



EMPI Vol. One No. 3 February 2009

Australian Spiritual JourneyOctober 12- 26 2009

Plans are being finalized for an exciting adventure down under! Uncle Bob Randall, Aborigine elder and the Songman of Australia has offered to help with this trip to capture the heart and imagination of all those who want to experience first hand the magic of Uluru, (Ayers Rock) sacred historic site of the Aborigine people.



Over the years Bob and Mary Jo have worked together and have shared many stories. These experiences have been the highlight of her life and those who traveled with EMP. Mary Jo and Bob have shared the Aborigine culture from central Australia, Queensland and New South Wales and Perth Western Australia. Learn to read the energy of the land and connect with animals. The secrets have been revealed slowly as trust has been built of mutual sharing and caring for each other.

Craig and Sue Pattinson – EMP faculty and hosts for the Australia tour.

Our hosts live in Port MacQuarie on the ocean northeast of Sydney about one hour by plane. They were with us on tour visiting Rose Pere, Maori Tohuna our dear friend who will connect with us in October 2009 for our Ancient Wisdom from Traditional Healers gathering in the sacred landscape of Australia and New Zealand. Join us on this magical adventure and learn first and the indigenous ways of being in the world.

annual meeting



Hummingbird feathers

open the heart.

Journey with us March 12-15, 2009 Durham, NC

The journey for multi-dimensional Hummingbird sings a vibration of pure joy. It has magical qualities and conjures love as no other medicine does.

The Energy Medicine faculty and practitioners will gather on March 12,

2009 to enhance their skills and grow spiritually — moving to a higher level.

The sense of community inspires and motivates as we share our unique local perspective and learn from each other the global picture.

Join this exciting community at our yearly renewal and spiritual attunement gathering for practitioners and instructors!

www.energymedicinepartnerships.com

October 27- November 1

A time with Rangimarie Rose Pere, Maori Tohuna



Extend your Spiritual Journey to New Zealand





The Triangle Holistic Center – 3211 Gibson Road Durham, NC 27703 919-381-4198

PRESENTS:

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" Dr. Daniel Benor's book will empower you by giving you the tools with which you can learn from your pain, restore your health and heal your life."

> Bernie Siegel, MD Author of "Love, Medicine and Miracles"

Dr. Dan Benor, MD World Renown Psychiatrist

Dr. Benor is the founding director of the Council for Healing and a world renown master teacher and leader in the field of energy medicine and energy psychology. His technique of WHEE (a self-healing method) based on EMDR and EFT has been instrumental in bringing peace, relief and joy to many suffering from debilitating psychosocial issues as well as physical pain. Over the years he has been instrumental in researching the major work in documenting the scientific basis of energy medicine and energy healing. He is the author of numerous publications that have been leaders in this cutting edge therapy.

Friday, March 13, 2009
7:00 PM – 9:00 PM
\$40 at the door
\$25 if paid for by Feb. 21

Spiritual Healing Relationships and the Environment

Strengthen ways to love the self – Release anxieties, fears, angers & hurts – Treating animal, pollen, food and chemical sensitivities.

Symposium on

The Healing Power of Nature Plants & Animals

Journey with us as we explore the connections of humans, plants, animals and nature. We are ONE. What happens to one part affects all others. Consequently if we live out of balance, it will be reflected in the decisions we make as partners in our loving relationships, with our spouses and our children – this includes our extended family and friends. It will be reflected in our work life and professional associations. We will explore that delicate interrelationship to find direction how to regain balance in our lives, with nature, plants and animals.

Saturday, March 14, 2009 9:00 AM – 5:00 PM \$125.00 if paid for by Feb. 21

\$150 thereafter

Co-Facilitators:

Dr. Mary Jo Bulbrook – Partnerships with Nature, Plants & Animals for Health and Healing

Dr. Ellen Kaye Gehrke – Capturing the Essence of Relationship through Horses and Humans

Craig Pattinson – Creative Designs for Living, Healing and Working Acroessence Ltd. NSW, Australia

Karen Terwilliger – Caring for our Natural Resources: Ecosystem balance and sustainability





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NHPC Credentialing

The Natural Health Practitioners of Canada (NHPC) Credentialing Program as of August 19, 2008 now credentials TYLEM.

