

# MARY JO BULBROOK

BSN, RN, MED, EDD, CEMP/S/I, CIH/S/I, HTP/I



## Summary:

Dr. Mary Jo Bulbrook: Registered Nurse, Psychotherapist, Family Therapist (Virginia Satir Training Model), Psychiatric Mental Health Clinical Nurse Specialist in Nursing, Medical / Spiritual Intuitive, International Expert in Culturally Based Holistic Education, Health, Family Wellness including Before Birth, 3<sup>rd</sup> Birth, (Self Choices), 4<sup>th</sup> Birth, (Spiritual Birth), Dying, Death & After Death Complementary Integrative Health Specialist & Instructor (CIH/S/I), with a focus on Nursing, Family Care & Wellness, Energy Medicine, Energy Psychology & Integrative Health.

## Contact Details:

**Dr. Mary Jo Bulbrook, CEO, Treasurer, Akamai University**  
**Dean College Integrative Health**

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[mj.bulbrook.au@gmail.com](mailto:mj.bulbrook.au@gmail.com) **Websites:** <https://www.akamai.university/>, <https://akamaiuniversity.org/>

**Satir Center:** <https://akamaiuniversity.education/>

<https://www.akamai.university/affiliate-emp.html> / <https://www.akamai.university/alliance.html>

**Energy Medicine Partnerships, Inc.** / <https://www.energymedicinepartnerships.com/a/> /

## Current and Past Roles / Responsibilities:

Past President of Akamai University, Feb. 1, 2021 – April 25, 2024

President Board of Directors of Akamai University, 2021 - 2024

President Emeritus of Akamai University

AU is an on-line University, Certified by the NC Secretary of State as a Nonprofit Corporation.

Dean of the [Institute for CAM Studies](#), Dean, [College of Integrated Health](#),

Dean of College of Continuing Education, a Distant Education Program.

***AU was founded in Hawaii 2002. Administrative headquarters moved to Durham, NC Feb. 1, 2021. International Accreditation with ASIC reactivated as Premiere Institute July 2022 – 2026.***

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[Co-founder and CEO of the Global Healing Alliance 2017](#) – present, Previously was Energy Medicine Partnerships International (EMPI) <https://www.akamai.university/alliance.html>

Current Affiliate Member of [The Virginia Satir Global Network as of Sept. 27, 2022](#)

(International Association of Near-Death Studies ([IANDS](#)) Sharing Groups On-line Certified Facilitator, past Member of the IANDS Educational Committee

American Holistic Nurses Association ([AHNA](#)) Current Practice Committee Member, & Planetary Health.

Invited Member, September 2020. The Virginia Satir Global Network, Racial Trauma Treatment Group.

Elected June 2018 Board of Directors, Energy Therapies Consortium, Chair Ethics Committee

Elected 2012 & 2013 Chairperson of the Academic Council of Akamai University and Akamai University Board of Directors. Member of The Virginia Satir Global Network, American Holistic Nurses Association

Presented at the 100-birthday celebration of the Life & Legacy of Virginia Satir in Vancouver, BC, Canada in June 2016, Research Presentation Sept. 2016 at ISSSEEM on The Virginia Satir Transformational SEED Model: A Spiritual / Energy/ Efficient / Diplomat Model & Theoretical System for Healing Individuals, Families, Communities & Organizations Change, Grow and Healing – Becoming All They Can Be, Presented at the HT Program Post Conference in Charlotte, NC Aug 2016 topic I Serve Those Who Served: A Holistic Program for Veterans

Presented Panel Member on Compassionate Care: Touched by Near-death, Shared Death and Spiritual Mystical Experiences with United Nurses Network Panel at the International Association of Near Death Studies, IANDS) August 2020.

