSHIPS



# ENERGETIC IMPRINTING

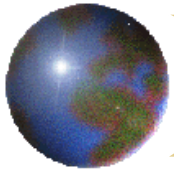




# *Creating Waves of Change*

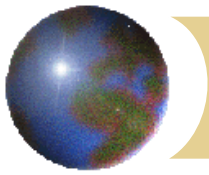
Teaching Healing Touch  
*Spreading Healing Light Worldwide*





# *Australia*



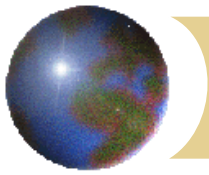


# Australia

- ✚ Mary Jo Bulbrook HT in 1990
- ✚ Developed HT Australia 1990-1995
- ✚ Currently HT managed by Australian Foundation for HT

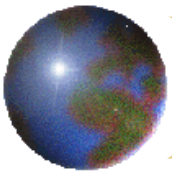




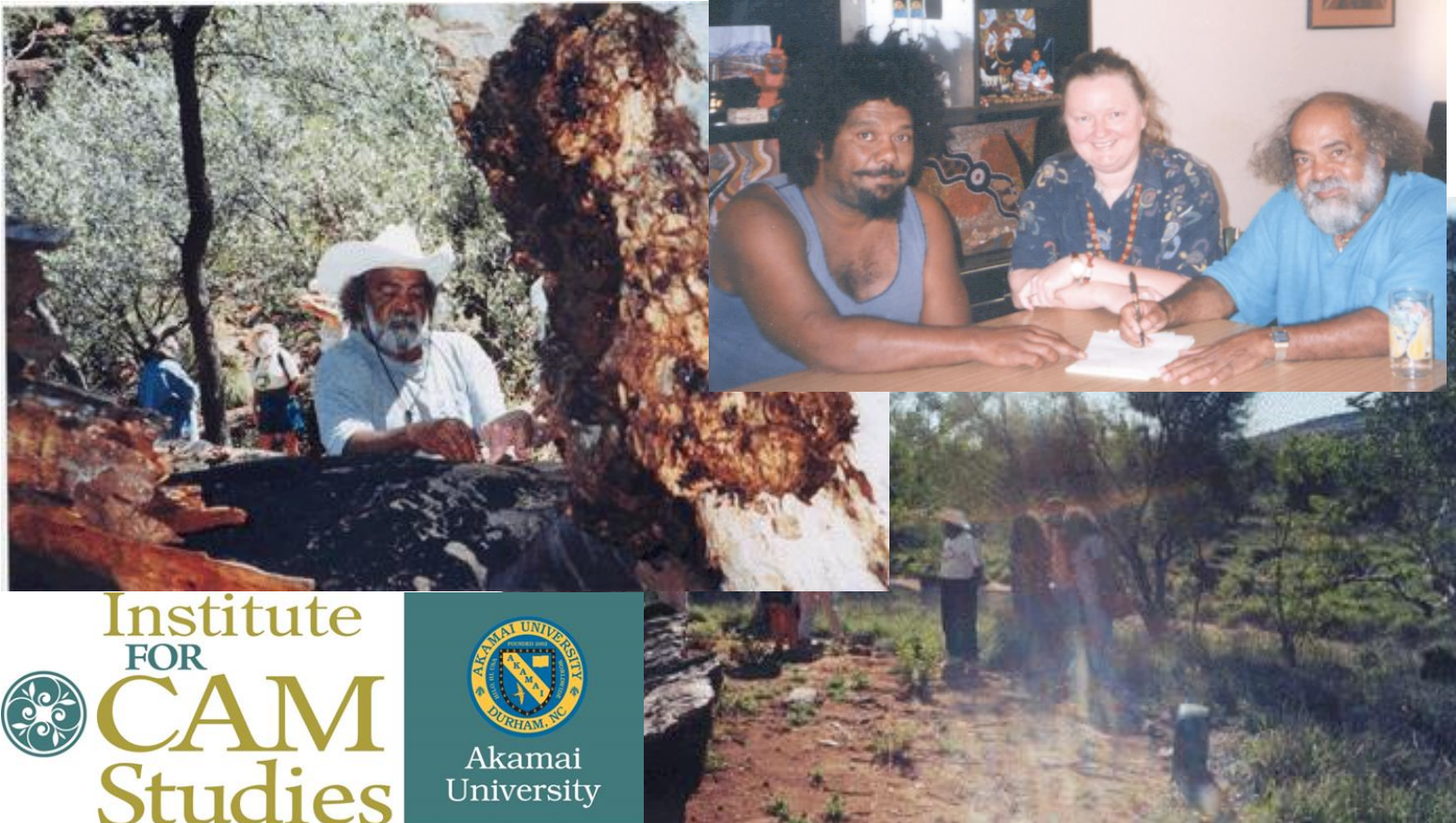


# *Light in Australia- Aborigine Elder Uncle Bob Randall*

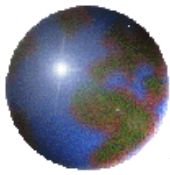




# *Working with the Aborigines*







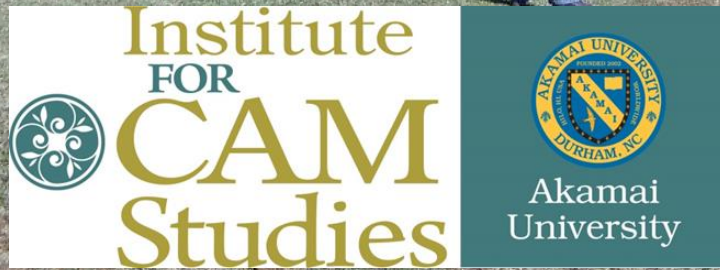
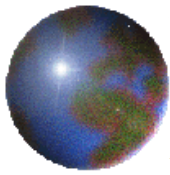
# *The Healing Touch Song*

*Written & Sung by My Friend & Colleague*

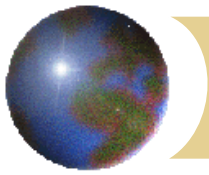
*Bob Randall, Aborigine Elder from*

*Uluru, Central Australia – on Tour with EMP Community*



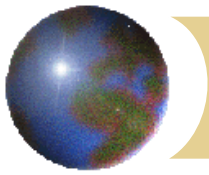






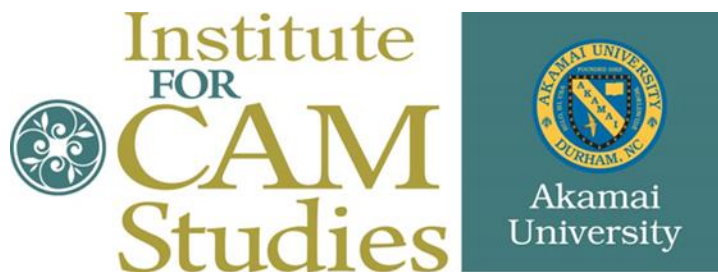
# *New Zealand*

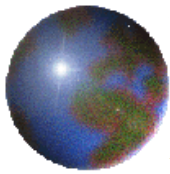




# *New Zealand*

- ✚ Developed HT 1994-98 by Mary Jo Bulbrook, HT New Zealand
- ✚ Registered HT as a non-profit organization under the leadership of Annis Parker from Christchurch, NZ

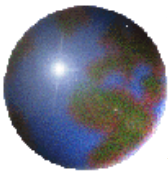




Institute  
FOR  
CAM  
Studies







:Dr Rangimarie Turuki:

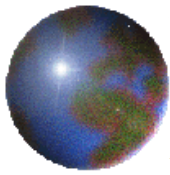
*“Tohunga Tīpua” “Keeper Of The Secrets”*



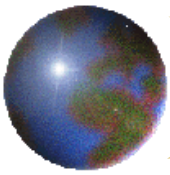
Institute  
FOR  
**CAM**  
Studies

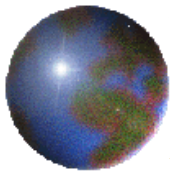


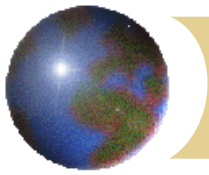
Akamai  
University











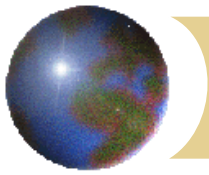
# *South Africa*

## Cities Served in South Africa since 1997

- ✚ Cape Town
- ✚ Johannesburg
- ✚ Peitermaritzburg
- ✚ Natal
- ✚ Durban
- ✚ Valley Trust



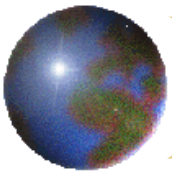




# *Zulu Village*

✚ After we heal them,  
They heal us.





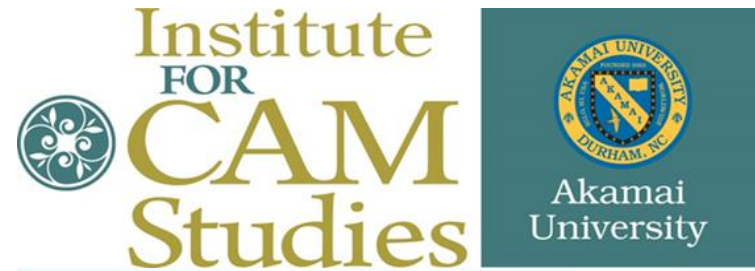
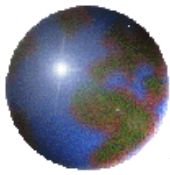
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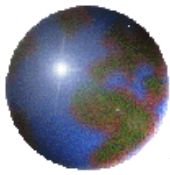
Akamai  
University





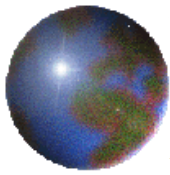






# *Valley Trust, Natal*





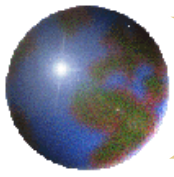
Institute  
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Studies



Akamai  
University

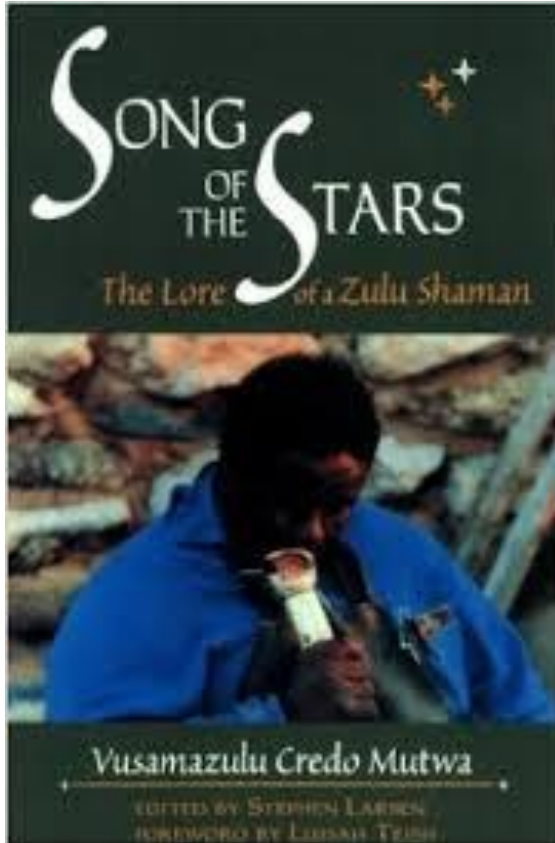
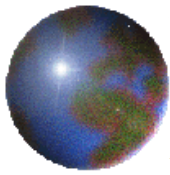




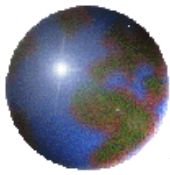


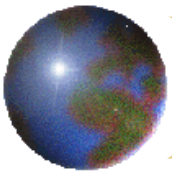
# *Nurse Virginia Rathele, Sangoma with Credo Mutwa*







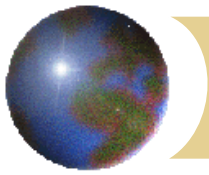




# *Cape Town, School of Nursing*

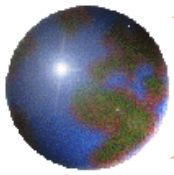






# *AIDS Consortium in South Africa*

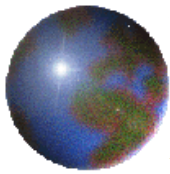


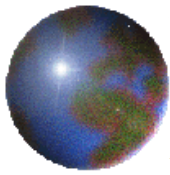


# *Johannesburg* Friends for Life Volunteers for the Sick & Dying

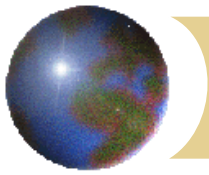




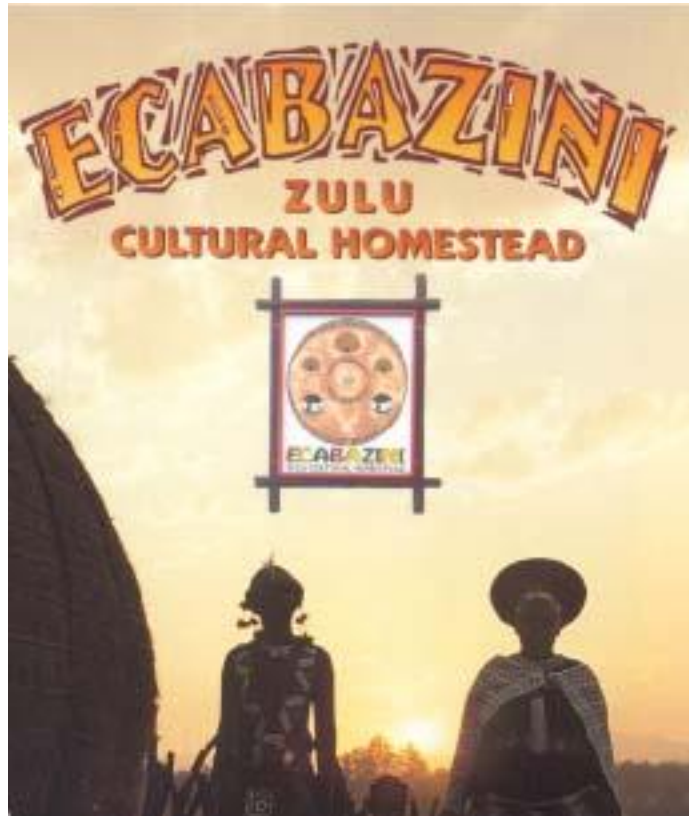






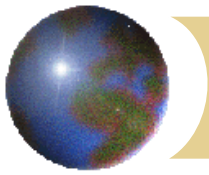


# *Pietermaritzburg, South Africa*



- ❖ Ecabazini, Traditional Zulu villiage in Cascades outside Pietermaritzburg
- ❖ Offered healings to the people
- ❖ Healing Center opening combining HT and tradational Zulu healing practices





## *Ecabazini in South Africa*

- ❖ C J Hood, owner of the traditional Zulu village is offering HT now. He has almost completed his practitioner training and will open a healing center on site.