Announcement: The TYLEM™
Program preparing Energy
Medicine Practitioners/Specialist
through Energy Medicine
Partnerships School of Energy
Medicine has been added to the
list of recognized programs
effective August 19, 2008
through the Natural Health Practitioners of Canada.

Practicens de la santé naturelle du Canada. Suite 600, 10339 – 124 Street, Edmonton, AB Canada T5N 3W1. Phone 780-484-2010, Toll Free 888 711 7701. Web www.nhpcanada.org

Students who have completed this program can now obtain membership and insurance coverage for this modality with the Natural Health Practitioners of Canada if they also have Discipline level recognition in a prerequisite modality. Contact their office for further information.

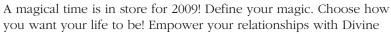
The Healing Power of Nature Plants & Animals Saturday, March 14 Durham, NC

Spiritual Greetings



Dr. Mary Jo Bulbrook, CEMP/S/I Energy Medicine Partnerships Founder & Director Energy Medicine Partnerships International, President

Blessings for 2009



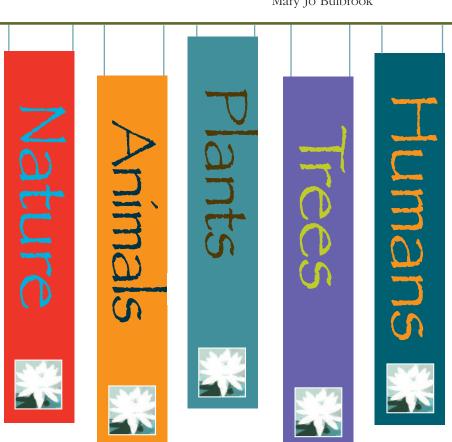
Light and Love. Live in the moment and be PRESENT for all those important people in your life. Choose wisely how you will spend you time being aware to live in balance and harmony rather then focusing on only one part of your life.

Fully embrace all life has to offer and remember to go with the flow. Bring peace to those troubled parts of your life and soar with the Angels!

Live close to nature. Be and responsive to her needs aw well as you own as life depends on it! Dream your dream and live it fully.

May 2009 be all you intent! Ask for what you need and want and hold the energy throughout the year!

Love and blessings, Mary Jo Bulbrook







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EMPI Executive Advisory Council

Dr. Mary Jo Bulbrook, President Durham, NC, USA Visionary Leadership and Integrating Programs/Resources Worldwide

Dr. Ellen S. Kaye Gehrke, Vice-President San Diego, CA, USA International Organizational Development

Marsha Read, Respected Elder Calgary, AB, Canada Sacred Songs and Traditions

Dan Trollinger, Executive Director Durham, NC, USA, Implementation

Dr. Dan Benor, MD, Bellmawr, NJ, USA Expansion of WHEE Worldwide

Craig Pattinson, Treasurer Port Macquarie, NSW, Australia Finance and Creating Healing Environments

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EMPI Advisory Council

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Jane Frey, Edmonton, AB, Canada Uniting Energy Medicine Instructors Worldwide

Sue Pattinson, Port Macquarie, NSW, Australia Integrating Color and Design

Paul Afalla San Borja, Lima, Peru Health Care Professionals with Shamanism

Cedric John (CI)Hood Kwa-Zulu Natal, South Africa Blending Culture and Traditional Healers

Judy North, Cardston, AB, Canada Serving Families Worldwide

Twila Hayes, Val Marie, SK, Canada Connecting with Animals and Nature

Cynthia Atkinson, Portland, ME, USA Uniting Energy Medicine Practitioners Worldwide

Brenda Simmons, Denver, CO, USA Blending Energy Medicine in Health Care

Sister Barbara Cavanaugh, Labanonky, KY, USA Liaison with Serving the Poor Worldwide

Kathleen Scacciaferro, VT, USA Energy Medicine in the High School Setting

Joy Hardcastle, Durban, South Africa Energy Medicine and End of Life Care

Kay Cooke, St. Louis, MO, USA Developing Intuitive Gifts

Carol Reamer, Lima, Peru Development of Energy Medicine in Peru

Energy Medicine South Africa has compiled an extensive programme of courses for 2009.

