



***The 22nd World Congress on Qigong / TaiChi /
Traditional Chinese Medicine / Natural Healing***

**Theme: Building Community!
Healing Spirit, Mind & Body Through
Complementary and Integrative Health (CHI)**

*Fostering Love, Liberty
Achieving Wellness, Peace & Harmony*

**Congress September 24th to 27th, 2022
A FREE Virtual Event (Donations Appreciated)**

COMPASSION, CARE & CARING

Serving all ages, families, communities with natural healing resources
Integrative Health Practice – Education - Research

Focused Topics

Qigong / Tai Chi / Traditional Chinese Medicine / Natural Healing
Mental Health Support & Help for Children, Adolescents, Adults, Aged
Serving Military & Families, Spiritual Mystical Experience - Multidimensional Consciousness

FREE Virtual Event

*Donations Appreciated
Fundraising Opportunities*

Register by Email here.

[Email: worldcongressevents@gmail.com](mailto:worldcongressevents@gmail.com)

For technical assistance contact:

manu.malhotra@aol.com / [17169414111](tel:17169414111) / what's app +[919625765821](tel:919625765821)

There may be changes in our program due to circumstances beyond our control.

Akamai University (AU) Continuing Education Credits Available

Eligible for Bachelors, Masters, and Doctoral Degrees

Dr. Mary Jo Bulbrook, AU President

info@akamai.university / www.akamai.university

Congress Visionary

Dame Dr. Effie Chow, PhD, RN, DipLAc (NCCAOM), LicAC (CA)

Qigong Grandmaster. EWAHA Founder 1973. World Congress Founder 1990



Schedule of Events

Congress Co-Hosts



GLOBAL HEALING ALLIANCE

REVOLUTIONIZING HEALTH CARE

Founders Organizations:



EAST WEST
ACADEMY
OF HEALING ARTS

Dr. Effie Chow
eastwestqi.com



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Akamai University
Dedicated to improving human and planetary health

Congress Sat., Sept. 24, 2022 (8 am to 8 pm Pacific)

Includes Congress Awards Event (5-8 pm Pacific)

8 – 8:30 am	<p>The Gong and Opening Daniel Leung Lion Group World Champions for good health, prosperity, and peace!</p> <p>Welcome by Co-Hosts: Dr. Effie Chow, Rose Hong, Dr. Mary Jo Bulbrook, Co-founders of the Global Healing Alliance – the future home base for the World Congress. <i>Introducing other Congress Team members - Kay Lahdenpera, Gigi Oh, Ann Colichidas, Manu Malhotra, Aruna Kapur. Sharron Rose, Rev. Dr. AmaLiaWai-Ching Lee.</i></p>
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	<p>Dr. Terry Shintani, MD, Kahuna Hawaiian Elder Priest Congress Ceremony Prayer for Health and Peace. Voted one of Hawaii's most valuable people.</p> <p>Dr. Anita Chen Marshall, Vocalist Theme Song “The Impossible Dream” is a world renown pharmacist, Herbalist and acupuncturist. And her sister, Elizabeth Chen Christenson, MD, LAc, Accompanying Harpist. A Certified Therapeutic Harp Practitioner, is an integrative family medicine physician and founding director of CHI Lifestyle Medical Center in Kailua, Hawaii. She is Associate Clinical Professor at John A. Burns School of Medicine, UH., an instructor of Tai Chi / Qigong.</p>
8:30 – 8:50 am	<p>Dr. Steven Rosenblatt, MD <i>The New World Medicine: An Integration of East & West</i> First Acupuncturist in Integrative Health. Recently on Board of NCCAOM.</p>
8:50 am– 9:10 am	<p>Bill Douglas, Founder & Director of World Tai Chi & Qigong Day (WTCQD) & Global Transformational Project including Global Youth Education. New publication: Gospel of Science.</p>
9:10 am – 9:30 am	<p>Dame Dr. Effie Chow, PhD, RN, DipLAc (NCCAOM), LicAC (CA): <i>Brief History of World Congress & Demonstrate Qigong: A Way of Life</i>. Includes spirit, mind, and body health & wellness, science, music, dance, relaxation, medicine, surgery, sports, all aspects of life!</p>
9:30 am – 9:50 am	<p>Dr. John Mattison, MD " What COVID Taught us about Total Health and Maintaining a Healthy Immunity" A Needed Evolution of Medicine in Modern Times. Entrepreneur.</p>
9:50am– 10 am	<p>Rose Hong with Chinese Cultural Dance & Song 10 minutes only.</p>
10 am – 1:30 pm	<p>Symposium of Scientific Lectures with Dr. Shin Lin, Chair, University of CA, Irvine. Symposium of 5 world renown scientists.</p> <p>1. Dr. Shin Lin, Professor in Cell Biology, Biomedical Engineering, and Integrative Medicine, and Director of the Laboratory for</p>