International Association Near-Death Studies presentation on NDE & STE After Effects Recovery in Seattle 2018

## Presentations 2023 & 2024

American Holistic Nurses Association (AHNA) 2024, Annual Conference: Wellness through Diversity – Equity – Inclusivity, June 2024 in Rochester, MN, **Dr. Bulbrook's Workshop: Family Wellness – During Life & After Life**

**NCNA Psych Retreat: February 9-10, 2024**

**24<sup>th</sup> International Energy Psychology Conference, Speaker**

American Holistic Nurses Association (AHNA) 2023 Annual Conference: Holistic Nursing in Action June 6, 11, 2023 Orlando Florida., **Dr. Bulbrook's Workshop: *Soul2Soul Communication in Complementary Integrative Health.***

***International Congress of Nurses (ICN) 2023 Montreal Canada July 1-5, 2023, Dr. Bulbrook's 2 Presentation:***

- 1) ***ADDRESSING NURSES HEALTH & WELLBING: ACTION ADDRESSING CLINICAL BURNOUT & BURNUP - AMERICAN HOLISTIC NURSES ASSOCIATION CORPORATE TOOLKIT***
- 2) ***HEART2HEART, SOUL2SOUL COMMUNICATION - AN INNOVATIVE MODEL OF CARE & CARING THROUGH ELECTROMAGNETIC SOUL FREQUENCY EXCHANGES AND SPIRITUAL CONTACT IN NURSING PRACTICE, EDUCATION AND RESEARCH.***

IANDS Conference Aug. 30-Sept 3, 2023 Arlington, Virginia: ***Heart2Heart, Soul2Soul Communication – An Innovative Model of Care & Caring through Spiritual Contact in Self Care & Professional Practice Education & Research.***

23<sup>rd</sup> World Congress on Integrative Health: Healing with Peace:

Qigong/TaiChi/TraditionalChineseMedicine/NaturalHealing Sept 30, 2023 in-person Oakland, CA and virtual. ***Dr. Bulbrook's Presentation: Wellness for All- A Model Program for Growth, Healing – Achieving Peace within, Between and Among.***

Canadian Association of Higher Education Accepted for 2024 Conference: ***Paper Presentations submitted by Dr. MJ Bulbrook: Soul2Soul Communication in Complementary Integrative Health: Innovations in Nursing Education, Practice & Research & Applicable to Other Health Care Professionals – Accepted Proposal***

## **Key Activities Completed 2018 – 2023**

**Traditional Med-2023** in person in Japan and virtual day 2 Invited Member of the Research Committee. Invited by Organizing Committee as Scientific Committee Member for **5<sup>th</sup> Edition of International Conference on Traditional Medicine, Ethnomedicine and Natural Therapies** May 22 -23, 2023 Hybrid Event Chair of Day 2 with Opening Welcome Message, ***Dr. Bulbrook's Presentation: Heart Centered initiative – Restoring Hope & Promoting Healing***

**Traditional Medicine Congress** offered by Lumiminds.org. Keynote Presentation by Dr. Bulbrook – ***Connecting Indigenous Healers Teachings with Complementary Integrative Health*** held virtually April 12, 2023.

Designed Continuing Education Program through Energy Medicine Partnerships, Action Addressing Nursing Burn up and Nurse Burn out. – Approved Provider AHNA Continuing Education 2 – 20 Contact Hours.

***This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.***

Congratulations! The AHNA Education Approver Committee (EAC) has approved the following nursing continuing professional development activity:

- **AHNA Approval Number : 1677**
- **Approved to award:20 contact hours**
- **Approval period: 7/5/2022- 7/5/2024**

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- Activity Title: Action Addressing Nurse Burnup & Nurse Burnout: Nurses Take 2: Heart 2 Heart- Soul 2 Soul

Satir Conversations presented at the Satir Global Network online meeting Sept. 17, 2022

22<sup>nd</sup> World Congress Sept. 24 -27, 2022 on Qigong, Tai Chi / Traditional Chinese Medicine / Natural Healing, Co-host, and organizer of Sept. 26 & 27 Events.

