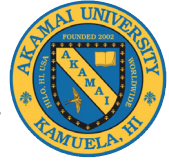




## AU is designated an ASIC Premier Accredited University



Beginning in 2002 Akamai University has proudly sustained operations for more than 20 years as a nonprofit nongovernmental organization operating in good standing as a degree and certificate granting institution from Hawaii in the United States of America.

As a viable institution, Akamai is dedicated to the betterment of humankind and sustainability of the planet. The University

operates an online graduate school, continuing education and certificate programs through the Colleges of Integrative Health, Universal Equality and Planetary Health.

The University conducts cross-border seminars, one-on-one mentorships and on location for in person meetings.

As a designated ASIC Premier Accredited University, our distance

education and cross-border degree programs are designed to promote the maturity and career advancement of our students.

Our international student body represents more than forty-five nations across five continents. Akamai encourages its students to personalize their studies, address important needs of their home communities, and to address the changing demands of their

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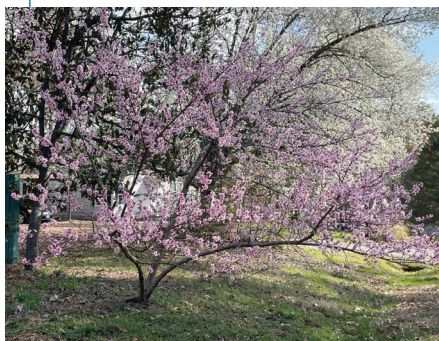
## Spring at AU Headquarters

We send everyone heartfelt welcome to our community as your year unfolds. Whether you are cycling from in dry season to monsoon, spring to summer or summer to autumn — wherever you are on the Earth, we send you greetings.

Another impactful year has gone by in the life cycle of Akamai University growth in fulfilling our vision for service. The significant work accomplished last year, in the accreditation renewal and in the consolidation of faculty and curriculum toward harmonizing with the Akamai mission and manifestation continues.

Important news this year is that the Board is fully transitioned. All members are in exemplary

academic and professional standing in their professions and home professional settings. Our affiliations are both expanding to enrich our core educational service, and continually engaging



Front lawn at Akamai in Durham, NC

in reflective practice to ensure Akamai standards are met in delivery of education to our students.

Equally important, our Board members have integrated committee work to begin the task of lightening the load on Dr. Bulbrook. She has

been consistently tasked with accomplishing the work of many more than one professional in the years since Dr. Capogrossi passed the torch into her capable hands.

As a first step in this process, we are asking all existent faculty members to reach out to us, and share your vision for how you would like to contribute to Akamai in the coming year. We invite and encourage your participation as both faculty members and pioneering and visionary builders of a strong future for Akamai.

We are entering an exciting growth cycle, with students entering the program and opportunities for funding and planning that are abundant and hopeful.

We look forward to another year of consolidation and growth and invite your input and wisdom actively and interactively as we proceed.

# SHARE THE KNOWLEDGE

## 3 HOURS, 3 DAYS IN APRIL

HONORING  
OUR  
ANCESTORS



CHOICE &  
EMPOWERMENT



SATIR  
FAMILIES  
TOGETHER



APRIL 23–25, 2023 / EST 2-5 PM – ONLINE  
WORLDWIDE HEART-CENTERED INITIATIVE  
FEE: \$75 FOR 3 DAYS – PARTIAL SCHOLARSHIPS AVAILABLE

Honoring our  
Mentors/Ancestors  
through the Circle of  
Love and Soul2Soul  
Communication.



Support & Help for  
recovery from grief,  
trauma, and loss for  
individuals, families,  
health professionals,  
service providers and  
volunteer helpers.

Featuring *Families  
Together* Based on the  
Virginia Satir Family  
Camp Model of Change.



## ASIC Premier Accredited University

*Continued from page 1*

career fields. We honor the life  
pursuits of our students. We provide  
opportunities to integrate work  
activities within their field of studies  
and research.

More than 95% of the Akamai  
University faculty team hold  
accredited doctoral level credentials,  
are well written and instruct classes  
at Akamai as well as other accredited  
universities in the USA and globally.

Our university affiliations  
have included accredited and  
governmental universities across  
seventeen nations.

Degree programs are based in  
academic pursuit using fundamental  
theories, principles and practices  
that undergird the degree field  
and are essential to prepare career  
professionals in human, planetary  
health and universal equality for all.