Mind-Body Signaling and Energy Research, University of California, Irvine, "Research studies on the health benefits of Qigong and Tai Chi and relationship to Traditional Chinese Medicine".

2. **Dr. Lixing Lao**, Professor and President of University of Integrative Medicine, "Acupuncture clinical trials based on diagnosis based on Eastern and Western medical diagnosis".

3. **Dr. Richard Harris**, Professor of Anesthesiology, Internal Medicine, and Rheumatology, and member of the Chronic Pain and Fatigue Research Center, University of Michigan Medical School "Clinical trials and brain imaging studies on acupuncture and acupressure for relief of pain/sleep disorder/fatigue/cognitive dysfunction".

4. **Jian Kong, MD**, Associate Professor at Harvard Medical School, Pain Imaging Laboratory at the Center for Acupuncture Neuroimaging, "The effect of Tai Chi/Qigong practice and acupuncture on brain function".

5. **Gaetan Chevalier, Ph.D.**, Research Faculty at California Institute for Human Science and Visiting Scholar in Department of Family Medicine and Public Health, University of California, San Diego. "Medical Devices Using Different Forms of Energy for Diagnosis Health and Healing".

<p>1:30 pm – 3:30 pm</p>	<p>Master Marisa Vocca, Italian World Congress Representative for Qigong in Italy, "Self-Healed Cancer & Broken Pelvis with Qigong". The Qi of Dao from Rome Italy.</p> <p>Master Adrian Florea, Romanian Qigong. "How it helps allay fear and stress from war in the nearby country of Ukraine". Includes some Qitaky Qigong movements.</p> <p>Master Shudong Li – President of National Tai Chi Association & on California State Acupuncture Board San Jose, SF Bay Area.</p> <p>Ms. Syndi Seid, "The Healing of Qi through Daily Manners, Respect, ad Courtesy". World leading authority on International business protocol and social etiquette. Founder of Advanced Etiquette Offices in Beijing, China, and Chennai, India.</p> <p>Dr. Jason Hao " Neuro-acupuncture for Difficult Neurological Disorders " from Albuquerque, NM. Jason Hao is editor in chief and translator in chief for the textbook <i>ACUPUNCTURE AND MOXIBUSTION</i> published by WFCMS. Dr. Hao is the president of the Neuro-acupuncture Institute in the USA. He is the author of the book, <i>Chinese Scalp Acupuncture</i>.</p> <p>Madeline Newmark, age 10 years old – Pianist & Acrobatics. (10 min.)</p>
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<p>3:30 pm – 5 pm</p>	<p>Dr. Terry Shintani, MD, Nutritionist. Listed as one of 50 most important citizens of Hawaii. Presentation on "The Peace Diet, Integrated Health"</p> <p>Dr. Sonia Gaemi – Key Qigong / Nutritionist. Expert Qigong representative from Iran. " Creative Green Medical Lifestyle in Schools for Children".</p> <p>Alexis Iritani Dancer from Academies of Chicago and United Kingdom.</p> <p>Akamai University esteem faculty, Dr. Patrick J. Conte, MD, PhD in Ayurveda Medicine, Certificate in Medical Acupuncture, and Dr. Michael Corradino, Founder of Neuroacupuncture, Inc. Affiliate Akamai University, <i>Doctorate of Neuroscience Acupuncture, (DNA)</i>.</p>
<p>5:15 pm – 8 pm</p>	<p>Gala Award Ceremony Hosts Rose Hong & Gigi Oh Greetings with spectacular presentations.</p> <p>World Famous Shaolin Temple Monk Group of San Francisco Grandmaster Shi Yanran Director with Assistant Diana Hong, featuring their children group. Exhibit of exceptional power to resist sword, spear, etc.</p> <p>World renown Iron Crotch Grandmaster Tu – Iron Crotch is the most talked about ancient Chinese practice! Called "Jiu Jiu Shen Gong (99 Power Practice)" GM Tu is a TCM Healer with incredible strength exhibition of Extreme Yin energy. Stand on raw eggs and paint a lovely painting in less than 5 minutes. THEN Extreme Yang energy pulling a van with his Qi-endowed male organ.</p> <p>Dr. Stanley Ngui from Toronto, Canada, The Ngui System of Qi Healing: "Ngui style Integrative Medicine Clinic & Qigong Studio"</p> <p>SPONSOR Presentation</p>