ICTM Presentation Online Sept 1, 2022

Present Soul2Soul workshop at the ACEP in Salt Lake City, Utah, Sept. 2, 2022

Shining the Light on Planetary Health. Beginnings April 2021 Article in Submission for AHNA, Beginnings, April 2021.

AHNA Statement on Planetary Health and Pledge for Nurses, Jan. 2021, co-author with the AHNA practice committee.

[Global Healing Alliance](#) reorganized, and Dr. MJ Bulbrook become CEO with new website launched creating a worldwide collaborative team of practitioners, educators, and researchers whose goal is to revolutionize healthcare worldwide.

ISGO Certified Facilitator credential in May 2019

American Holistic Nurses Association (AHNA) Practice Committee, Planetary Health Initiative AHNA

Member of the International Consortium Energy Therapies Planning Committee launch in March 2018 in Arizona. Elected to Board of Directors, Member of the Ethics Committee Paper written and accepted by Satir International Journal: Satir Around the Globe Fall 2016 Hey – What New with Satir’s Teachings? The Evolution of the Virginia Satir Transformational Seed Model to a Spiritual / Energy / Efficient / Diplomatic Model & Theoretical System.

Harmonizing Health Teaching & Spiritual Tour to South Africa, September 2017.

Spiritual Journey to Peru – Oct 11 to 25, 2016 Visiting Multiple Sacred Peruvian Sites, Presenting at Tu Ser Místico on the Satir Model, as well as on Near Death Experiences, and another presentation on Multi-Dimensional Healing.

Workshop Accepted by the Academy of Spiritual Consciousness Studies Nov. 2016 – Living Fully in the Light: Experiences for Becoming All You Can Be & Living Your Soul’s Purpose  
September 2017 Taught in KwaZulu Natal, Durban, South Africa – Spiritual Cultural Tour & Working with Sangomas & Traditional Healers

Oct. 2016 Return to Lima Peru for Spiritual Journey & Teaching Energy Medicine & Shamanism.

**Akamai University**

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Akamai University was legally established by corporate charter on 30<sup>th</sup> May 2002 and has operated in good standing as a non-profit degree granting institution under the laws and regulations of the USA and the State of Hawaii. AU operates as a federal and state tax-exempt institution of higher learning for providing advanced studies, research, and community service worldwide. International Accreditation with ASIC – Accredited Premier College, International Association for Distance Learning, International Board of Standards of the American Academy of Project Management and Global Academy of Finance & Management a professional standards organization, accreditation council and certifying body in the USA achieved July, 2022. Intl. Certification til 2026.

Dr. Bulbrook was a member of the Accreditation Team Review Faculty & Administrators during the site accreditation visit in Hawaii. AU was awarded Premier University for demonstration of several quality areas by ASIC – Accreditation Service for International Schools, Colleges, and Universities. ASIC is one of many international accrediting bodies listed in the international directory by the Council for Higher Education Accreditation (CHEA) in the USA and is a member of the CHEA International Quality Group.

Her career span as full time Nursing Professor serving 36+ years as an academic / educator / administrator / researcher in three countries: USA, Canada, and Australia. She has taught all levels of university-based nursing education with a focus on masters and doctoral educational levels.

Responsible for the practice and teaching of Healing Touch, Energy Medicine in Australia, New Zealand, USA, Canada, Peru, Chile, Ireland, and South Africa from 1990 to present through Energy Medicine Partnerships. Dr. Bulbrook is registered nurse, family therapist, psychotherapist with an emphasis in child psychiatry. She has taught pediatric nursing, obstetrical nursing, psychiatric mental health nursing and fundamentals of nursing as well as bachelors, masters and doctorate in nursing and nursing research. She also is a medical and spiritual intuitive, Certified Specialist in Energy Medicine, Healing Touch Practitioner & Instructor, as well as a Clinical Specialist in Psychiatric Mental Health Nursing. She helped co found Hospice of Salt Lake in the 1976's.