# Spiritual Journey to South Africa

September 14 – 27, 2017



# South Africa 2017 Goals

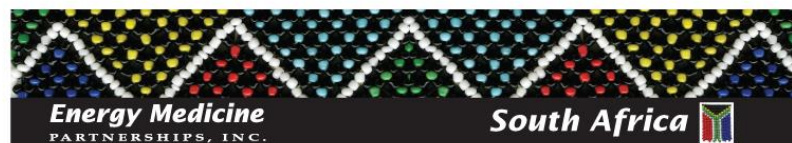
Dr. MJ Bulbrook & EMP-SA

[Brochure for the Journey – Click Here](#)

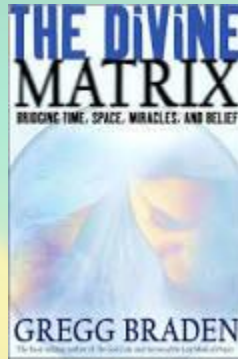


**SPIRITUAL** *Me*  
Mystical Experiences

- Reconnecting With Colleagues
- Connecting Hearts
- Establishing Training Opportunities







**All Connected**  
**Gregg Braden's 2007 Book**  
The Divine Matrix: Bridging Time,  
Space, Miracles & Belief

**SPIRITUAL** *Me*  
Mystical Experiences

*“Everything in the world is connected to everything else.” p. 10*

ONEness of all nations, communities, humans, plants, animals

- What beliefs hold us together?
- How to communicate and stay connected based on our beliefs and values?
- What's next for your individual path in South Africa?

# Wellness For All: Achieve Optimal Health

## Listen Inside

Listen to the needs of your soul rather than your mind. There is a difference between the two. The soul is linked directly to Source and will help us fulfill our destiny.

Listening to the mind is attached to the ego and not our higher destiny directly. So, the time you take listening inside will help set your path and life's work.

**SPIRITUAL** *Me*  
Mystical Experiences

## Power of Inner Light

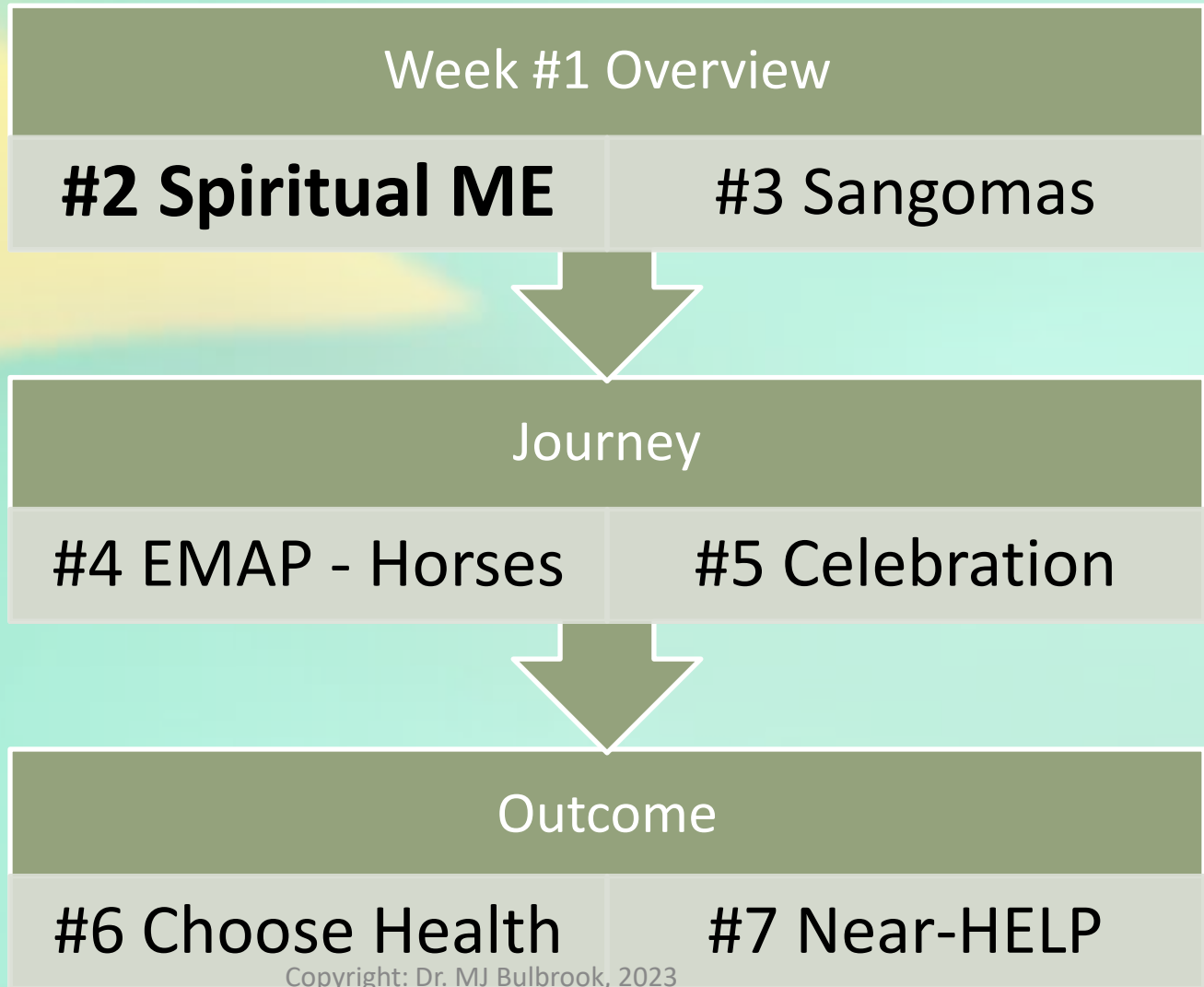
Each of us has within, all that we need to live our lives. Part of the path is to discover what that is, and recognize that God's presence is in me. Journey to your spiritual core, and from that place dwell in the light of all that is holy and sacred.



# 7 Week Highlights & Preview

Sept. 18<sup>th</sup> to Nov. 29<sup>th</sup>

On-line journey reviewed & recorded live on [Zoom click here!](#)





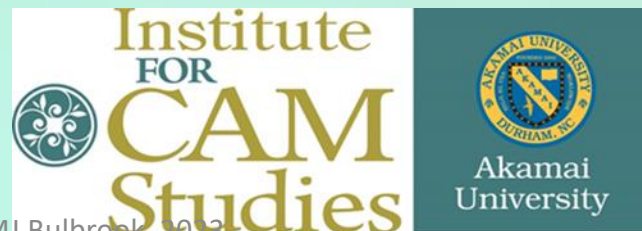
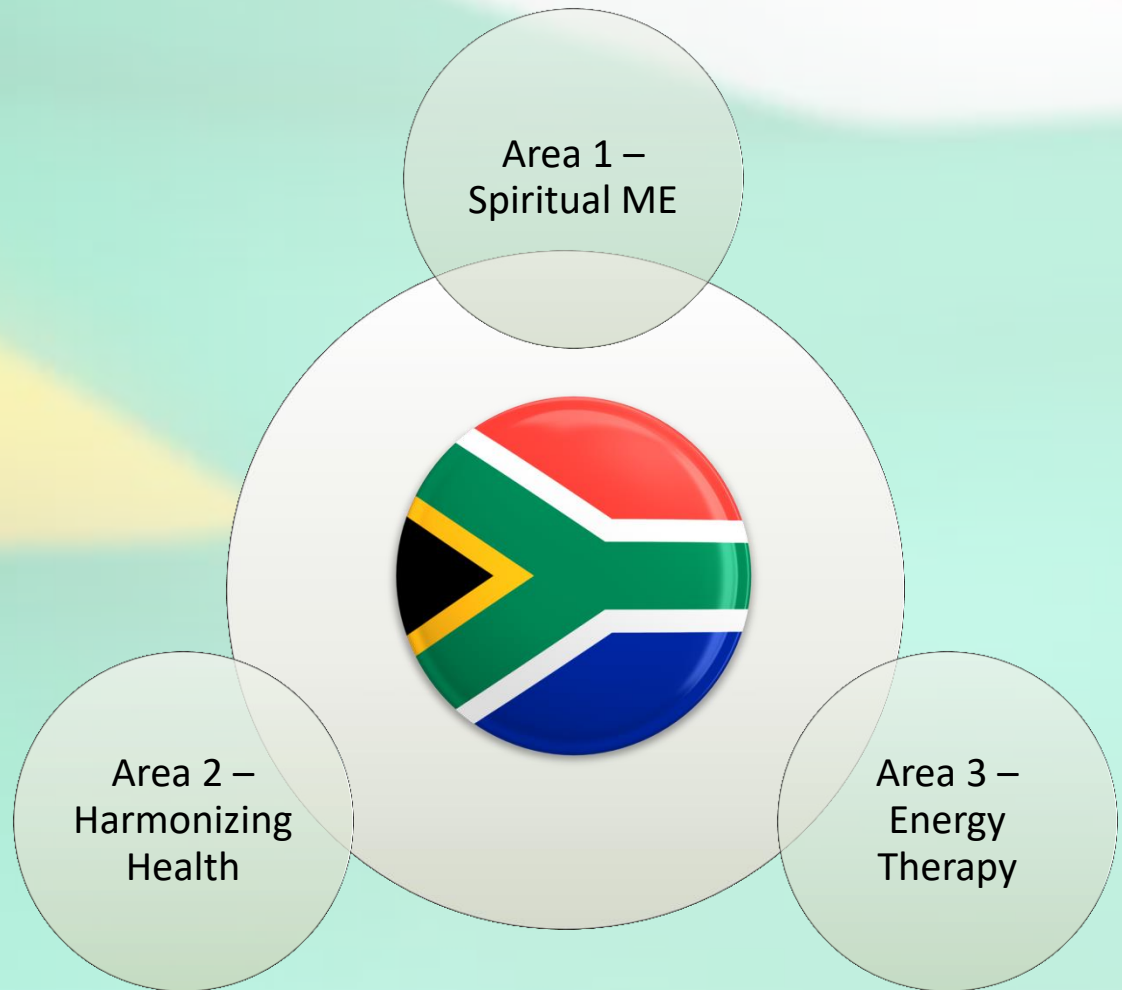
# Training Opportunities

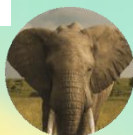
Connecting with Traditional Healers of South Africa – co facilitated with C J Hood, Sangoma & Energy Medicine Specialist

Holistic Approach to Education and Healing with a Multi-Dimensional Spiritually Guided Framework

Energy Therapy has two focus:  
Choose Health and  
NEAR-HELP

Showing of Back to the Light  
Documentary Film Co-  
Producers Yvonne Sneedeen  
and Robert Mitchell





# Agenda for the Mini-Series

Includes handouts & readings from Dr. Bulbrook per topic  
Sessions recorded on ZOOM <https://zoom.us/j/7784295219>

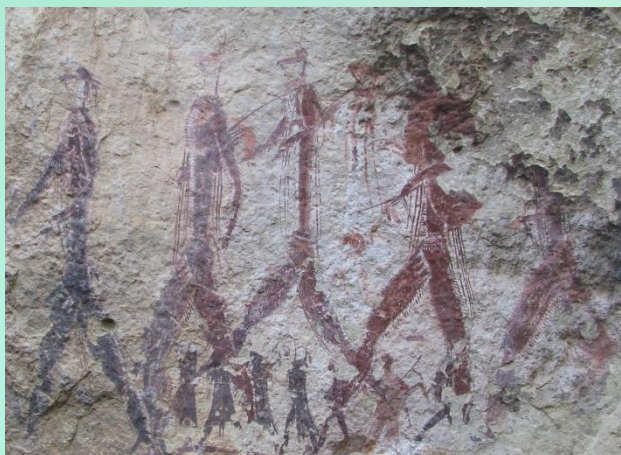
Overview of the Journey



Mission - Goals



Highlights & Resources



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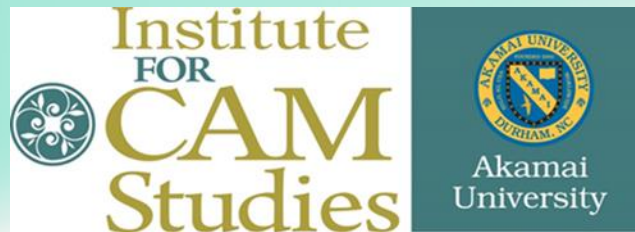






## Course Location - Champaign Castle

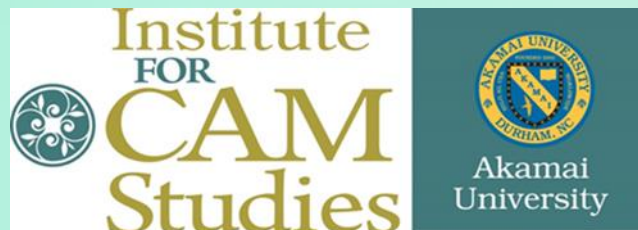
CJ Farm - Spiritual ME



# SPIRITUAL *Me* Mystical Experiences

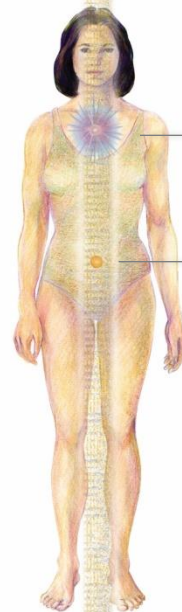
## Your Journey

As we commence this journey lets us go within, connect with our spiritual guidance and be led to the path to enfold with our time together and beyond..



