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## Complementary Integrative Health (CIH) Holistic Care Introduction Series

Three Courses 3 Credits Each = 9 Credits Available

Submitted by Akamai University Affiliate

Energy Medicine Partnerships

**Dr. Mary Jo Bulbrook, Nurse Planner, BSN, RN, MEd, EdD,  
CEMP/S/I, HTP/I, CIH/S/I**



Affiliate Organization  
of Akamai University  
[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

Dr. M.J. Bulbrook  
RN, EdD, CEMP/S/I, HTP/I, HTCP



Below are three core continuing education opportunities and associate instructors / faculty training for nurses in Complementary Integrative Health (CIH) empowering the public to achieve optimal health using CIH Holistic Care Approach

The three sessions are:

- A. Blending Virginia Satir, Family Therapy Model with Dr. Bulbrook.s Energy Therapy Approach for Spiritual Awakening & Attunement
- B. Restore Hope – Promote Healing dealing with Trauma and Extreme Stress including Near Death Experiences, Spiritual Transformative Experiences and Spiritual ME (Mystical Experiences)
- C. Wellness For All including Opportunities for Certification



**Heart Centered Learning**  
*Bridging Spirituality and Health®*

Transform Your Life through Energy Medicine

[Training Model Sample](#)

[Full TYLEM Training Power Point  
Multi-dimensional Consciousness](#)



*Energy Healing Hands for Optimal Health*

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- Directed Study - Classes / Workshops
  - Professional Training: Clinician, Practitioner, Specialist
  - Mentorship / Practicum

**Classes Include:**

- Improving Physical Health
- Promoting Emotional Health
- Thinking and Making Wise Choices
- Opening the Heart
- Speaking Up & Sharing Your Truth
- Visioning for Your Future
- Strengthening Your Spiritual Path - Collaborating with the IANDS Conference Aug 27 – 30, 2025 held in Chicago in which Dr. Bulbrook created collaborative relationships to team up with key presenters at this 50<sup>th</sup> anniversary of research in Near Death Experiences, Spiritual Transformative Experiences and Spiritual Shared Death

**Dr. Bulbrook's Training for Continuing Education Certificates:**

1. [The Roots and Power of Soul 2 Soul Communication](#)
2. [Restore Hope - Promote Healing](#)
3. [Wellness for All](#)
4. [Spiritual Mystical Experiences](#)