Her holistic nursing theory “Healing From Within and Without” has been well accepted worldwide and has served to guide her practice and teaching. She has offered courses at the Mayo Clinic in Rochester, MN and in 2012 taught at Duke Medical Center Oncology Department for the nursing staff, Caring for the Caretaker. In addition, in Spring 2016, 2015 & 2014, Summer 2012 & 2013 and Fall of 2012, 2013, 2014, 2015 Dr. Bulbrook provided at University of North Carolina Chapel Hill Newman Center – Wellness for All Support Group and Wellness for All Spiritual Ministry.

Dr. Bulbrook supervised Family Practice Physicians in St. John's Newfoundland, taught MD's at the Nelson Mandela School of Medicine in South Africa, Kwa-Zulu Natal and taught in primary care in Durban, South Africa as well as at a hospital in Johannesburg. At Duke Medical Center in Durham, NC Dr. Bulbrook participated in supervision Family Practice Psychiatrists.

Since 1997, Dr. Bulbrook has traveled and worked with a variety of educational / health institutions. She has collaborated with Credo Mutwa and other South African traditional healers, regarding the practice and teaching of South Africans of health and healing. She has assisted Mr. C J Hood in South Africa through education and expansion of his Zulu traditional village. Before that, she worked closely with the Aborigines of Australia, Bob Randall and Maroi Tohuna Rose Pere of New Zealand, assisting them with cooperation partnerships in matter of education, health and healing through dating back to 1992 after Dr. Bulbrook left the University setting in 1987 from full time work to share and teach her knowledge worldwide in integrative medicine and complementary therapies. Her spiritually guided vision is to assist lay and professional people throughout the world, to learn how to work in harmony and balance through cooperative relationships with mutual respect for each other's culture.

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### EDUCATION

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Extensive national / international training since 1976 in holistic education / nursing all levels, energy medicine and energy psychology. Certified Specialist in Energy Medicine, Healing Touch Practitioner, Instructor and Healing Touch Certified Practitioner.

1969 - 1973      North Texas State University                      Denton, TX  
*EdD                      Education, Major in College Teaching & Minor in Nursing,  
Clinical Specialist in Psychiatric Mental Health Nursing*

1969 - 70              Texas Woman's University                      Denton, TX  
*27 credits              Graduate Psychiatric/Mental Health Nursing in Doctorate*

1966-67              Xavier University                                      Cincinnati, OH  
*MEd                      Master of Education, Concentration in Montessori Education*

1962 – 1966      College of Mt. St. Joseph-on-the-Ohio      Mt. St. Joseph, OH  
*BSN                      Bachelor's Degree in Nursing*

### CURRENT PROFESSIONAL EXPERIENCE

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1987 - current      [Energy Medicine Partnerships](#), Inc. Durham, NC  
*Founder & Director (name change over the years see below)*

- International Educational /Consultation

2006 – current      [Akamai University](#), Distant Education University, Worldwide

- Program Director Complementary Integrative Health
- Dean, Division of Continuing Education Sept. 2014
- Dean, Institute for CAM Studies January 2016
- President, February, 2021 – April 25,, 2024
- President Emeretis

2017 – current      [Global Healing Alliance](#), CEO

- Co-Founder with Dr. Effie Chow, Grandmaster Qigong and Founder of the East West Academy of Healing Arts

### OBJECTIVE EMP

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Energy Medicine Partnerships, Inc. is an international organization dedicated to education, health, and healing in harmony with the land embracing relationships through partnerships honoring the cultural contribution each makes to be a global citizen, respecting the unique contribution to all. Several

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partnerships have been formed to assist in the education of professionals and lay people for the health and healing the people, land, and the environment throughout the world.