# Hara Line & Its' Aspects of Consciousness

The Hara line is laser-like line of intention. When properly aligned the hara extends vertically within the physical body. Not visible to the human eye it has been said to be approximately one-third inch wide. It begins approximately three and one half feet above the crown chakra and extends downward to the core of the earth.



Soul Star – where your essence is stored.

Individuation Point – the identify of who you are in this lifetime

Soul Seat – were you life purpose is stored

Tan Tien – the grounding in the self

Earth Star – You are connected to the Earth and able to manifest what is in your heart.



# Healing Wounds — Hara Assessment and Revitalization

Begin at the Soul Seat – fingers pointed up. Pendle.  
Then, at the Soul Seat – fingers pointed down. Pendle.  
Do this for the ID Point, Soul Seat, Tan Tien and the  
Earth Star.

Example:



**Energize the Hara Line**  
using 3 finger ultrasound,  
1 finger laser, or 2 finger  
laser between the Soul Star  
and the ID Point, between  
the ID Point and the Soul  
Seat, between the Soul  
Seat and Tan Tien, between  
the Tan Tien and the Earth  
Star. Pendle to check the  
energy balance.

Assess the Tan Tien –  
fingers pointing up

Assess the Tan Tien –  
fingers pointed down

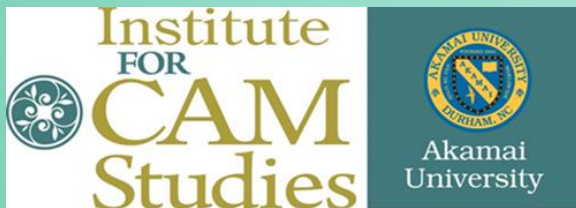
# Resurrection to your Soul's Path

Development of the Self  
Spiritually

## Intervention & Process:

Start: Assess Your Energy: left & right, top & bottom, front & back, 7 chakra, hara, core star, brain hemispheres, brain levels, field present, past & future

- Pray to Source
- Connect to Your Heart
- Bring down light from Source
- Connect to earth energies
- Infuse your spine with Divine Light
- Inner core connection: front one hand on shoulder and other hand on opposite hip, then switch to other shoulder and the other hip. Visualize doing the same on the back of the body connecting shoulder & hip – this actions strengths the inner being
- Post energetic assessment
- Shine Your Light – expand core star by holding your hands at waist level with palms up



**SPIRITUAL** *Me*  
Mystical Experiences

**SPIRITUAL** *Me*  
Mystical Experiences

  
**Transition  
HolisticCare™**  
Support during a life transition

  
**Peace Within  
Peace Without™**  
Evolving spiritually

  
**Institute  
FOR  
CAM  
Studies**

  
**Akamai  
University**

## **Path of Love & Service**

Hand Chakra - Spiral Intervention

For Self & Others





# Harmonizing Health

Becoming More Fully Human Symposium  
*Incorporating the Virginia Satir Growth Model and Energy Therapies*

## Spiritual Intuitive Development — Increasing Your Divine Light Intervention

**SPIRITUAL** *Me*  
Mystical Experiences

 **Peace Within  
Peace Without™**  
Evolving spiritually

**PATHWAYS TO HEALTH®**  
Self Care

4/12/2023

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# Align Your Energy Centers with Your Soul's Purpose

## Vibration of Love

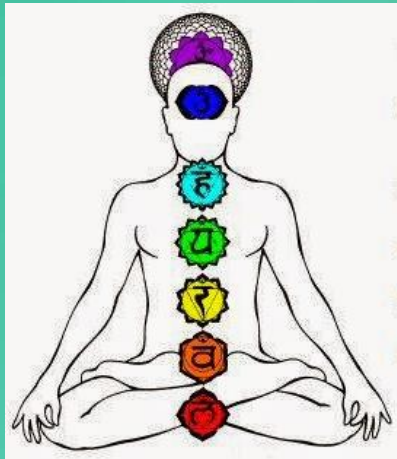
Clear your energy system  
With Divine Love

## Vibration of Gratitude

Charge and fill your energy  
system with Gratitude and  
Grace

## Vibration of Spirit

Infuse your self with spiritual  
intention to realize your  
Life's Purpose



# Wellness For All: Achieve Optimal Health

## Closing Guidance:

### Acceptance

A virtue to acquire in your life is acceptance of things as they come, accepting people as they are and life as it is. For in doing so, we enter into the state of Divine Light willing to help us discern what is right for our lives. Everything that happens to us is part of the opportunity to transform the self into the Light.

**SPIRITUAL** *Me*  
Mystical Experiences

## Power of Inner Light

Each of us has within, all that we need to live our lives. Part of the path is to discover what that is, and recognize that God's presence is in me. Journey to your spiritual core, and from that place dwell in the light of all that is holy and sacred.





## **Flying with my Higher Self**

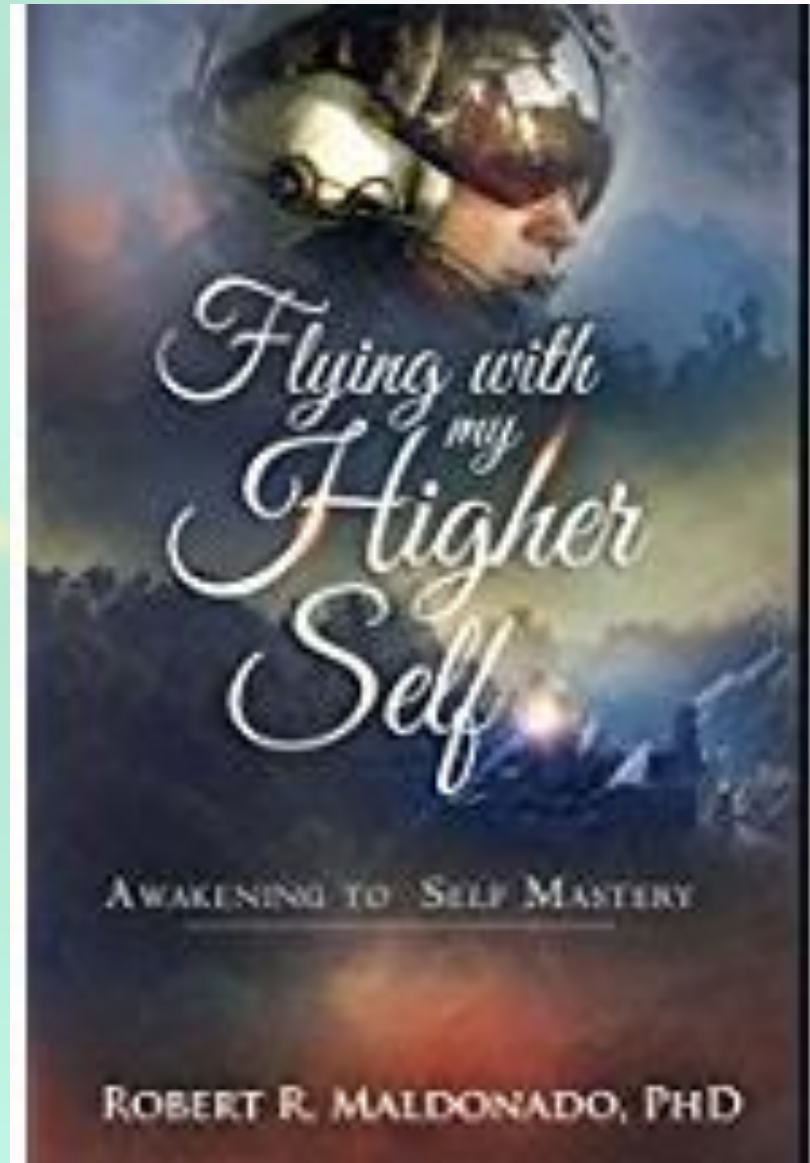
Robert R. Maldonado, PhD

Certified EM Practitioner / Instructor

Publication released on Oct. 11, 2017

[www.authorrobertmaldonado.com](http://www.authorrobertmaldonado.com)

ISBN:9781977777720



# Energy Medicine Animal Program

## Mary Jo Bulbrook, CEMP/S/I

### Program Director

*Introduction to EMAP & Caring for Animals (3 hours)*

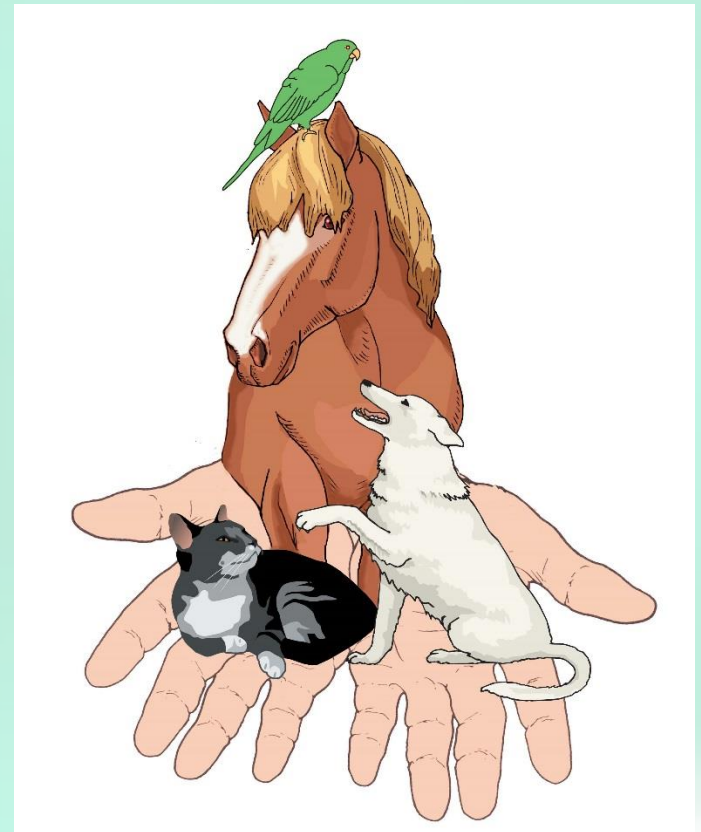
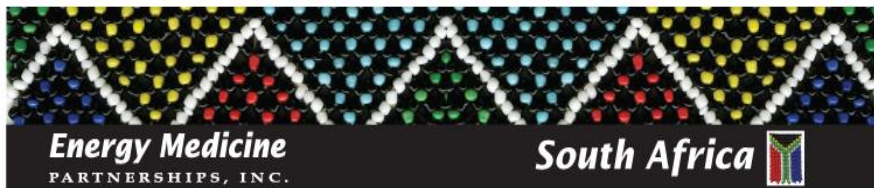
*Includes small animals & large animals (equine).*

*Based on Transform Your Life through Energy Medicine (TYLEM)*

What are the animals saying to us?

How to help them using Energy Medicine?

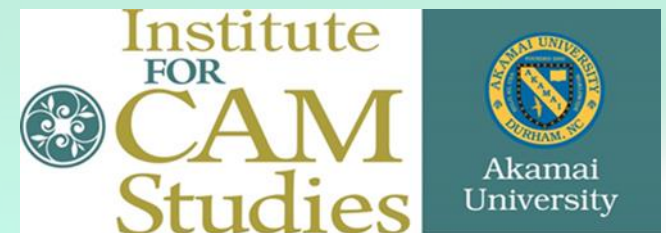
How they can help us?