	<p>Dr. Sandra Rose Michael on the "Energy Enhancement System (EES)" to neutralize EMFs. Founder of system.</p> <p>Awards Presentation & Honoring Past Awardees MC's Rose Hong & Gigi Oh.</p> <p>End with Theme Song: "The Impossible Dream" Sing Along with award-winning blues songstress NICOLE HARTE.</p>
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Congress Sun., Sept. 25, 2022 – 8 am to 6 pm Pacific (11-9 pm Eastern)

<p>8 am – 1pm</p>	<p>Hosts: Sharron Rose - President of Sacred Mysteries Production is a Filmmaker, author, composer, and master teacher and performer in World Music and Dance. She is the Producer/Director of the groundbreaking documentary series, Quantum Qi. as well as many other documentaries.</p> <p>Rev. Dr. Ama Lia Wai-Ching, Founder of Infinity Quantum Qi Gong and TranscenDance. She is a multidimensional healer, and Associate Producer for Quantum Qi,</p> <p>Dr. Roger Jahnke, OMD., Director, Institute of Integral Qigong and Tai Chi (IIQTC), Founder of the Healer Within Foundation, developer of Tai Chi Easy and Associate Producer for Quantum Qi. Roger is the author of <i>The Healer Within</i> and <i>The Healing Promise of Qi</i>, and contributing editor to the textbook <i>Chinese Medical Qigong</i>.</p> <p>Quantum Qi: The Taoist Art of Nurturing Life Weaving together the intellectual, scientific, experiential, and artistic realms of Qigong, Tai Chi, TCM, Taoism and Integrative Health, the Producers of Quantum Qi bring together cast members to share their wisdom.</p> <p>"Infinity Quantum Qi Gong Meditation and Practice". – Rev. Dr. Ama Lia Wai-Ching, a spinal Qi Gong, based on the sacred geometry of the figure eight and infinity.</p>
<p>Welcome</p>	<p>"Welcome". - Sharron Rose, Rev. Dr. Ama Lia Wai-Ching, Dr. Roger Jahnke</p> <p>"Interview with Sharron Rose - Quantum Qi an experiential journey into the heart of the Tao". by Clara Apollo – Host of Qi Time on UK Health Radio. Cla</p>