The Core Programme of TYLEM will be taught in Pietermaritzburg at 16A Montgomery Drive, Athlone, Fordoun Health Spa at Nottingham Rd, the Highway Hospice Westville, and for the first time, in Cape Town.

The initial 5 levels of Practitioner level are listed below. It will be taught from February though to July. For those wishing to become a Practitioner there will be a Practicum in August/September at the relevant centres.

Level 1 Clearing the Internal Self

Level 2 Identifying & Healing Wounds

Level 3 Changing Limiting Beliefs

Level 4 Changing Relationships Energetically

Level 5 Reshaping Family Energy Patterns

FORDOUN: Nottingham Road PMB

Level 1	12 March – 14 March	
Level 2	16 April – 4 April	
Level 3	14 May – 9 May	
Level 4	18 June – 20 June	
Level 5	22/23 July – 18/19 July	

DURBAN

Level 1 7 March Level 2 18 April Level 3 23 May Level 4 27 June 25/26 July Level 5

CAPE TOWN JHB group at Hilton (PMB)

Level 1 & 2 14 -15 March and 4 -5 April Level 3 & 4 9 -10 May and 30-31 May 6 -7 June – 25-26 July Level 5

Each level is a full day course (08H30 to 17H00) except for level 5 which is a two day course. For more details and/or to confirm your booking please contact me at the following numbers.

Phone/Fax:033 - 3421928Mobile:084 746 9741

e-mail:ecabazini@futurenet.co.za

David Hazelhurst Administrator: Energy Medicine Partnerships SA. (EMPSA)



EMP Worldwide

3211 Gibson Road Durham, NC 27703-4766 USA

Water Lily (nymphaea)

energymedicinepartnerships.com 1-919-381-4198

Symbolizes an openness to new opportunities for health, healing and spiritual growth.

Mission

Assist nurses to assume their leadership role in applying Energy Medicine (EM) in health care.

DESCRIPTION

Complementary medicine has impacted health care over the last two decades. Hospitals, university education programs, and mainstream health programs are responding with this influx of knowledge about the human energy system's role in health and healing.

This program is designed to assist nurses in their leadership role of bringing Energy Medicine to patients and families in a variety of settings, as well as helping nurses cope with the tremendous demands on them.

OBJECTIVES

Energy Medicine for Nurses is designed to:

- 1. Describe Energy Medicine's role in health care today.
- 2. Describe Energy Medicine research impacting health and healing.
- 3. Demonstrate Energy Medicine assessments, interventions and evaluations that can be used for different nursing care settings.
- 4. Describe the theoretical background of the TYLEM used for the Energy Medicine interventions in this program.
- 5. Practice TYLEM interventions.
- 6. Share experiences.
- 7. Discuss ways to teach Energy Medicine Self Care to patients/clients and families based on the content presented in this program.

CONTINUING EDUCATION:

Energy Medicine Partnerships is an approved provider of continuing education by the North Carolina Nurses Association accredited by the American Nurses Credentialing Center's Commission on Accreditation. Approved Provider # 076

ENERGY MEDICINE FOR NURSES MODULES

- Part 1 Overview
- Part 2 Clinical Demonstration
- Part 3 Theory and Principles
- Part 4 Experiencing Giving and Receiving Energy Medicine
- Part 5 Sharing Application of Energy Medicine
- Part 6 Creating a New Vision for your Nursing Role
- Part 7 EM Process for Spiritual Growth and Change

Modules can be taken alone or with a supervised practicum lead to an Energy Medicine Nurse Clinician (EMNC).