# Introduction Contents

<https://www.energymedicinepartnerships.com/a/events-simple/details/621-Tour%20to%20South%20Africa.html>

1. Program description
2. University affiliation option
3. Energy system of animals – small & large (how are they alike and how are they different?)
4. Stories of applying EMAP in US, Canada, South Africa, Australia
5. Energetic assessment
6. TYLEM interventions





# Program Options

## Energy Medicine Partnerships

Certificate of completion from EMP

<http://www.energymedicinepartnerships.com/a/training-programs/animal-program.html>



## Akamai University Affiliate program

[Certificate of completion from AU & EMPI](#)

[Division of Continuing Education](#)

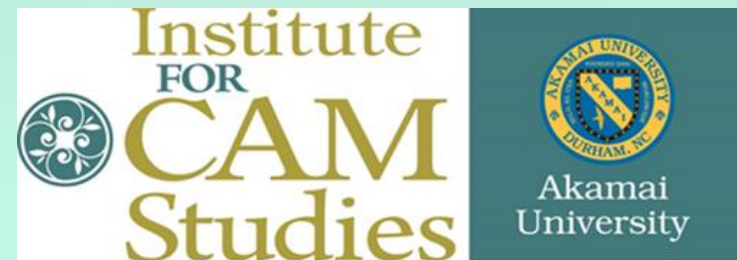
[Additional cost & requirements](#)

### Introduction

EMAP Level 1 – Energy Centers & Energy Field

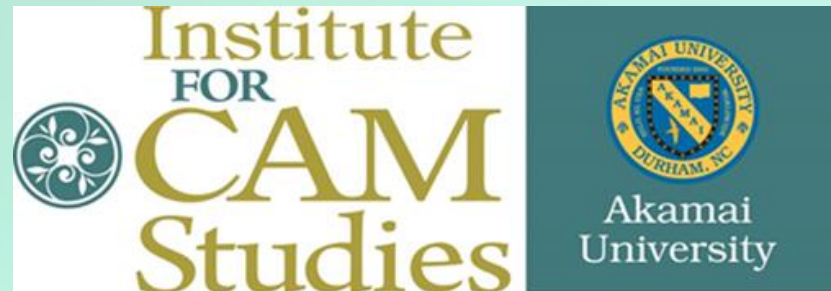
EMAP Level 2 – Energy Tracts, Hara & Core Star  
Practicum & Mentorship

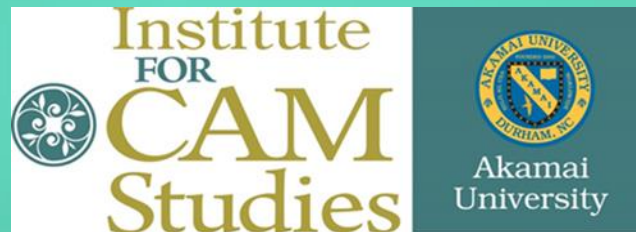
Practitioner (large or small animals or both option)



# Energy System

- Energy Centers
- Energy Field
- Energy Tracts
- Central Power Current
- Core Star
- Interfering Energy's
- Fragmented Energies





## Course Location - Champaign Castle



# Learning to use a pendulum





# Sept. 2017 South Africa with Animals



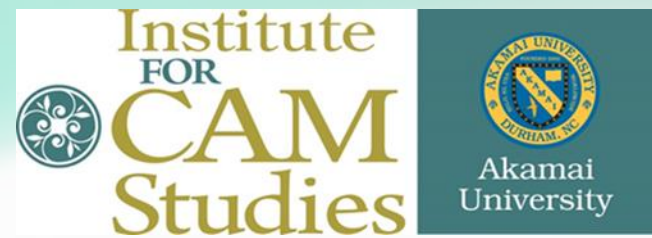
# EMAP I

## Energetic Assessment





# Connecting



# Inner Core Balance





# Assess the energy system

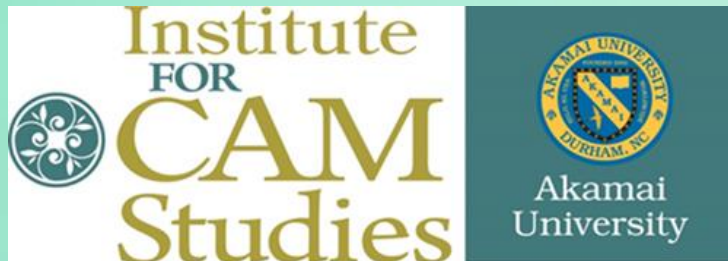
Pendulum

Surrogate muscle testing



Hand scan

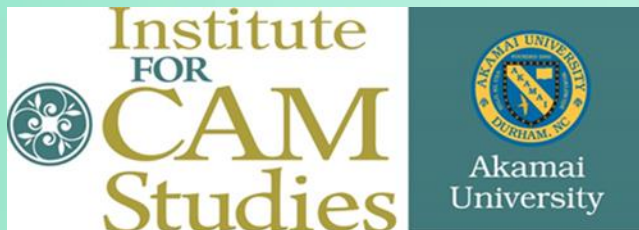
Higher Sense Perception





# Discuss TYLEM Interventions

1. Send Energy
2. Move Energy
3. Meridian Interventions
4. Energy Centers Examples
4. Energy Field Drain & Replenishment
5. Central Power Current





## **Peru class May 2015 discuss classroom dynamics**

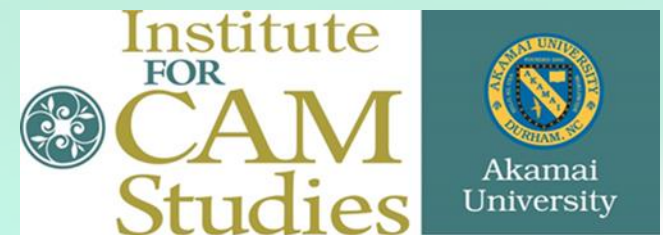


# Healing from the horse in South Africa





# Energetic Interventions

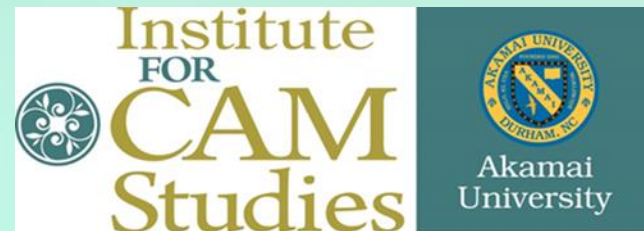




Through Heart Connection – Forms energetic path

# **ANIMAL SPIRITUAL ATTUNEMENT**

# Spiritual Attunement Examples





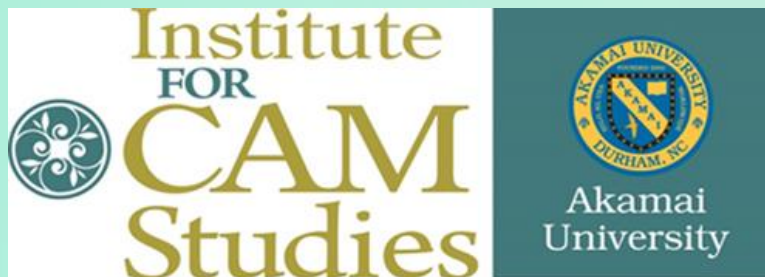
# Healing Between Animals & Humans Stories

Explore simple ways to help animals heal using Energy Medicine

Explore energetic assessments & interventions

Share animal-human experiences healing stories

Describe human and animal communication



# Connect Energetically Heart to Heart





# Interspecies communication

Best friends

I will be your mom





# **EMAP CANNINE**

## **Teachers & Beloved Companions**



# Wellness For All: Achieve Optimal Health

## Closing Guidance:

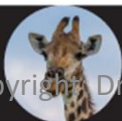
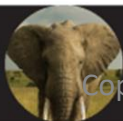
### Become ONE

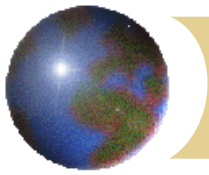
As we serve the animals they serve us. Become one in Spirit and enhance each of our lives within and without. Become free of burdens that block our love and our light.



## Enjoy Life!

Talk time to enjoy life to the fullest. Let go of worry, stress and confusion. Rather embrace the spiritual connections we all have to be fully present, enriched and in joy. Love to all now and forever.





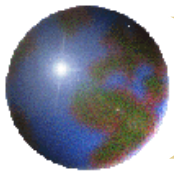
# *Foundress of Manos Sanadoras, Peru*



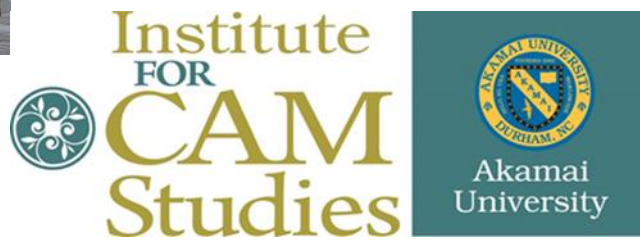
- ❖ Sister Barbara Cavanaugh, Mercy Sister Missionary in Peru for 31 years

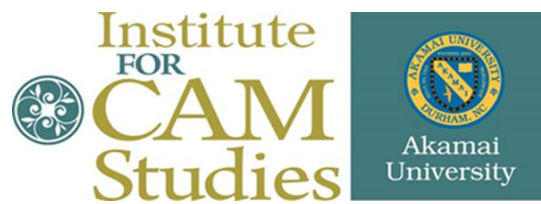
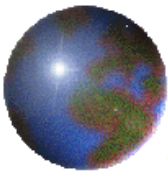
Through her vision and persistence to serve the people of Peru, Healing Touch made it way to a living reality of  
*Spreading Healing Light*



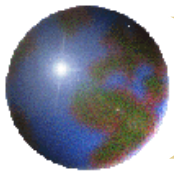


# *Peru - South America*





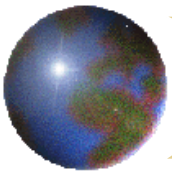




# *Area Served in Lima, Peru*

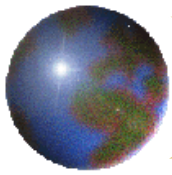




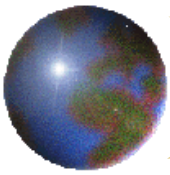


## *Peru, Amelia Pandura, Curandero*

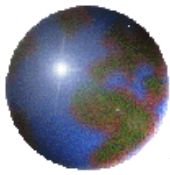












# *Caring for the Elderly*



# ENERGY MEDICINE FOR PHYSICIANS

Lima, Peru May 9 & 10, 2014

Copyright: Dr. MJ Bulbrook, 2023

4/12/2023



# Uniting Healers Worldwide

IN PERU 2017

MARY JO BULBROOK, EDD & ELENA VALENCIA, MD



# Archway of Light

— a bridge between two worlds, a way to  
communicate with the spiritual realm.

## Energy Medicine Intervention

Gifted by Priscilla Otto through Dr. Mary Jo Bulbrook 16.04.2015

# Archway of Light

- ▶ Set the Intention
  - ▶ Create the “Archway of Light”
  - ▶ Invite Spirit of Energy Medicine Healing
  - ▶ Receive Personal Message to Serve your Healing Ministry
- ▶ Optional Uses for Archway of Light
    - ▶ Release dynamics related to person who has passed
    - ▶ Assist in dissolving grief
    - ▶ Eliminate unfinished dynamics
    - ▶ Assists both the Soul of the person who has passed & those left behind
    - ▶ Supports transition to the light



# Sacred Ceremony

- ▶ Cutting Cords influencing Life Purpose
- ▶ Condor Feathers Blessing
- ▶ Anointing of Hands for Service



UNITING  
HEALERS  
WORLDWIDE





# Complementary Integrative Health (CIH)

Connecting & Building  
Community

To Transform Your Life!