<p>Panel 1</p>	<p>"Meditative music from the score of "QUANTUM QI". with Musicians – Jesse Manno, James Hoskins, and Beth Quist</p> <p>Panel 1 - Moderator Dr Roger Jahnke " The Quantum Field and Qi Gong".</p> <p>Master Ming Tong Gu - Wisdom Healing Qigong, Founder of The Chi Center. He has mastered the unique ability to lead the collective energy field to accelerate personal and global healing.</p> <p>Dr Sandra Rose Michael, Inventor Bio-Scalar EESystem Technology, Applied Integrative Bio-Physics Researcher, Speaker, Holistic Health Educator</p> <p>Sifu Matthew Klein "The Injury Whisperer," creator of Sober Martial Arts and The Martial Arts of Wellness. His lifetime's goal, passion and focus is using the body's electromagnetism (chi) for wellness, power and success.</p> <p>Dr Ama Lia Wai-Ching, & Sharron Rose "From Subtle Arts To Martial Arts Film Trailer"</p>
<p>Panel 2</p>	<p>Panel 2 - Moderator Sharron Rose</p> <p>"Wei Qi Field and the Art of Energetic Protection". .</p> <p>Master Lee Holden, Holden QiGong, is an internationally celebrated Qigong master and a pioneer in bringing ancient Taoist teachings to Western culture. He's helped improve the lives of millions with his popular library of DVDs, American Public Television programs, writing, and workshops during 30 years of teaching.</p> <p>Master Daisy Lee, Founder, Radiant Lotus Women's Qigong has been supporting women in their quest for health and healing with a rejuvenating self-care qigong. She has more than 20 years of teaching experience, including at Johns Hopkins, Mount Sinai, Women's College hospitals, and in workshops with women all over the world.</p> <p>Master Robert Peng, world renowned QiGong Master and healer. Together with Archbishop Desmond Tutu and Pema Chödrön, Robert was honored as one of <i>Spirituality & Health</i> magazine's "Top 10 Spiritual Heroes of 2013"</p> <p>Master Lorelei Chang, renowned qigong and tai chi teacher, modern dance artist, and Chinese calligraphy, recently performed at the closing ceremonies for the 2018 Winter Olympics in Pyeongchang, South Korea.</p>

<p>Panel 3</p>	<p>Rev. Dr. Ama Lia Wai-Ching</p> <p>Masters Li Jun Feng and Master Jing Li –interview and practice, "Sheng Zhen. (Sacred Truth) Practice and Interview</p> <p>Master Li Jun Feng , Master Li Junfeng is the founder of Sheng Zhen Meditation, and former world-renowned coach of the Beijing Wushu team. He has also starred-in and choreographed several Chinese martial arts films.</p> <p>Teacher Li Jing, creator of Jing Tai Chi Li Jing, is principal teacher for the International Sheng Zhen Society, and has traveled and taught extensively all over the world for the past 15 years. She emphasizes the innate power of the Heart as to the secret of tranquility.</p> <p>Panel 3 – Moderator Sharron Rose "Nature and the Dao".</p> <p>Peter May -Founder Windhorse Alchemy, offering tools and support for the spontaneously arising journey of life force awareness, space, & personal electromagnetic field. A Grammy award winning musician, he is the producer and lead musician in the <i>nature fusion</i> band <u>The Sonic Apothecary</u>.</p> <p>Dr. John Milton, Meditation, <u>Qigong</u> and Tai Chi instructor, author, and <u>environmentalist</u>. Founder and CEO of Way of Nature; Inc., A founding father of the environmental movement in the early 1960s, he was a professor of environmental studies and a <u>Woodrow Wilson Center</u> scholar at the <u>Smithsonian Institution</u>. He was one of the first ecologists on staff at the <u>White House</u> as a member of the <u>President's Council of Economic Advisors</u>, and was a founding member of the environmental organization <u>Friends of the Earth</u>.</p> <p>Elzabieta Kosmicki (Elza) editor of Reasons and Seasons magazine has a background in education and community health systems, she is an Advanced Certified BodyTalk Practitioner, Certified BodyTalk Instructor, licensed somatic therapist and Qi gong and therapeutic movement instructor.</p> <p>Alana Lee Founder of The High Frequency Loft, is a high-powered training studio and spiritual community space in Taos New Mexico has been teaching movement and meditation for over 20 years to all ages and levels. She has led workshops in Yoga and Fitness all over the world and is certified in 20 different formats and modalities,</p>
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Panel 4