EMP offers:

1. Energy Medicine Program
2. Energy Medicine Self Care
3. Wellness For All
4. Research & Consultation
5. Spiritual & Medical Intuitive Development
6. Traditional Healer Partnerships, Aborigine, Maori, Peru & South Africa
7. Ambassadors in Healing Spiritual Tours

### PREVIOUS EMPLOYMENT

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Private Education / Practice – North Carolina 1987 – present

Founder & Director - North Carolina Center for Healing Touch (1990-1996) changed the name to Healing Touch Partnerships (1997) and in 2002, the name was legally changed to Energy Medicine Partnerships.

Visiting Professor – Edith Cowan University, Perth, Western Australia (1991)

Professor in Nursing – Memorial University, St. John's Newfoundland, Canada (1982-88)

Associate Professor in Nursing – University of Utah, Salt Lake City, Utah (1976-82)

Director of Education & Volunteer – Hospice of Salt Lake, Salt Lake City, Utah (1977-81)

Transactional Analysis of Salt Lake – Limited Private Counseling Practice (1977-81)

Assistant Professor – Texas Woman's University, Denton, Texas (1973-75)

Family Health Care Center – Limited Private Practice (1970-76)

Consultant – Cook Children's Hospital, Ft. Worth, Texas

Instructor – Tarrant County Junior College, Ft. Worth, Texas (1967-70)

Staff Nurse – Cincinnati Children's Hospital, Cincinnati, Ohio (1966-67)

AWARDS

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1989 Canadian Holistic Nurse of the Year

Certified Healing Touch Practitioner & Instructor

Recipient of the National Institute of Mental Health Traineeship

Certified Specialist in Energy Medicine September 2001

World Wide Who's Who Leaders 2013 & again in 2024

SCHOLARSHIP

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The Roots of Healing Touch, 2010, 2011, Revised: The Roots of Healing Touch And Beyond 2024.

Multi-Dimensional Healing Ethical Practice and Teaching: Why Now & Why Us?, Publication from the Proceeding of ASCSI Conference, 2018, publish Dec. 2019 by ASCSI

Happy Father's Day 12 Reasons to Appreciate Being Dad, 2018, Water Lily Press.

Wellness for all, 2012, Water Lily Press, Durham, NC

Healing Stories: to Inspire, Teach & Heal, 2000.

Energetic Healing Notebook, 1998, revised 2001/ 2002

Energy Medicine Notebook, 2005 revised 2009 / 2013

Transform Your Life, 2010 Revised 2015

Meridians, Body Systems & Organs 2000, revised 2001/ 2002./ 2013 / 2015

Meridians for Healers, 2010

Healing Touch Level I Notebook, 1993, revised 2002.

Healing Touch Level II Notebook, 1994, revised 2002.

Hands & Heart Healing Notebook, 2001

Specialist in Energetic Healing, 2001/2002

Development of Therapeutic Skills, 1970, Little Brown & Co.: Boston

Healing From Within & Without, 1986, International Nursing Diagnosis



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Annual Meeting, Conference Proceedings.

Research: Grounded Theory - Development of Energetic Healing

Funded Research on the Practice, Teaching & Learning of Bulbrook's Nursing Theory, "Healing From Within & Without" in an Australian Context. Co-Researchers: Bulbrook, Reinbold, Watters,

Bulbrook, MJ & Duff, D 1991 Holistic Approaches to Stress Relief and Pain Management. Perth, Western Australia: Wellness Network of WA.

Parsons, C. D. F. & Bulbrook, MJ 1991 "Assistance with Preparing Research Protocols. A Guideline for Nurses" Report in national Nursing Research invitational Workshop. Adelaide, Australia, April 4-6, 1991.

Bulbrook, MJ & Montgomery, A Nursing Theory in Practice, Research and Curriculum 1991 School of Nursing: Edith Cowan University, Burswood Convention Center, Perth, Western Australia, July 1991.