## Dynamic Education & Practice Complementary Integrative Health

Energy Medicine Partnerships

Dr. Mary Jo Bulbrook RN, EdD, CEMP/S/I, HTP/I, HTCP, CIH

[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

Email: [info@energymedicinepartnerships.com](mailto:info@energymedicinepartnerships.com)

[triangleholisticcenter.com](http://triangleholisticcenter.com)

Email: [info@triangleholisticcenter.com](mailto:info@triangleholisticcenter.com)

Affiliate: Akamai University

[info@akamai.university](mailto:info@akamai.university)



**TYLEM**  
Transform Your Life  
Through Energy Medicine

**SOUL**  **2SOUL**  
COMMUNICATION



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE

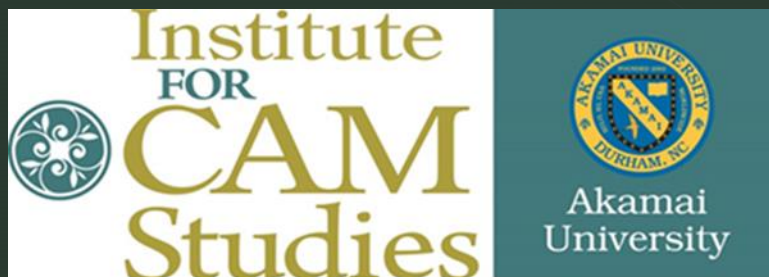
**NURSETAKE2**  
Heart to Heart – Soul to Soul

**SPIRITUAL**  
*Me*  
Mystical  
Experiences

# Support during a Life Transition

Dr. Mary Jo Bulbrook, RN, CEMP/S/I, HTCP, HTP/I, ICF

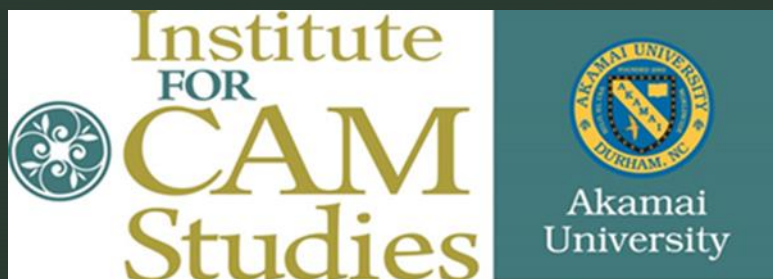
## Transition Holistic Care & Resiliency



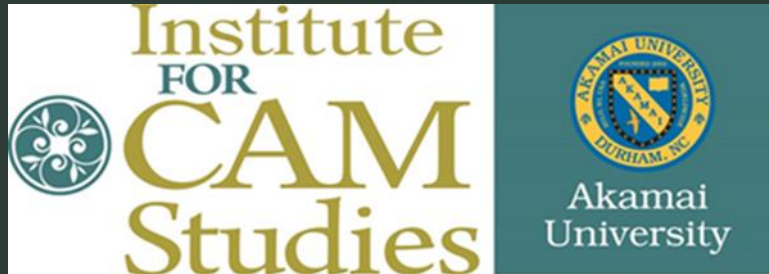


Healing Within & Without

# Spiral Walk Journey







# Purpose

Support during a life-transition

## Transition Holistic Care

Support during a life transition

### DYNAMICS

- Worry and stress
- Fear and anxiety
- Sadness, grief, loss, guilt
- Anger, resentment, hurt
- Lack of joy and love

- Depression
- Empty nest
- Marriage

### STAGES

- Birth
- Childhood
- Adolescence
- Adulthood
- Aging
- End of life

### SIGNIFICANT EVENTS

- Illness diagnosis
- Job or income loss
- Near death experience
- Relocation



**Dr. Mary Jo Bulbrook**  
RN, CEMP/S/I, HTCP

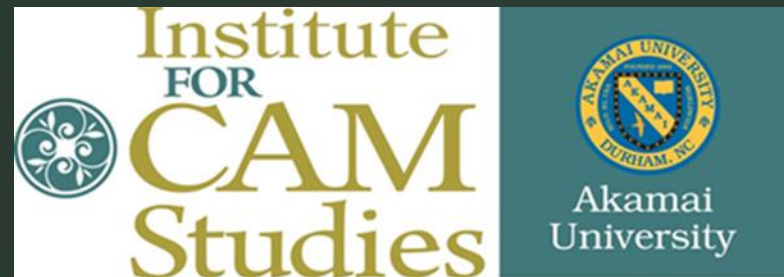


3211 Gibson Road  
Durham, NC 27703  
(919) 923-2409  
[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

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# Interventions

- Types of transitions & impact includes life's dynamics, stages and significant events
- Your transition story
- Define your goal
- Full energetic assessment
- Interventions to promote healing and resolution
- Post evaluation



# Messages for Today

## Being Present

“It is time for you to be fully present. To capture the Divine Spirit within and then share it without for all to experience YOU, your life and Divine Inspiration”. May 23<sup>rd</sup>, 2019

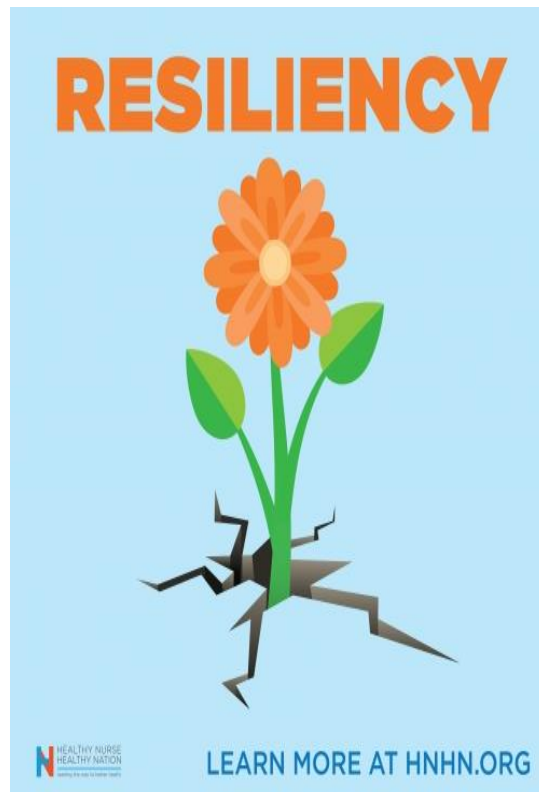
## Inner Journey

All of the stresses of life that are causing you pain need to be let go. Align yourself with the goodness of life rather than the darkness of life. Uplift your soul daily rather than burdening your life with darkness. Rain is needed to bring forth the flowers of life and the fruits to feed us. All rain in life supports your walking path of love and light. Sept. 19<sup>th</sup>, 2019



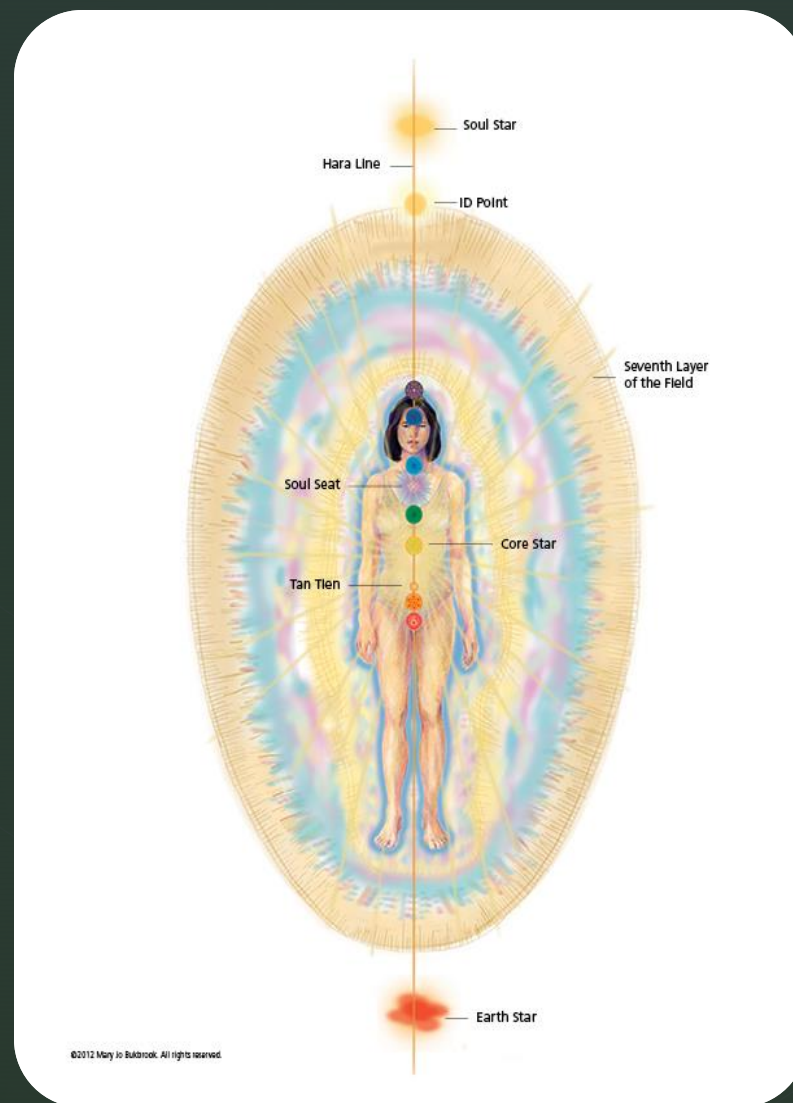
# How can you withstand the pressure?

98



# Energetic Assessment

- Energy Centers
- Energy Field
- Energy Tracts
- Central Power Current
- Core Star
- Interfering Energies
- Fragmented Energy



# Transform Your Life Interventions

- Moving, Sending, Clearing Energy
- Energy Field Drain & Replenishment
- Inner Core Balance
- Heart Attunement & Cutting Cords
- Infinity Balance
- Removing Unwanted Energies & Recalling Fragmented Energies
- Blessings with Light & Love





# Contact

Dr. Mary Jo Bulbrook,  
CEMP/S/I

919.923.2409

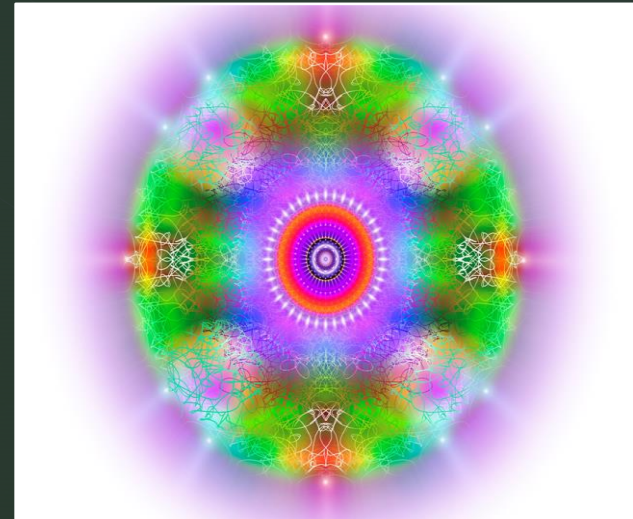
[Unitednursesnetworks.org](http://Unitednursesnetworks.org)  
[info@unitednursesnetworks.org](mailto:info@unitednursesnetworks.org)

**UNITED NURSES  
NETWORK**  
Heart Centered Connections



[Globalhealingalliance.com](http://Globalhealingalliance.com)  
[bulbrookgha@gmail.com](mailto:bulbrookgha@gmail.com)

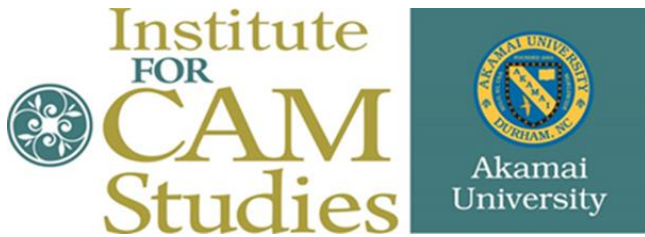
[maryjo@energymedicinepartnerships.com](mailto:maryjo@energymedicinepartnerships.com)  
[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)





VIRGINIA SATIR  
PEACE WITHIN  
PEACE BETWEEN  
PEACE AMONG

## Centered Meditation for Group Coherence Achieving Peace



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE



Your Life?

# Complementary Integrative Health (CIH) Care



Heart Centered Initiative  
Restore Hope • Promote Healing

WORLDWIDE

- Board Certification:  
Complementary & Integrative Health  
(CIH): Education, Practice, Research
- Email: [CIHcare@gmail.com](mailto:CIHcare@gmail.com)
- 1.919.808.8596
- Join us on Facebook, Twitter, LinkedIn
- [EMP](#) YouTube Channel / [CIH](#) YouTube Channel



Dynamic Education & Practice  
Complementary Integrative Health

Energy Medicine Partnerships

Dr. Mary Jo Bulbrook RN, EdD, CEMP/S/I, HTP/I, HTCP, CIH

energymedicinepartnerships.com  
Email: [info@energymedicinepartnerships.com](mailto:info@energymedicinepartnerships.com)

triangleholisticcenter.com  
Email: [info@triangleholisticcenter.com](mailto:info@triangleholisticcenter.com)

Affiliate Akamai University  
[info@akamai.university](mailto:info@akamai.university)







**Personal Statement:**

My life purpose is to help awaken and empower individuals on their personal and professional journey.

It started in my teens when I began to have multi-dimensional experiences.

# SHARE THE KNOWLEDGE

## 3 HOURS, 3 DAYS IN APRIL

---

HONORING  
OUR  
ANCESTORS



CHOICE &  
EMPOWERMENT



SATIR  
FAMILIES  
TOGETHER



Heart-Centered Initiative  
World Event Online April 23 - 25, 2023  
Time 2 - 5 pm Eastern Time Zone

# Simple Energetic Exercises for Support & Help

- Connect heart to heart – soul to soul
- Listen, listen, listen
- Reflect what gets triggered in you – speaking your truth
- Let go of pain & struggle
- Choose joy



Picture of Virginia & Mary Jo in Seattle, WA in the 80's.

Transforming Individuals  
Families:  
A guide to Spiritual  
Awakening & Healing

34 Years Later – Looking Back:

The Process of Becoming More Fully Human -  
Satir Teachings

Through the heart & eyes of

Dr. Mary Jo Bulbrook, CEMP/S/I, HTCP

Coordinator of Avanta Networks first Process Con  
Park City, Utah in collaboration with University of



VIRGINIA SATIR  
PEACE WITHIN  
PEACE BETWEEN  
PEACE AMONG

Widening Our Lens, Deepening Our Practice



# Multi- dimensionality Reduce Stress

## Family Care & Comfort

Blending  
Virginia Satir Family  
Dynamics with Energy  
Therapy



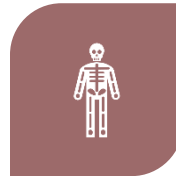
OPENING SHORT  
MEDITATION -  
GATHER - GROUP  
HEART  
COHERENCE



POWER OF  
GROUP  
GATHERING TO  
TRANSFORM YOUR  
LIFE!