Master Lorelei Chang – "Qi Dance" –

A renowned qigong and tai chi teacher, modern dance artist, and Chinese calligrapher recently performed during the closing ceremonies for the 2018 Winter Olympics held in Pyeongchang, South Korea

WHAT IS QI? Panel 4

Moderator **Rev. Dr Ama Lia Wai-Ching**

"Integrative Healing". Dr Rajeev Gupta, MD

Dr Rajeev Gupta is a qualified medical doctor with 26 years' experience in National Health Service United Kingdom. He has been chairman of the Regional Council of BMA and Regional Consultants Committee and is Chairman of Central Specialist Committee of the Royal College. He is a yoga teacher, has an interest in complementary and alternative medicine, and is the Master Mind keen on integrating Conventional Medicine with other disciplines.




Prof Dr. Madan Thangavelu

Dr. Madan Thangavelu is a Genome Biologist. His academic affiliations include, Research Fellowships at the Department of Oncology, University of Cambridge, Medical Research Council Cancer Cell Unit, Medical Research Council Laboratory of Molecular Biology, Cambridge. He is a Member of the *Mind-Matter Unification Project* of the Theory of Condensed Matter Group at the Cavendish Laboratory, Cambridge, and a Board Member and Research Director, European Ayurveda Association.

Dr. Kim Engard ND, LAc has been practicing Natural Medicine for over 30 years. She is a licensed Naturopathic Doctor, Acupuncturist, Medical Herbalist and Qi Gong Instructor that is committed to healing with natural medicine.

Dr. Lonny Jarrett Worldwide leading practitioner, author, scholar and teacher of East Asian medicine. He is the author of ***Nourishing Destiny: The Inner Tradition of Chinese Medicine, The Clinical Practice of Chinese Medicine and Deepening Perspectives on Chinese Medicine.***

Dr. Keith Sharp, Honorary President of the TCUGB, he recognized the need of suitable exercises for over 65's, some 20% of the UK. He has initiated the program to have Tai Chi and Qi Gong accepted by

<p>Closing</p>	<p>the UK government and is dedicated to the production of Professional Standards for TCQ Health and Wellbeing Instructors.</p> <p>"Quantum – Wuji - Presence". - Dr Roger Jahnke</p> <p>Closing with Dame Dr. Effie Chow, Sharron Rose, Dr. Roger Jahnke, and Rev. Dr. Ama Lia Wai-Ching</p>
<p>1pm – 3pm</p>	<p>Round Table Discussion on the Congress’s Declaration of Intent</p> <p><i>Goal: To form partnerships and alliances with appropriate compatible organizations to achieve the goal of health care for all that includes both Western and Eastern qualified practice, education, and research with financial reimbursement available to provide services. This includes Wellness for All position presented at this congress.</i></p> <p>Dr. MJ Bulbrook, RN Chair & Host Dr. Steven Rosenblatt, MD, PhD, AU Academic Office Headquarters in Kamuela, Hawaii. Appointed to NCCAOM as of Feb. 2022 https://www.nccaom.org/</p>  <p>Present the history of NCCAOM & current status Dr. Melinda Connor, Dr. Brian Daley, MD, Dr. Caitlin Connor, Natl. Certification Center of CAM Energy Practitioners – Update https://nccoep.org/</p>  <p>Dr. John Mattison, MD, Legislative & Policy Hurdles</p> <p>Dr. Robert (Bob) Bray, Board Member ACEP, Thought Field Therapy, Public Policy Challenges</p> <p>Mark Peters, Chairman, Tai-Chi, and Qigong Union for Great Britain.</p> 