## 2023 AU Board



Dr. Mary Jo  
Bulbrook  
AU President



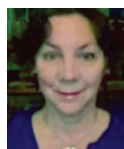
Dr. Medani  
Bhandari  
Vice President  
of Academic  
Affairs



Dr. Owen  
Owunwanne  
Member At  
Large



Dr. Gregory  
Pacific  
Community  
Projects



Dr. Leslie  
Whitcomb  
Member At  
Large



Dr. Sajjad  
Rizvi  
Member At  
Large

## AU Affiliate Organizations

[akamai.university/akamai-affiliates](http://akamai.university/akamai-affiliates)



Together everyone achieves momentum.

Collaboration with approved traditional,  
integrated health & wellness organizations  
as equal partners alongside the existing  
system of illness — Western care.



**CanBeWell**

CANADIAN ASSOCIATION OF  
BIOENERGETIC WELLNESS

Creating a world where bioenergetic  
wellness disciplines and methods are  
recognized, valued, and utilized by  
people making choices to improve their  
quality of life.



Providing the acupuncture  
practitioner communication skills to  
best communicate acupuncture in  
21st-century medical neurosciences  
and provide them with evidence-  
based, clinically reproducible  
treatment prescriptions.



The Virginia Satir Global Network  
consists of individuals, institutes  
and organizations dedicated to  
furthering the creation of healthy  
and just relationships with self and  
others based on the teachings of  
Virginia Satir.

# 2022 AU PhD Graduates

**TIFFANY J. BARSOTTI** — PhD

in CAM Concentration in  
Energy Medicine

Dissertation Title: *The Effects of a Sacred Object on the Human Biofield* (2022)

The findings suggest that short-term human exposure to this particular sacred object, the Durga Stone with Sri Yantra, had significant effects on multiple aspects of the human biofield.

**ROBERT FRIEDMAN** — PhD

in CAM Concentration in  
Integrative Health

Dissertation Title: *Retrospective on Rhythm-Based Therapeutic Protocols* (2022) —

The latest clinical research has demonstrated Rhythm-Based Therapies' ability to improve immune system response and reduce stress levels on the genetic level.

**RACHEL WEAVER** — PhD

in CAM with focus on  
Energy Psychology

Dissertation Title: *The Authentic-Self Reimagined and Its Integration into EMDR Therapy: A Scholarly Personal Narrative* (2022) —

The paper directly challenges the concept of a linear, western, medical-model method of healing and instead encourages an integrative approach particular to the individual's journey to their authentic-self.



Contact Akamai University by following the links below:

Akamai University web: <https://www.akamai.university>

**Key Web Descriptions:**

[AU Faculty](#) / [AU Colleges & Schools](#) / [AU Continuing Education & Certificates](#) /

[Students Enroll & Pay](#) / [AU Research & Scholarship](#) / [AU Journals](#)

**Administrative Office in North Carolina**

3211 Gibson Road, Durham, NC 27703, USA / Tel: 1 (808) 491-9514

ASIC is recognized by UKVI in UK, is a member of the CHEA International Quality Group (CIQG) in USA and is listed in their International Directory, is a member of the BQF (British Quality Foundation) and are institutional members of EDEN (European Distance and E-Learning Network).



## INTEGRATIVE HEALTH COLLEGE

Dean Dr. MJ Bulbrook, Dean / [mj.bulbrook.au@gmail.com](mailto:mj.bulbrook.au@gmail.com)

Natural Health, Healing & Wellness in Persons, Community, & Nations through: Institute of CIH (Complementary & Integrative Health) & CAM (Complementary & Alternative Medicine) Studies

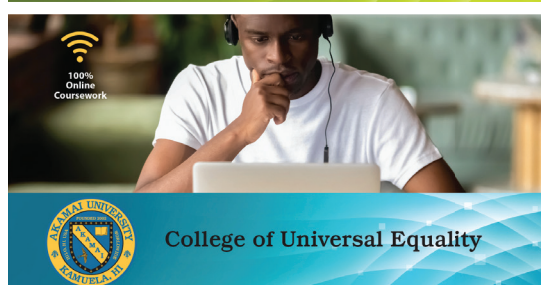


## PLANETARY HEALTH COLLEGE

Dean Dr. Medani Bhandari [medani.bhandari@gmail.com](mailto:medani.bhandari@gmail.com)

Program Director Dr. Man BK, Green Growth / [manbk@akamai.university](mailto:manbk@akamai.university)

Business & Economic Development, Environmental & Ecological Studies, Sustainability & Peace Studies



## GLOBAL EQUALITY COLLEGE

### INCLUSION & HUMANITARIAN SUSTAINABILITY

Dean Dr. Leslie Whitcomb - [intentionalexchanges@proton.me](mailto:intentionalexchanges@proton.me)

Racial Equity / Social Justice, Creative Education Models, & Literacy Addressing Peace, Diplomacy & International Relationships