WHY GROUP  
COHERENCE?



TRANSFORM IN  
YOUR LIFE - RIGHT  
NOW?



EXPLORE YOUR  
SOUL JOURNEY



SIMPLE EXERCISE  
TO BALANCE  
INNER & OUTER  
LIFE

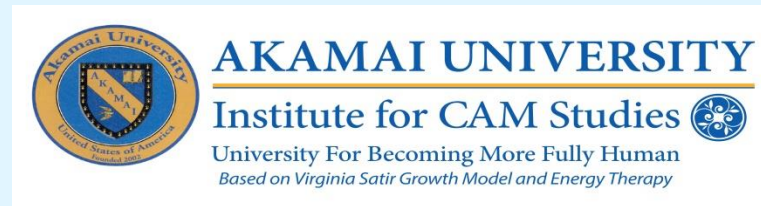


SHORT BREAK



QUESTION &  
ANSWERS

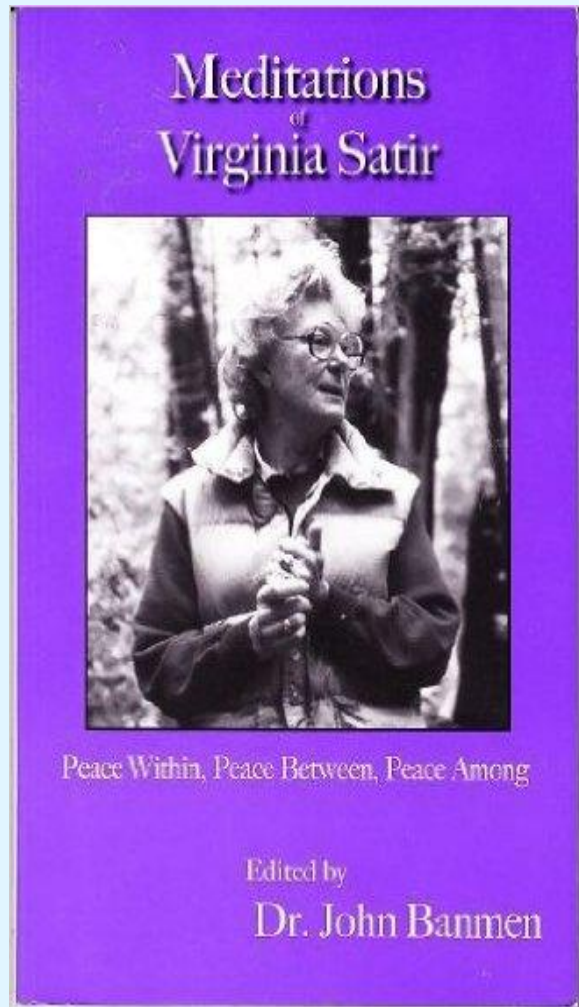
# The Virginia Satir Transformational SEED Model: A SPIRITUAL / ENERGY / EFFICIENT / DIPLOMAT Model & Theoretical System for Helping Individuals, Families, Communities & Organizations, *Change, Grow and Heal – Becoming All They Can Be*



Dr. Mary Jo Bulbrook, BSN, RN, MEd, EdD  
President of Akamai University  
Dean, College of Integrative Health



ISSSEEM  
2016



Meditations have to come from a state of love.....

Therefore, before I lead a meditation, I need to prepare myself to be in that state of love and caring...so it is not only what you say, but what state you are in.

I sit down, relax and give myself permission to move into my own intuitive state before leading a meditation.

***Most of the time, all I need to do is center myself, and I am connected with my inner source of energy, my life force.***

*(John Banmen, 2003) 6*





# Satir Core Teachings

Virginia did the same things with everyone namely:

1. Examined the feelings and ideas one has about oneself – self-worth;
2. Explored the ways people use to work out meaning with one another, which Virginia called communication;
3. Described the rules people use for how they should feel and act which eventually develop into what Virginia call the family system,
4. Presented the way people relate to others people and institutions outside the family, which I call the link to society.

*“No matter what kinds of problem first led a family into my office... I soon found that the prescriptions were the same. To relieve their family pain, some way had to be found to change these four key factors.”<sup>3</sup>*

# Classical Description Satir Seed Model

Virginia says:

- “Parents need to be good gardeners...”
- They never say to the seed:
  - ‘Listen, if you don’t grow in the way I want you to grow, I am going to throw you out.’
- They take that initial seed and they say:
  - ‘Now, I am going to find out what the growing conditions of this are... what is the light, fertilizer, temperature...,’
- That is what I would like to see people do with children...”



# Evolution of Virginia's SEED Model

- The worldwide legacy of Virginia Satir master teacher and practitioner has evolved to a Transformational SEED Model. The heart-centered **SEED Model** stands for: SPIRITUAL / ENERGETIC / EFFICIENT / DIPLOMAT.
- The goal is to help and empower individuals, families, communities and organizations CHANGE GROW & HEAL.
- The data presented is based on an analysis and research of the Satir & related stories, literature, research & films recorded by her, others as well as personally experienced / witnessed during my 16-year journey with Virginia and 20-year journey in energy therapy that I combined and integrated with Satir training.





# Healing From Within & Without

Bulbrook, MJ, Film  
Series 1990 from  
Perth, Western  
Australia at Edith  
Cowan University

- Based on the combination of the work of Virginia Satir, renowned expert in family care with Dr. Bulbrook's pioneer work in body, emotion, mind and spiritual health and healing titled: Healing From Within and Without.
- The three-part series is: Becoming Your, Shaping You and Becoming Well
- Includes original film footage of Satir at the Edith Cowan University in the 1970's that was interwoven into Dr. Bulbrook's filmed theoretical model in 1990's.

# Satir Techniques

## Process

- Sculpture
- Metaphor
- Drama
- Reframing
- Humor
- Touch

## Specific Tools

- Communication Stances
- Family Stress Ballet
- Simulated Family
- Ropes as Therapeutic Tool
- Anatomy of Relationship

## Satir Training Goal

Virginia transformed lives using a general systems approach of her day which was in fact simply contacting a persons spirit through a heart – centered approach to support Integrative Health. She focused on achieving for all persons:

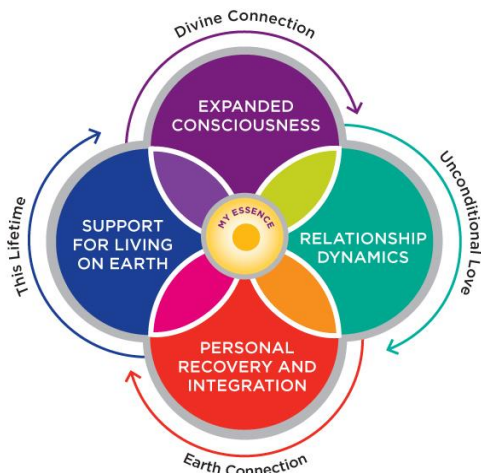
*"Peace Within,  
Peace Between &  
Peace Among."*



VIRGINIA SATIR  
PEACE WITHIN  
PEACE BETWEEN  
PEACE AMONG



# MODEL HEALING THE AFTER EFFECTS



Near-Death Experience  
After-Effects Recovery  
Support, Care, HELP

## H.E.L.P.

Holistic Empowerment Learning Plan  
Interactive Dynamics

- **Personal Recovery and Integration**  
Physical, Emotional, Mental, Spiritual
- **Relationship Dynamics**  
Spouse/Partner, Children, Birth Family,  
Work Colleagues, Community, Culture
- **Expanded Consciousness**  
Higher Sense Perception, Multiple  
Locations, Gestalt and Time Awareness
- **Support for Living on Earth**  
My Journey, Mission, Calling
- **My Essence — Divine Radiance**
- **Potential Barriers**
  - Relationship Conflict
  - Conflicting Values
  - Religious Beliefs
  - Shunning by Others
  - Lack of Boundaries
  - Overwhelm
  - Energetic Misalignment
  - Fear
  - Interfering Energies
  - Addiction
  - Fragmented Energies
  - Anger
  - Spirit Attachment
  - Trauma
  - Not Fully in the Body

**NEAR-HELP.com**

info@near-help.com

Mary Jo Bulbrook  
919-923-2409

Yvonne Sneedden  
919-961-3270

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# Dynamic Education & Practice Complementary Integrative Health

## Energy Medicine Partnerships

Dr. Mary Jo Bulbrook RN, EdD, CEMP/S/I, HTP/I, HTCP, CIH

[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

Email: [info@energymedicinepartnerships.com](mailto:info@energymedicinepartnerships.com)

[triangleholisticcenter.com](http://triangleholisticcenter.com)

Email: [info@triangleholisticcenter.com](mailto:info@triangleholisticcenter.com)

Affiliate: Akamai University

[info@akamai.university](mailto:info@akamai.university)



**TYLEM**  
Transform Your Life  
Through Energy Medicine

**SOUL2SOUL**  
COMMUNICATION



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE

**NURSESTAKE2**  
Heart to Heart – Soul to Soul

**SPIRITUAL**  
*Me*  
Mystical  
Experiences

- **Board Certification:**  
**Complementary & Integrative Health (CIH):** Education, Practice, Research
- Email: [mj.bulbrook.au@gmail.com](mailto:mj.bulbrook.au@gmail.com) / [CIHcare@gmail.com](mailto:CIHcare@gmail.com)
- 1.919.923.2409 / 1.919.808.8596
- Join us on Facebook, Twitter, LinkedIn
- [EMP](#) YouTube Channel / [CIH](#) YouTube Channel
- <https://www.akamai.university/>

Institute  
FOR  
**CAM**  
Studies



Akamai  
University



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE



# **Complementary & Alternative Medicine**

## Certified Specialist





CERTIFIED SPECIALIST

CERTIFIED SPECIALIST

# Certified Energy Medicine Specialist

Set the Standard



# Post Graduate Diploma

## Complementary & Alternative Medicine SPECIALIST





# Your Background

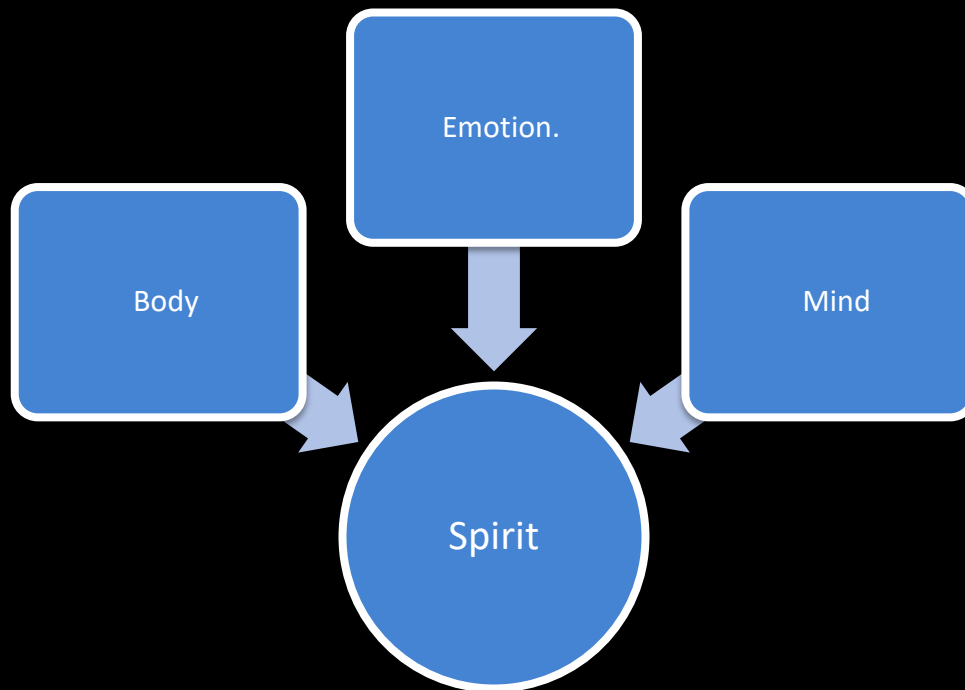
## The NOW of YOU

To get to a new place – it is important to know where you are now and the key forces that have shaped that path.

## Your FUTURE

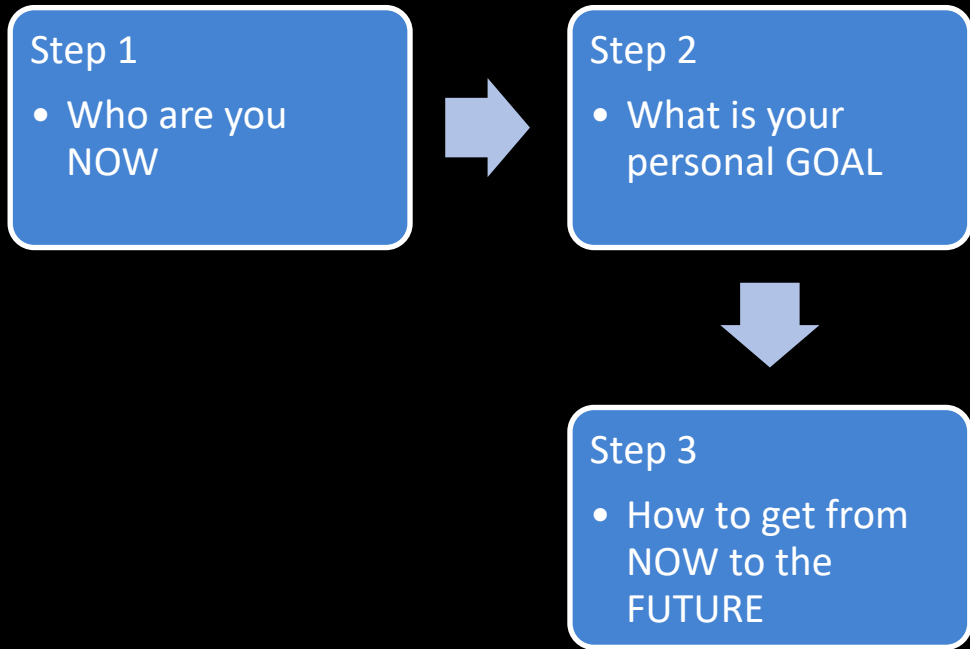
If you want to go to a new place – it helps to create a framework for what the key elements on that journey





## **Whole Person Learning**

Integrate all aspects of yourself into a new way of being in the world



**The Journey**

Becoming a Specialist is an interactive journey between your spiritual guidance and a mentor who supports your personal and professional growth and development.