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[Traditional, Complementary Integrative Healthcare.](#)



TRADITIONAL
COMPLEMENTARY
INTEGRATIVE
HEALTHCARE

3pm –
5:30 pm

Inspirational Performers and Speakers

Dr. Alex Feng – Brief Taoist Prayer, then presentation "Medical Qi Gong For Health - Managing Cancer". Founder Zhi Dao Guan, The Taoist Center and Clinic for Traditional Chinese Medicine, Oakland, CA

Dr. Anita Chen Marshall, "Herb and Drug Interactions". Internationally renown pharmacist, herbalist, acupuncturist.

Master Cathy Mu – "Qigong & Abundance", CPA Professional

Master Wang, Director of QinGuolin Qigong from China, WHO IS POTENTIAL MAJOR SPONSOR. Most internationally noted success with Cancer cases.

Dr. Juan Montero, MD of Health on Wheels (HOW), Innovative Medical Services for over 20 years!

Carter New - 10 years old Black Belter in Tai Kwan Tao. with his father **Jak New** from Victoria, BC, Canada (10 min.)

World renown Shaolin Temple Monks Adult performance. USA Director Shi Yanran including their Children Troup! (English speaking assistant is Diana Hong) Dance with Martial Arts Acrobatic demonstration and resistance against swords, spears ,and other instruments.

	<p>Rose Hong, Director Owner of Global Dragon Television "The Art of Promotion". Vital Qi Essence of Promotion/Publicity and Funding to Grow Your Business and Life! New Book "The American Odyssey".</p> <p>Mr. Norm Mayall Founder and CEO of ACESO Foundation. "Healing the Community" Mission to Empower People. Building Health Community. ACESO is focused on the health of the economy, our community and the world.</p> <p>Integrative Health Inspirational Closing Speaker</p>
<p>5:10 pm – 5:30 pm</p>	<p>Host: Dr. Mary Jo Bulbrook and Dame Dr. Effie Chow: Stage full of Entertainers & Presenters all conducting collective prayer for love, compassion, and PEACE participating by different prominent healers representing CAM with Dr. Mary Jo Bulbrook ending with the CIRCLE OF LOVE COLLECTIVE AHMING with participation of Taoist Priest Alex Feng; Master Daisy Lee; Dr. Terry Shintani, MD; Rev. Dr. Ama Lia Wai-Ching Lee;</p> <p>During the AHMING, Dr. Effie Chow will read the poem "LOVE BY EMMETT FOX" FROM BOOK MIRACLE HEALING FROM CHINA: QIGONG. SHOW WORDS ON SCREEN SO EVERYONE CAN FOLLOW.</p>
<p>5:30 pm – 6 pm</p>	<p>Mary Jo Bulbrook, Effie Chow, & Rose Hong Future of Global Healing Alliance. Virtual hug self, each other, and the world & universe. Goal of monthly and more, even weekly frequent mastermind workshops (with fees) featuring our Congress speakers and awardees and other world-renown experts. (There may be a limited number of scholarships available).</p> <p>Akamai University Academic Credits will be offered for the Congress. Yearlong master/mind workshops to apply for</p>



certificates and degrees in Complementary Integrative Health (CHI) or Complementary and Alternative Medicine. (CAM).



Akamai University

Dedicated to improving human and planetary health

The first Mastermind Workshop will begin the fourth weekend of October 2022.

Our primary goal is seeking ultimate funding resources for health and wellness practices for both clients/patients and practitioners, not just for medicine and surgery! Interested individuals and corporations are invited to join us on the ground floor in building this essential structure! **This is our Dream!**

As we hug ourselves, each other, and the world let us sing, hug, and laugh together. "The Impossible Dream" Show words to sing along WITH ACAPELLA SONGSTRESS **LANETTE NEW AND GROUP.**

Stay tuned on our YouTube channel and connected by email worldcongressevents@gmail.com