CONTENT

- Complementary Therapies Impact in Health Care
- Research in Complementary Therapies
- Theory and Principles in Energy Medicine
- TYLEM Theoretical Model
- Energy Medicine Assessments, Energetic Nursing Diagnosis, Mutual Goals, Energetic Outcomes, Energetic Post Evaluations
- Clinical Applications to Nursing



Energy Medicine for Nurses

This newsletter features Kathleen Scacciaferro,

RN, MS, CEMP/I, school nurse and past

nursing supervisor in critical care nursing. Kathleen is one of the senior TYLEM™ faculty

living in Burlington, Vermont. The case

contribution.

examples she shares represent how TYLEM™

(Energy Medicine) enhances what nurses do. They illustrate the unique specialty of TYLEM

and nursing blended together to make a unique

We are launching an Energy Medicine for

Nurses Program that will hopefully wet the

appetite for nurses to become knowledgeable

about the contribution of Energy Medicine to

to the profession of nursing and will provide

an entry level for nurses into the field with a defined outcome that can be helpful to

I invite you to consider offering one of these new programs in your local community.

Call to discuss the possibilities 919=381-4198.

Mary Jo

into complementary therapies.

their daily routine. This new program is specific

employers who want to move their organizations

3211 Gibson Road Durham, North Carolina 27703 USA $www.energy medicine partners hips.com\\contact@energy medicine partners hips.com$





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My Energy Medicine practice is varied and enriched with different clinical experiences in nursing that provide a unique opportunity to combine this knowledge with energy work.

I am the School Nurse at a Middle/ High School in Vermont. Some of my nursing care is providing energetic interventions of TYLEM™ for faculty, staff, and students. Because of my background also as a Critical Care Nurse, I continue to treat clients with medical/surgical issues using Energy Medicine. Here are some examples.



Kathleen Scacciaferro, RN, MS, CEMP/I

EM FOR SEVERE MIGRAINE

For one of the administrators where I work who was experiencing a severe migraine, I did an Angel Net, Inner Core Balance and pain drain. His migraine was relieved. Since then, he regularly schedules Energy Medicine sessions for a variety of health issues. For knee replacement pain, I used the Inner Core Balance and Energy Integration with relief of these symptoms. For chronic neck pain, I identified a tear in the Hara Line above the Soul Seat that I repaired. This facilitated progress in physical therapy. I have been monitoring his blood pressure since he began taking medication several months ago. Sometimes his blood pressure (BP) is controlled and sometimes not. We began using Energy Medicine as a complement to his medication as an experiment to help control his blood pressure. Today after an intense budget meeting, his BP was 160/90. After Mind Clearing, the Angel Net and the Inner Core Balance, his BP was 126/78.

EM FOR RELATIONSHIPS

The full TYLEM relationship process was used to work on a staff member regarding improving her relationship to her supervisor. In school, she receives energetic first aid. From this work with her, she began referring students to me for Energy Medicine.

EM FOR MANAGING ENERGY

I work with P a student, who is very bright, but has not been successful in the community school setting. I spoke to his mother about Energy Medicine and received permission to work with P. His energetic assessment showed that grounding and field location were his prominent issues. His Hara Line was dangling like a kite that someone let go of the string. He was not even in his field. This explained why he could not concentrate, get his school work completed and was distracted by the slightest noise or movement. The first time I treated P, I did a complete energetic tune-up of chakras, field, Hara Line, Core Star, and Meridians to give him an experience of what it feels like to be a balanced energetic Being. In subsequent sessions, P learned to bring himself into balance. Using the EM chakra, energy field, and hara/core star charts, I taught P about his energy system. He learned to pendle himself to develop a visual relationship to what he feels in his body. I taught him to ground, bring his very expanded field several feet around his body, and center in his field. When P is having a hard time in the classroom. I prompt him to check in with himself energetically. He often refers to being "in" or "out" of his body. We discussed

when it is appropriate to be "in" and "out". He was immediately relieved that he didn't have to give up being "out", so he was willing to learn how to be "in". He is now successfully managing his energy system in school.

EM FOR CANCER PATIENTS

I provided Energy Medicine throughout a colleague's chemotherapy and radiation therapy for breast cancer. This illness provided the opportunity to work on wounds, beliefs, relationships with siblings and parents, and family dynamics. We used the complete TYLEM™ process − meditation, drawings, choosing cards, full assessment, treatment, reassessment, and energetic homework. She maintained her appetite, did not loose her hair, did not experience tremendous fatigue, and was able to work least part-time throughout her treatment.