## **Worldwide Networking**

Connect with likeminded people worldwide.

Give & receive heart based training



# The Journey Includes

Distant learning from the web, books and resources around the world.



Live networking with like-minded people



Becoming a beam of light in the world of energy healing that others can find and connect to







**Dr. Capogrossi, Dr. Pere, Dr. Bulbrook**





# **Be Sure to Visit Us On-Line**

[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)

[www.akamaiuniversity.us](http://www.akamaiuniversity.us)

The website is filled with exciting  
opportunities for education, training &  
**FUN!**



# Questions? Comments?

We are happy to help you!

[www.akamaiuniversity.us](http://www.akamaiuniversity.us)

**Akamai University**  
Headquarters  
Dr. Doug Capagrossi, President  
187 Kino'ole Street  
Hilo, Hawaii 967-8793  
(855) 443 00445



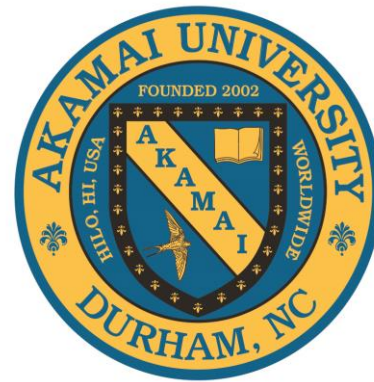
Mary Jo & Elena in 2013

Thank for Inviting me to Peru Elena  
[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)

**Energy Medicine Partnerships**

Headquarters

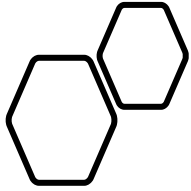
Dr. Mary Jo Bulbrook, President  
3211 Gibson Road, Durham, NC 27703  
(919) 381.4198 or (919) 923.2409



# Akamai University

Dedicated to improving human and planetary health





Finding &  
Activating  
Divine  
Inspiration  
*“Turn on the Light”*



# Shift in Delivery of Health Care to an Empowerment Model of Engagement

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Dr. Mary Jo  
Bulbrook. President  
Akamai University





- AGENDA
- Complementary Integrative Health ((CIH) Contributions
- Electromagnetic Frequency – Essence of Connection
- Experience Multi-Dimensional Soul 2 Soul Communication



# Achieving Soul 2 Soul Connections



**Dr. Mary Jo Bulbrook, EdD,  
CEMP/S/I**

- Founder & Director, Energy Medicine Partnerships
- Master Practitioner, Educator & Researcher
- Family Therapist & Clinical Specialist
- President, Akamai University
- Dean, College of Integrated Health & Division of Continuing Education, Director, Institute of CAM Studies



# Body Energy Dynamics



## Description of the energy flow in the human body



Presented in Transform Your Life through Energy Medicine

Dr. Mary Jo Bulbrook, RN, CEMP/S/I

4/12/2023

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# RESPONSES – Extensive Research Now Education for Support & Help

Response 1



Response 2



Response 3



Mystical Experiences Worldwide  
Research Processed through  
Energy System includes Clinical  
Stories  
Soul 2 Soul Communication – Tools  
to help connecting with other  
realms or multi-dimensionally

Education – Resources for Future  
Including Ethical Considerations; Support  
from Near Help Model of Care & Caring  
Soul2Soul with Dr. Mark Anthony & Dr.  
MJ Bulbrook





# Mystical Experiences are Processed through the Energy System

## Human Energetic System

Energy Field – (Aura)

Energy Tracts – Meridians)

Energy Centers – (Chakras)

Central Power Current – (Hara  
Line)

Divine Radiance – Core Star



# How is Multi-Dimensional Health Care Different?



## Traditional Clinical Care

- Practitioner expertise care focus
- May or may not be holistic
- Goal alleviating symptom(s)
- May or may not go back in time to look at early programming or trauma
- Rarely includes multi-dimensional healing
- No spiritual considerations

## Multi-Dimensional Healing

- ✓ Identify symptom origin
- ✓ Multi-sensory data explored
- ✓ Explore belief(s) holding symptom(s) in place
- ✓ Childhood trauma
- ✓ Karma
- ✓ Multi generational interrelationships
- ✓ Expand intuitive data
- ✓ Explore other time frames



ing through  
erships:

4/12/2023

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# RESPONSES – Extensive Research Now Education for Support & Help

Response 1



Response 2



Response 3



Soul 2 Soul Communication  
through Multi-dimensionally

Support from Near Help Model of  
Care & Caring

Change Your Energy through Intention





Various methods may be used to pinpoint a specific issue and develop Soul 2 Soul Communication

- ✓ Drawings
- ✓ Intuitive Insight
- ✓ Life Analysis
- ✓ Meditation
- ✓ Interview
- ✓ Energy Connection

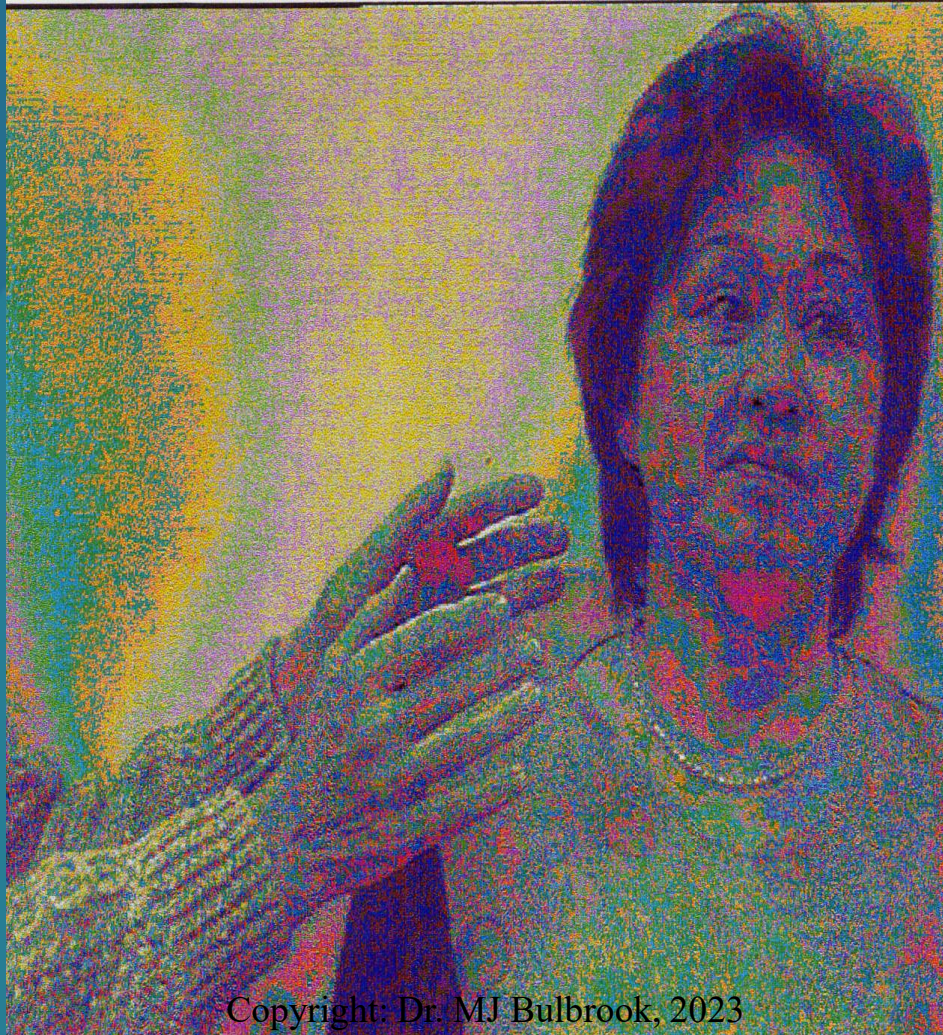


# Patient Before Healing





# Healers Hands



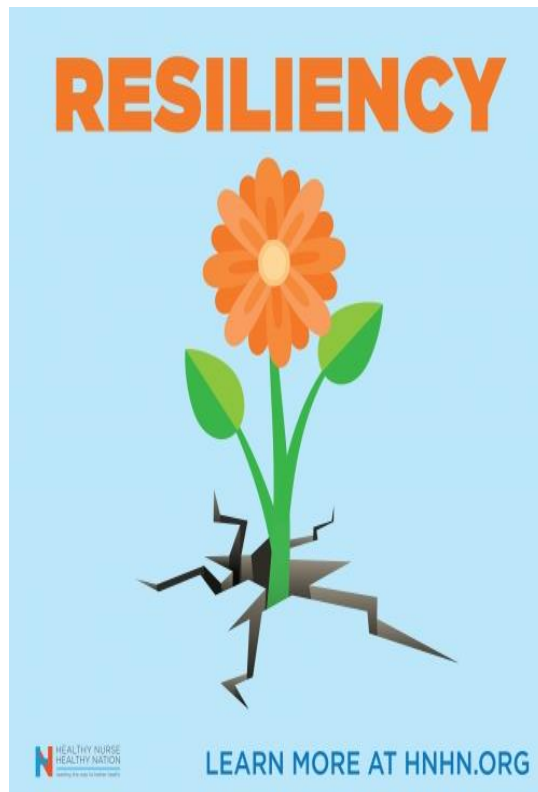


# Visible Effects of Healing

Hands with  
Energy  
from the  
throat  
10 minutes  
after Healing



# How can you withstand the pressure?



# Wellness for All: Preventing Illness – Achieving Wellness

## Wellness

- Create a Wellness Ritual to stay health & vibrant
- Plan & follow a daily routine to uplift YOUR well-being – spiritually, emotionally, mentally and physically!
- Establish a health community to thrive and heal any challenges
- Designate a wellness mentor or wellness team

## Health Planning

- Track your health, wellness and healing needs.
- Reach out to your health community, wellness mentor or wellness team for guidance
- Eliminate obstacles to your well-being!
- Start today, stay focused, centered and active

## Illness Reduction

- Reduce current illness
- Empowerment to take care of you plan of care
- Guided by your spiritual team – present, past & future
- Include food, movement, music, animals, natures to build resilience

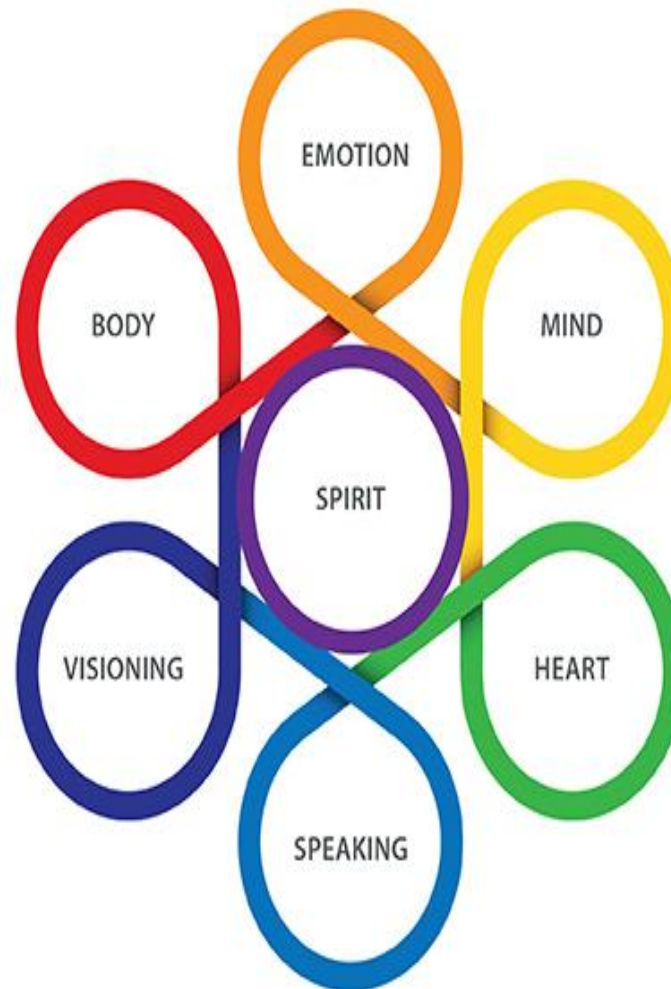




## Enjoyment!

- Play, rest, communicate, care and serve.
- Speak and live your truth.
- Laugh often and follow your inspiration to guide your path.
- Spend time with those you love, and they love you!