Video Series – 1991 Healing From Within & Without, (7 films) & Healing Individuals & Families Change (9 films), Edith Cowan University, Perth, Western Australia, Energetic Healing, (5 films) HT Partnerships, NC 1999, & 2001, (Clearing the Internal Self, Healing Wounds, Clearing Belief Systems, Changing Relationships Energetically, Reshaping Family Energy Patterns

Wise Chats Radio Show 13 weekly series – hosted with Voice America

Licenses as a Registered Nurse in North Carolina #099485. Inactive licenses in Newfoundland, Canada #12706, Utah #14656, Texas #4-16206 and Ohio #098210 and in Western Australia

Co-Founder of the Canadian Holistic Nurses Association 1986

Co-Founder of the Holistic Nurses Association of Australia 1991

Co-Founder of Healing Touch, Peru (Manas Sanadoras) 2002

Editorial Board, The CATA-LOG The official publication of the Canadian Association of Transactional Analysis 1987.

### CONTINUING EDUCATION & PROFESSIONAL AFFILIATIONS

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Healing Touch Levels I, IIA, IIB, IIIA, IIIB, IV. Certification as a Healing Touch Practitioner & Instructor. 1990-93 and recertified. I have introduced and developed programs of Healing Touch in Australia, New Zealand, South Africa and South America as well as teach all levels throughout USA & Canada since 1990. Member of the original Board of Directors of HT International in 1997 and currently serve on the Board. Was Treasure for 4 years and Chairperson of the International Development Council of HTI, Board of Directors of Association of Comprehensive Energy Psychology, Chairperson of the Humanitarian Committee of ACEP and Board of Directors of Touch for Health Kinesiology Association

Original Coordinator of Virginia Satir's International Training. Served on the Board of Director of Avanta Network for several years. Ongoing Training with Virginia Satir, Family Therapy 1977-87 Authored several

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publications in relationship to working with Virginia as well as taught here material in the video series, Helping Individuals and Families Change.

Studied with the following: Rosalyn Bruyere, Barbara Brennan, Carolyn Myss, John Thie, Gordon Stokes, Fred & Bunny Duhl, Gestalt Institute of Dallas, Eric Berne, Fritz Perl and many other specialists in psychiatric mental health.

Held numerous professional positions throughout my career in nursing and related fields. President of the Texas Nurses League for Nursing. Research Committee of the Canadian Nurses Association, Research Committee at Edith Cowan University, Research Committee of the University of Utah, Medical Center.

### ADDITIONAL PRESENTATIONS

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Extensive teaching a variety of topics in energy medicine, mental health, family therapy and holistic therapy, Healing Touch, Energetic Healing, Hands & Heart Healing throughout USA and Canada as well as France, Australia, New Zealand, South Africa and South America since 1970 and current. Usually do 3 – 5 professional associations in my field a year.

2016 Presented Tu Ser Mistico in Lima Peru, 9 days teaching in February and taught from April 28 to May 16<sup>th</sup> for Tu Ser Mistico and Energy Medicine Partnerships Peru

2015 Presented in Lima Peru SWISS JUST presentation, Clinical Specialist training two days

2015 Sept. IANDS, Near Death Experience After Effects Recovery and Healing Training post conference

2015 Sept at the International Touch for Health Association in Banff, Alberta

2013 PROSH Annual Meeting – Lima Peru, Coping & Transcending Death & Dying

2013 American Holistic Nurses Association, Annual Meeting, Norfolk, VA, “The Energetics in Disaster & Trauma Relief: What are they and how to help yourself and others.”

2012 Healing Touch International Annual Meeting, Boulder, CO, “Disaster Relief: One Voice”

Presented Energy-based Disaster Care at the International Society for the Study of Subtle Energy and Energy Medicine 2002 and Healing Touch Creating Waves of Change, 2002

International Presenter at the International Oncology Nurses Association in South Africa, March 2001.

Presented Healing Touch at the International Congress of Nursing in Vancouver, BC, Canada in 1997.

Presented at the International Society for the Study of Subtle Energy and Energy Medicine in 1997.

Presented at the American Holistic Nurses Association several times: in 1984 & 1997.

Resume Updated January, 2025