EM FOR TRAUMA

I provide Energy Medicine sessions outside of school for M, a young woman who had been traumatized by a urology procedure when she was about 5 years old. The trauma pattern re-surfaced in M's life when she was in new situations where trust had not yet been established. M was referred to me by her teacher when she entered high school and began having severe stomach aches and head aches resulting in missing many days of school. I worked with both her mother, who felt guilty about letting the trauma occur, and with M. Through the TYLEM Wound process and in particular, the drawings, M was able identify her wound pattern that also had relationship and belief aspects that we worked with. She learned that when she was fearful, her root, sacral and solar plexus chakras became compromised, and her Field, Hara Line, Central and Governing Meridians shifted up above her solar plexus, hence the stomach aches. She learned that when she managed her Hara Line to be grounded to the center of the earth, her headaches resolved. The key to maintaining her Hara Line grounding was teaching her to trace and energize her Central and Governing meridians. I recorded the Hara, Chakra, and Core Star meditations upon her request to assist her in her energetic self-care. Her absenteeism problem has been resolved. M's mother presented with a relationship energy pattern with her daughter that was over powering and domineering. Their relationship was tense and the mother was what might be referred to as a "helicopter" mom: meaning hovering, directing, and correcting. With the TYLEM™ relationship work, the mother and daughter developed a relationship more appropriate for a mother/ teen age daughter relationship as well as more empowering for M.

EM FOR PRE AND POST SURGERY

I provided surgical support for G, who had a hip replacement. I used the TYLEM™ Inner Core Balance, Energy Drain and Replenishment pre-operatively. Post-operatively in the recovery room, I again did the Inner Core Balance and was guided to repeat the shoulder to hip sequence, instead from hip to knee, then knee to foot to welcome and connect the new hip joint into the energy system. I then did an angel net to clear any unwanted energy, followed by Energy Integration at the new hip. G experienced 1-2 out of 10 post operative pain versus 8-9 out of 10 pain prior to the surgery. Because pain was not a limiting issue, he was able to ambulate sooner and his full recovery was 6 weeks ahead of schedule.







Contact **Dan Trollinger** Phone 919-381-4198

eMail: contact@energymedicinepartnerships.com
Facilitators: Dr. Ellen Kaye Gehrke and Dr. Mary Jo Bulbrook

Cost for each two day course \$395 includes lunch and \$50 non-refundable deposit. Checks payable to: **Energy Medicine Partnerships** 3211 Gibson Rd. Durham, NC 27703

Energy Medicine – Partnerships With Horses

Saturday, Sunday
April 4-5

9:00 am - 5:00 pm

Sebastopol, CA

(San Francisco area) Host and Horse Sage: Lisa Walters

EquuSatori Center 707.322.4955 lisa@equusatori.com for directions and accommodations please contact Lisa directly.

Saturday, Sunday

May 2-3

9:00 am - 5:00 pm

Afton, VA

(Charlottesville area) Host and Horse Sage: Gail Todter

Horse as Teacher Programs 434.244.2663 gail@leadingforth.com for directions and accommodations please contact Gail directly.

Saturday, Sunday
June 13-14

9:00 am - 5:00 pm

Ramona, CA

(San Diego area) Host and Horse Sage: Ellen Kaye Gehrke & Shelly Martin

Rolling Horse Ranch 760.788.8388 ellen@rollinghorse.com for directions and accommodations please contact Ellen directly.















No horse experience is necessary. Programs are conducted on the ground.

— Class Modules Energy Connection

1. Grounding	Building trust with another	The foundation of all relationships	
2. Moving	Healing emotional pain	Clearing out blocked pain to enable the non-judgmental experience of the other	
3. Directing	Lessons from wild horses	Discovering the power of the soul	
4. Loving	Healing hearts	Opening to the connection between self and others	
5. Expressing	Communicating with horses	Expressions of authenticity in all relationships	
6. Seeing the Way	Gaining Insights	Relying on intuition and awareness as a process for growth and learning	
7. Realization	Developing Spiritually	Experiencing the deep universal connections to all nature and all beings	

Mission: Energy Medicine Partnerships with Horses (EMPH) builds natural healing relationships between humans and horses.