## MAINTAINING BALANCE



# The Science of Global Coherence



WHAT IF YOU HAD THE **POWER TO HEAL**  
EVERY AREA OF YOUR LIFE AND  
THE LIVES OF EVERYONE AROUND YOU?  
YOU ALREADY DO...  
BUT IT HAS BEEN HIDDEN FROM YOU.

<https://lynnemctaggart.com/>  
[https://lynnemctaggart.com/upcoming-  
events/keynotes-and-workshops/of Intention](https://lynnemctaggart.com/upcoming-events/keynotes-and-workshops/of Intention)

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# Wellness For All

## Emotional (Meridian) Tune-Up





Finding & Activating  
Divine Inspiration  
*"Turn on the Light"*

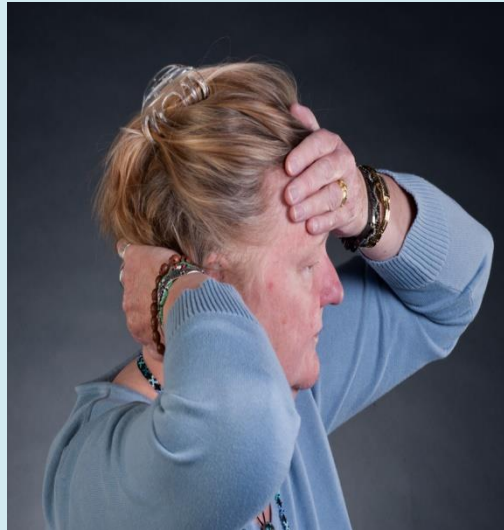


GLOBAL  
HEALING  
ALLIANCE

REVOLUTIONIZING HEALTH CARE

# Preparation

- Position – Hold behind head & forehead
- Goal – “I live in the present.”
- Affirmation – “My brain is alert and clear.”



# Preparation

- Position – Hold left side of the head (feelings) and right side of head (thoughts)
- Goal – “I use both thoughts and feelings.”
- Affirmation – “My thoughts and feelings are clear and balanced.”

**“I am RATIONAL and  
INTUITIVE.”**





# Central Meridian

- Position – Lower Lip
- Goal – “I am successful.”
- Affirmation:
  - “I am letting go of my feelings of overwhelm.”
  - “I am letting go of my thoughts of overwhelm.”
  - “I am letting go of my feelings of lack of success.”
  - “I am letting go of my thoughts of lack of success.”



# Tune-Up Central Meridian

- Position – Lower Lip
- Goal – “I am successful.”
- Affirmation:
  - “I am bring feelings of success in my life.”
  - “I am bring thoughts of success in my life.”

**“I AM SUCCESSFUL.”**



# Governing Meridian

- Position – Upper Lip
- Goal – “I am supported.”
- Affirmation:
  - “I am letting go of my feelings of lack of support.”
  - “I am letting go of my thoughts of lack of support.”





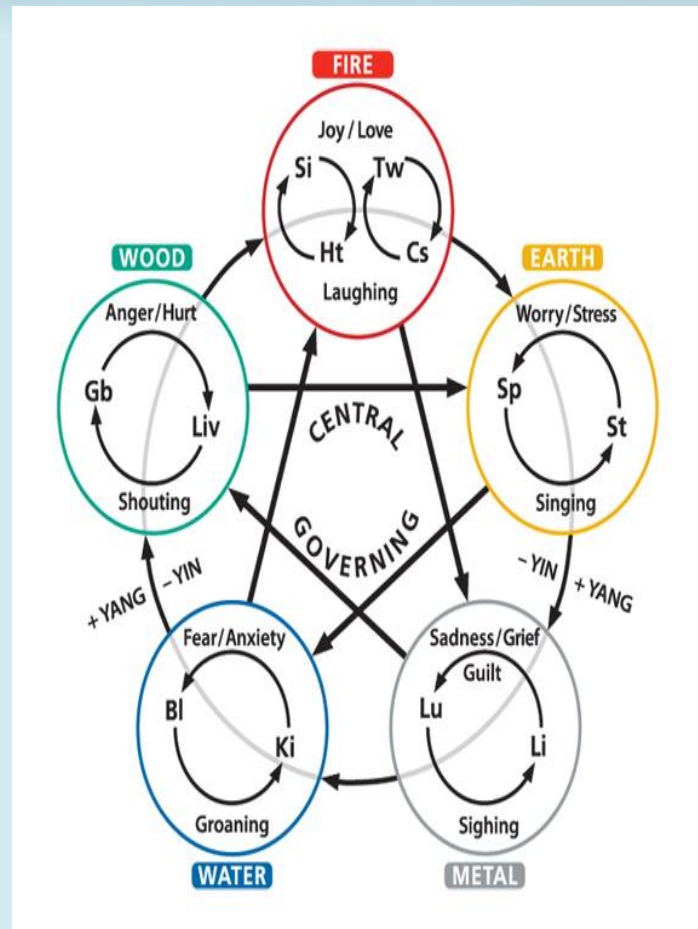
# Tune-Up Central Meridian

- Position – Lower Lip
- Goal – “I am supported.”
- Affirmation:
  - “I am bring feelings of support in my life.”
  - “I am bring thoughts of support in my life.”

**“I AM SUPPORTED.”**



# Law of the 5 elements





# Wellness For All

## Dynamic Education & Practice Complementary Integrative Health

### Energy Medicine Partnerships

Dr. Mary Jo Bulbrook RN, EJD, CEMP/S/I, HTP/I, HTCP, CIH

energymedicinepartnerships.com  
Email: info@energymedicinepartnerships.com

triangleholisticcenter.com  
Email: info@triangleholisticcenter.com

Affiliate: Akamai University  
info@akamai.university



**TYLEM**  
Transform Your Life  
Through Energy Medicine

**SOUL**  **2SOUL**  
COMMUNICATION



Heart Centered Initiative  
Restore Hope • Promote Healing  
WORLDWIDE

**NURSESTAKE2**  
Heart to Heart – Soul to Soul

**SPIRITUAL**  
*M*  
Mystical  
Experiences



# Case Examples of Multi-Dimensional Care

for Near Death Experiences (NDE's) & Spiritual Mystical Experiences (SME)

- Hearing voices since teenager & recent examples
- Robin – NDE from brain surgery – out of body effects on health
- Pat – TYLEM & Reiki healing while driving the car - tuning in affecting health \* well being
- SME with Jeff Olsen – Tamara his deceased wife appears to me at IANDS Durham Meeting
- Support & Help from Nurse Judy Aufenthie May 5, 2020 – while teaching HT at the Mayo Clinic described both of us saw spirits in the workshop

# Kinds of Spirit Guides for Soul2Soul

Ask-Angels.com & Energymedicinepartnerships.com

- Mentors
- Soul Records
- Teacher
- Timing
- Karma
- Creative
- Protection
- Astral
- Joy
- Helper
- Spirit Animals
- Plants





# Energy Medicine Partnerships



# Interrelated Parts

- Examples will be given and talked about to clarify the various components of acceptable professional behavior
- New to practice, education or research? Don't forget to be well grounded in these elements as you go forward for your protection and for those you serve.
- Just starting out? Receive mentorship and guidance for going forward with what is important to you.



Dr. Mary Jo Bulbrook, RN, BSN, MEd, EdD, CEMP/S/I, HTCP, HTP/I, ICF, President of Akamai University

## Hybrid Teaching Model

Heart-centered, Integrative,  
Multi-dimensional, Empowerment  
(HIME) Approach to Learning



**Akamai  
University**



Dr. MJ Bulbrook  
President

mj.bulbrook@  
akamai.university  
1 (919) 724-9657

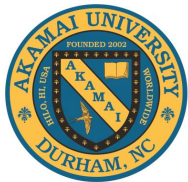
3211 Gibson Road  
Durham, NC  
27703-4622 USA

akamai.university



[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

Dr. Mary Jo  
Bulbrook, Akamai  
University  
President  
[www.akamai.university](http://www.akamai.university) History &  
Background



**Akamai University**  
Dedicated to improving human and planetary health

4/12/2023



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# Mentoring - HIME Model Exemplifies:

Dr. Mary Jo Bulbrook, RN, BSN, MEd, EdD, CEMP/S/I, HTCP, HTP/I, ICF, President of Akamai University

- *“Not what you do for people but how you make them FEEL!” Dr. Maurice Dimmock on May 9, 2022 ASIC Virtual Event*
  - *“Planting seeds” Virginia Satir*
  - *“Love is the answer.” Bernie Siegel*
- Bulbrook’s foundational philosophy*
- *“As you give you receive. As you receive, you give.”*
  - *“Nursing is what nursing does. What nursing does is what you are.”*
  - *“Teachers are what teaching achieves. What teachers achieve is what you are and demonstrate.”*



# Background

1. Describe the HIME Model
2. Brief Experiential Process
3. Feedback



- ❖ Generated from years of research into “extraordinary” practice, education and research, the author has captured and manifested this HIME model throughout Akamai University during the transition of AU in 2021.
- ❖ Both internal and external conditions challenged AU to explore “out of the box” innovative strategies that transcended mere intellectual approaches to growth and expansion.
- ❖ Dr. Bulbrook’s model builds on work in USA, Canada, Australia, New Zealand, Peru, South Africa, Chile, England, and Italy.
- ❖ It also includes engagement with six traditional healers.

# Energy Medicine / Therapy Study Group

Experience supervision in the practice & teaching of  
humans, and animals in the following:



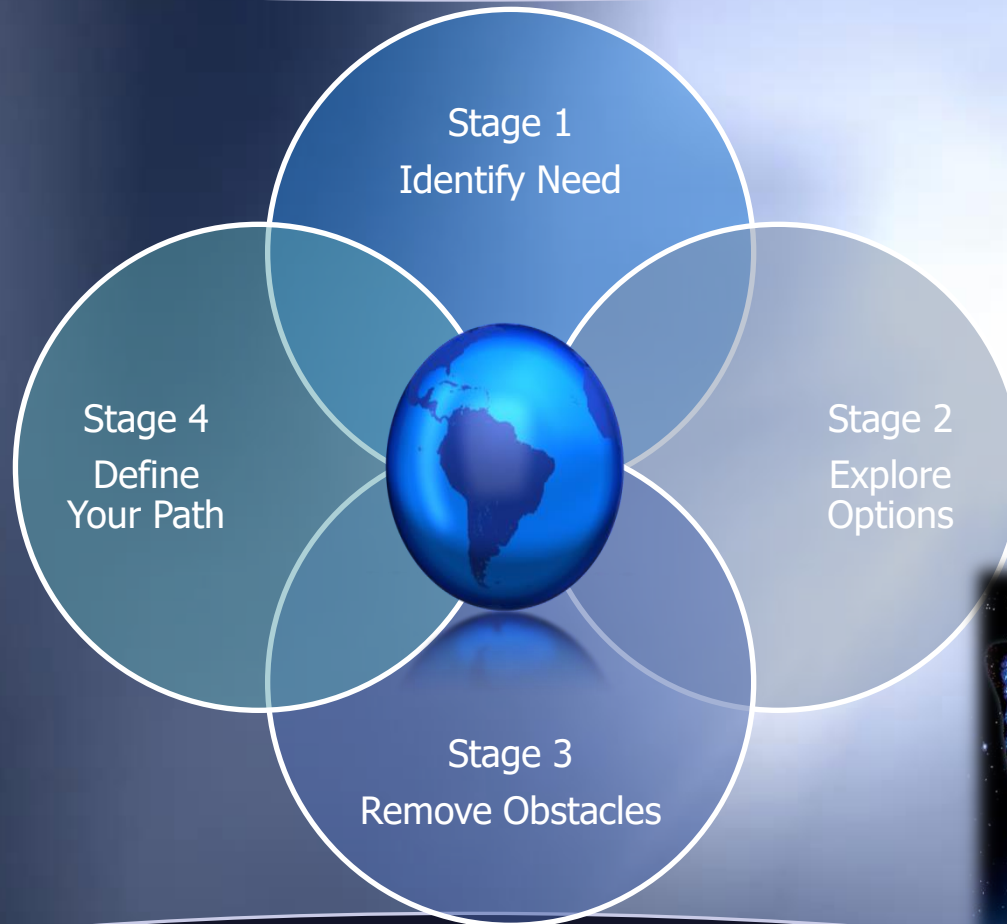
Energy  
Medicine  
TYLEM



Energy  
Psychology  
WHEE, TAT,  
EFT







## **Mentorship Steps**

These steps will guide your way  
throughout our time together for  
your personal transformation!





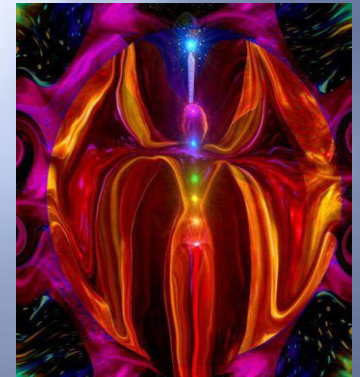
Phase 1  
Who Are  
You?

Phase 2 What  
Do You Need?

Phase 3  
Connect with  
Guidance

Phase 4 Receive  
Inspiration

Phase 5 Step  
Fully into the  
Light!



## **Mentorship Process**

This is a journey guided by a co-creative process  
guided by spiritual inspiration dedicated  
to help you *Transform Your Life*.