Objective: EMPH clears and opens the horse and human energy systems to experience authentic relationship and promote a sense of well being.

Program: The class modules are designed to align with the seven energy centers of the body that addresses a particular level of animal and human consciousness. The workshop includes equine partnered experiences designed to free up blocked energy between the horse and the human. This creates a natural healing relationship. EMPH unblocks and balances energy flows. Horses respond authentically as partners in this journey.

Background: The program incorporates material from Dr. Bulbrook's program Transform Your Life through Energy Medicine (TYLEM®) that has been taught worldwide. It includes hands-on healing interventions that can be used with humans and horses to free blocked energy and enhance body, emotion, mental and spiritual healing.

Co Facilitated – Free Flowing Leadership Dr. Kaye-Gehrke & Dr. Bulbrook

DAY 1 MORNING

Introduction to the program - Overview of the two days

- Mission
- Goal
- Objectives
 - Ellen's work
 - MJB's work
 - Host (whose place we are at and the logistics)
 - The Horse Sage
 - Participants

Initial Intention of Participants for Attending

Energy Medicine Process (Identifies participants current body, emotion, mind and spirit health / illness)

- Group Sharing
- Meditation
- Focus for participating
- Cards
- Drawing

Experiencing Human's Energy on Self and Another (Energy Field & Energy Centers)

- Background on the human energy system
- Hand exercise on self
- Hand exercise on partner
- Demonstrate basic energetic assessment on self and others
 - Pendulum
 - Sensing with the hands
 - Higher sense perception experience
- Documenting the assessment
- Sharing experience
- Experiencing another's energy
- Experience human to human energetic relationship

DAY 1 AFTERNOON

Experiencing Horse's Energy

- Background on the horse energy system
- Assessing horse energy system (Energy Field & Energy Centers)
 - Pendulum
 - Sensing with the hands
 - -Higher sense perception experience
- Documenting the assessment
- Energetic exercise with the horse
- Hand exercise on different horse
- Sharing experience
- Experiencing horses energy with the group

Experience human to horse energetic relationship

DAY 2 MORNING

- Review, sharing, feedback and answer questions
- Energy Medicine Process & Intention based on the
 7 Energy Centers with an experience with the horses
- Pre Assessment of participant and horse
- Intervention Heart Attunement
- Post Assessment of participant and horse
- Exercise in learning communicating with the horse

DAY 2 AFTERNOON

- Group process Energy Sculpting with total horse population
- Setting the sculpture entering into the relationship impact of the relationship on you, the horse and the group
- Sharing
- Evaluation and feedback of the program and your experience



Dr. Ellen Kaye Gehrke, PhD Professor of Community Health, School of Health & Human Services, National University, San Diego, Licensed Provider for the 1:1 HeartMath Strategies, Graduate with merit from Adventures in Awareness Program in equine facilitated learning.

Ellen offers leadership, team building and personal development programs in partnership with horses to individuals and organizations. Her work with people and human systems spans the private and public sector, universities and international organizations in the USA and several European countries. At her ranch in Ramona, CA, she has adopted, gentled and trained several wild mustangs from the Bureau of Land Management. She is also a co-instructor at UCSD Medical School for a course in Skills for Relationship Centered Care involving partnerships with horses.

Dr. Mary Jo Bulbrook, EdD

President & Founder, Energy Medicine Partnerships, TYLEM® – Transform Your Life through Energy Medicine, Director of Graduate Program in Complementary and Alternative Medicine, Akamai University.



Dr. Bulbrook is spiritual/medical intuitive, certified energy medicine practitioner and specialist for humans and animals. She has active programs throughout the USA, Canada, Australia, Peru, Chile, South Africa.

Her expertise as a psychotherapist includes the Satir process, transactional analysis, client centered therapy and Gestalt therapy. She has taught all levels of education and is an international presenter on many topics. Mary Jo is dedicated to humanitarian service and has served as chairperson of the Association of Comprehensive Energy Psychology. She served in leadership roles with Healing Touch for 15 years.



Energy Medicine Partnerships 3211 Gibson Road Durham, NC 27703 919-381-4198